SEMPRE Study Day, Wednesday 21st October

Technology and Innovation Centre, 99 George Street, Glasgow, G1 1RD

9:30-10:00 Level 3 foyer	Registration and poster set-up		
10:00-11:00 Conference room 4/5	Paper session 1	A study of cognitive, behavioural and affective transfer effects associated with children learning musical instruments for the first year over one academic year. Dawn Rose, Goldsmiths, University of London All Music; Music for All Diljeet Bhachu, University of Edinburgh Utilizing free improvisation as a vehicle for developing preschool children's creativity, agency and socio-musical communication. Una MacGlone, University of Edinburgh	
11:00-11:45 Level 3 foyer	Coffee and posters	See list of posters at end of programme	
11:45-12:45 Conference room 4/5	Paper session 2	The development of a smartphone application to allow self-regulated practice evaluation for musicians Rachel Cooper, Lisa Aufegger, Aaron Williamon, Royal College of Music, London Networked Music Performance in music education: opportunities and challenges Miriam Iorwerth, Don Knox, Glasgow Caledonian University	
12:45-2:15 TIC Café Ground floor	Lunch		
2:15-3:15 Conference room 4/5	Paper session 3	Developing Entrepreneurship in Music Students: The Dilemma for Higher Education Sylvia Jen, University of Leeds Music Cognition and Working Memory: Exploring a possible tonal loop Catherine Jordan, University of Edinburgh Music Performance Anxiety – Where Next? Hugh T. Cowell, Alexandra Lamont, Keele University	
3:15-4:00 Level 3 foyer	Coffee and posters	See list of posters at end of programme	

4:00-4:40 Conference room 4/5	Paper session 4	An investigation of the global impact of music in dementia care: perspectives from the individual with dementia, carer and healthcare practitioner Anna Paisley, Glasgow Caledonian University The baseline profile of ADHD and its appearance in ordinary classroom situations and in specially designed music lessons. Eva Wilde, Graham Welch, University College London, Institute of Education
4:40	Conference round-up	
4:45	Ends	

<u>Posters</u>

A Comparative Study of Subjective Well-Being Among Musicians and Non-Musicians

Christ Billy Aryanto, Universitas Indonesia, Depok, Indonesia

Minding the Body: An integrated theory of optimal posture in musicians

Ann Shoebridge Nora Shields, Kate Webster, La Trobe University, Melbourne, Australia

From East To West – An In-Depth Interview Study Of Cross Cultural Music Listening Experiences, Preference And Health Wellbeing

Mary Haiping Cui, Don Knox, Glasgow Caledonian University

'Not an ogre': adult music learners and their teachers, a corpus-based discourse analysis.

Rachael Shirley, Lancaster University

Teenagers' Musical Lives: The Role of the School Music Department

Kate Blackstone, University of Leeds

SEMPRE Conference on Music and Health, Thursday 22nd October

Technology and Innovation Centre, 99 George Street, Glasgow, G1 1RD

8:30-9:00 Level 1 foyer	Registration and poster set-up	
9:00-10:30 Level 1 Auditorium	Keynote & Paper session 1	Keynote - Playlist for Life: Music, Wellbeing and Dementia Gianna Cassidy, Glasgow Caledonian University Keeping it live: exploring live music sessions in dementia care environments Jessica Crich, David Reid, Helena Muller, Gail Mountain, Victoria Williamson, University of Sheffield, University of London The effect of regular listening to preferred music on pain, depression and anxiety in older people living in residential care. Fiona Costa, University of Roehampton Those who sing together stay together: exploring lifelong musical engagement and its role in the health and wellbeing of couple relationships in retirement Jill Morgan, University of Edinburgh
10:30-11:15 Level 1 Foyer	Coffee and posters	See list of posters at end of programme
11:15-12:45 Level 1 Auditorium	Paper session 2	Music Performance Anxiety, Self-Efficacy and Self-Esteem in American, Czech and Croatian University Music Students Ena Stevanovic, Charles University, Prague Fit to Teach: The Health of Instrumental and Vocal Teachers Naomi Norton, Jane Ginsborg, Alinka Greasley, Islay McEwan, Royal Northern College of Music, University of Leeds, Manchester Metropolitan University Is health promotion among musicians in tune with the evidence? Literature review and future directions ('Better Practice') Raluca Matei, Jane Ginsborg, Stephen Broad and Juliet Goldbart, Royal Northern College of Music, Manchester Playing-Related Musculoskeletal Problems in Tertiary Music Students: Prevalence and Associated Risk Factors Ann Shoebridge Nora Shields, Kate Webster, La Trobe University, Melbourne, Australia
12:45-2:15 TIC Café Ground floor	Lunch	

2:15-3:15 Level 1 Auditorium	Paper session 3	A clinical survey exploring the effects of hearing aid use on musical engagement and quality of life Alinka Greasley, H. Crook, & R.J. Fulford, University of Leeds Playing at Home: Researching the musical habitus of children Jude Robinson, University of Liverpool The Sound of a Good Night's Sleep. Tabitha Trahan, Victoria Williamson, Simon Durrant, Daniel Mullensiefen, Goldsmiths, University of London, University of Sheffield
3:15-4:00 Level 1 Foyer	Coffee and posters	See list of posters at end of programme
4:00-4:45 Level 1 Auditorium	Paper session 4	Group singing, health and wellbeing of street children: A non-clinical case study from Southeast Asia Angelina Gutiérrez and Juliana Moonette Manrique, Saint Scholastica's College & Philippine Opera Company, Manila, Philippines The benefit of choir singing for both patients with cancer and non-patients Rosemary Dow, Carly Reagon, Nichola Gale, Ian Lewis, Robert van Deursen, Tenovus Cancer Care/Cardiff University
4:45	Conference round-up	
5:00	Ends	
6:30 Glasgow City Chambers, George Square	Civic reception	

<u>Posters</u>

Mirroring, modelling and emotional contagion: the impact of non-verbal communication upon choral confidence. Michael Bonshor, University of Sheffield

Music - a Swiss army knife for wellbeing

Andy Fletcher and Sue Carr, Northumbria University

A marriage made in heaven? The effects of a targeted mindfulness course on learning singing technique. Anne-Marie L. Czajkowski and Alinka E. Greasley, University of Leeds

Codi'r To [Raising the roof]: A qualitative investigation into the impact of the 1st Welsh Sistema project Gwawr Ifan, Bangor University

From Magic to Science: an overview of music therapy and depression through the ages Michaela Korte, Victoria J. Williamson, University of Sheffield

Application Of Music In Allied Healthcare - A Cross Cultural Investigation

Mary Haiping Cui, Don Knox, Glasgow Caledonian University

A study of cognitive, behavioural and affective transfer effects associated with children learning musical instruments for the first year over one academic year.

Dawn Rose, Goldsmiths, University of London

Music Cognition and Working Memory: Exploring a possible tonal loop

Catherine Jordan, University of Edinburgh

Music Performance Anxiety - Where Next?

Hugh T. Cowell, Alexandra Lamont, Keel University

An investigation of the global impact of music in dementia care: perspectives from the individual with dementia, carer and healthcare practitioner

Anna Paisley, Glasgow Caledonian University

A Comparative Study of Subjective Well-Being Among Musicians and Non-Musicians

Christ Billy Aryanto, Universitas Indonesia, Depok, Indonesia

Minding the Body: An integrated theory of optimal posture in musicians

Ann Shoebridge Nora Shields, Kate Webster, La Trobe University, Melbourne, Australia

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