Discover, Manage, Prevent

GCU’s International Diabetes Federation World Diabetes Day community event.

A drop in event at The Dixon South East Carers Centre to offer screening for type 2 diabetes, best care and control for people with diabetes or their carers. The event was supported by GCU School of Health and Life Sciences staff and students from Diabetes Care and Management, Biological and Biomedical Sciences, Vision Sciences and Dietetics and Nutrition, a local Diabetes Scotland support group and Glasgow Life’s Live Active GP referral programme.

100 members of the public mostly from Asian and other minority ethnic communities who are at high risk were screened for type 2 diabetes. Six people with no diagnosis of diabetes but who had readings above the normal range and two with a diagnosis of type 2 but whose control was poor, were recommended to go to seek further medical help.

The event was promoted and covered by the GCU Newsroom, Radio Awaz FM, UK C44 TV and the Evening Times.