**Glasgow Community Addiction teams**

<table>
<thead>
<tr>
<th>Type of placement</th>
<th>Glasgow Community Addiction teams and Homeless Addiction Teams. Adult Mental health Services, 18-65 years olds.</th>
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</thead>
</table>
| Key learning opportunities and experience to be gained in these areas | • Communication and interpersonal skills  
• Confidentiality  
• Allocation procedures  
• Assessment  
• Care planning  
• Documentation  
• Child protection  
• Multi-disciplinary team working  
• How to establish and develop therapeutic relationships  
• Establish boundaries within relationships  
• Awareness of how one’s own behaviour affects others  
• Carer support  
• Nursing models within addiction nursing  
• Values based nursing care  
• Equality and Diversity  
• Risk Assessment  
• Risk Management strategies  
• Conflict resolution  
• Home visits  
• Health promotion advice  
• Sexual health  
• Physical health interventions e.g blood pressure, temp, pulse and breathalyser  
• Infection control  
• Wound management  
• Vaccination programmes  
• Recognition of Delirium Tremens  
• Develop knowledge and skills in relation to harm reduction  
• Develop awareness around food, fluid and nutritional needs  
• Co-morbid physical and mental health problems associated with substance misuse  
• Specialist Mental Health Assessment  
• Awareness and knowledge of Case Management  
• Safe storage of medicines  
• Psychosocial Interventions  
• One to one counselling skills  
• Awareness and knowledge of symptoms of Wernike/Korsakoff Syndrome  
• Detox programmes |

Additonal Information: Shift pattern – Monday –Friday 9-5
Suggested Reading:

- The management of harmful drinking and alcohol dependence in primary care (SIGN 74) 2003
- Management of hepatitis C (SIGN 92) 2006
- Rights Relationships and Recovery, The report of the National Review of Mental Health in Scotland
- National Quality Standards for substance misuse services
- Health Technology Board for Scotland – Guidelines on the prevention of relapse and alcohol dependence
- Cognitive Behavioural Integrated Therapy (C-BIT)
- Glasgow Addiction Services – Disulfiram Guidelines
- Glasgow Addiction Services – Guideline for Nurses Supporting Home Detoxification from Alcohol
- Mind The Gaps

Placement Location
Address, Contact name & Telephone Number

**North East and East Dunbartonshire Sector**

**East Dunbartonshire CAT**
Kirkintilloch Health and Care Centre
10 Saramago Street
Kirkintilloch
G66 8DZ

Kirsteen Jack, Nurse Team Leader
0141 232 8211

**North East CAT**
Westwood House
1250 Westerhouse Road
Glasgow, G34 9EA

Tracy Stafford, Nurse Team Leader
0141 276 3420
East CAT,
871 Springfield Road
G31 4 HZ

Marion McPike, NTL
0141 565 0200

HOMELESS Addiction Team
55 Hunter Street G4 0UP

Lorraine Laing
0141 552 9287

North west and West Dunbartonshire Sector

North West CAT (Possil)
7 Closeburn Street, G22 5JZ

Graham Livingston/ Alison Easton
0141 276 4580

North West CAT (Drumchapel)
7-19 Hecla Square
G15 8NH

Martin Smith
0141 276 4330

North West CAT (Callander St)
11 Callander St
Woodside
G20 7LR

Graham Livingston
0141 531 9254

West Dunbartonshire
118 Dumbarton Road, Clydebank,
G81 1UG

Jim Carroll
0141 562 2311

South Sector

South East CAT
10 Ardencraig Place,
G45 9US
Jeanette Laird-Measures  
0141 276 5040

**Greater Pollock CAT (Pollok)**
130 Langton Road,  
G53 5DP

Senior Addiction Nurse  
0141 276 3010

**South CAT**
The Twomax Building,  
187 Old Rutherglen Road,  
G5 0RE

Jeanette Laird-Measures  
0141 420 8100

**South West CAT & Alcohol care & Treatment Team**
Rowan Business Centre, Ardlaw Street,  
Glasgow  
G52 3TX

David Hodge/ Audrey McGregor  
0141 276 8740

**East Renfrewshire CAT**
St. Andrews House,  
113 Cross Arthurlie Street,  
Barrhead  
G77 1EE

Lynn Cumming  
0141 577 3368

**Further Contact information.**
If you need more information about your placement or shifts please contact your mentor directly; their direct dial number should have been provided by the Placement Admissions Team at GCU.

**Last Updated:**  
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