Food for Thought, is a community engagement partnership between GCU and Queens Cross Housing Association. Engaging and informative community based talks are held in regeneration areas in North Glasgow followed by dinner and discussion. The aim of these sessions is to offer QCHA tenants and residents new learning opportunities and social experiences that can help improve health and wellbeing, reduce social isolation whilst also providing a free meal in a dignified way. Given that food poverty is an issue for many, dinner is provided as part of the experience which is catered for by ‘The Courtyard Cafe’, a community café run by QCHA and Flourish House who support people living with mental illness.

Four talks from researchers from the School of Health and Life Sciences took place in 2017-18, and in 2018-19 we had talks from Glasgow School for Business and Society researchers on: Men’s Sheds (Yunus Centre for Social Business and Health); Inequality in Scotland’s economic decision making (WISE Centre for Economic Justice); What kind of Society do we want in Scotland? (SIRUS); Sport and Social Change (Event Sport and Tourism Management & Scottish Poverty and Inequality Research Unit). This partnership between GCU and QCHA has been about connecting the University with the local community; whilst allowing academics to introduce their specialisms to local people and show how their research is relevant to peoples’ lives. Through this partnership, we have also been able to identify opportunities for engaged research, knowledge exchange, community engaged learning and common good activities.