

Reflecting on Feedback



SELF

What am I reacting to?
What do these Feedback Comments mean to me?

OTHERS

How would my fellow students reflect on these comments?

STOP!
TAKE A BREATH.
WHAT'S THE BIGGER PICTURE?

OUTSIDER

How would this seem to someone outside the module - what would they learn from it?

WISE MIND

What would be the best thing to do - for my future learning, after reflecting on these comments?

For more information contact:

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