

Caledonian^{PLUS}

THE MAGAZINE FOR ALUMNI AND FRIENDS OF GLASGOW CALEDONIAN UNIVERSITY ISSUE 4 : WINTER 08

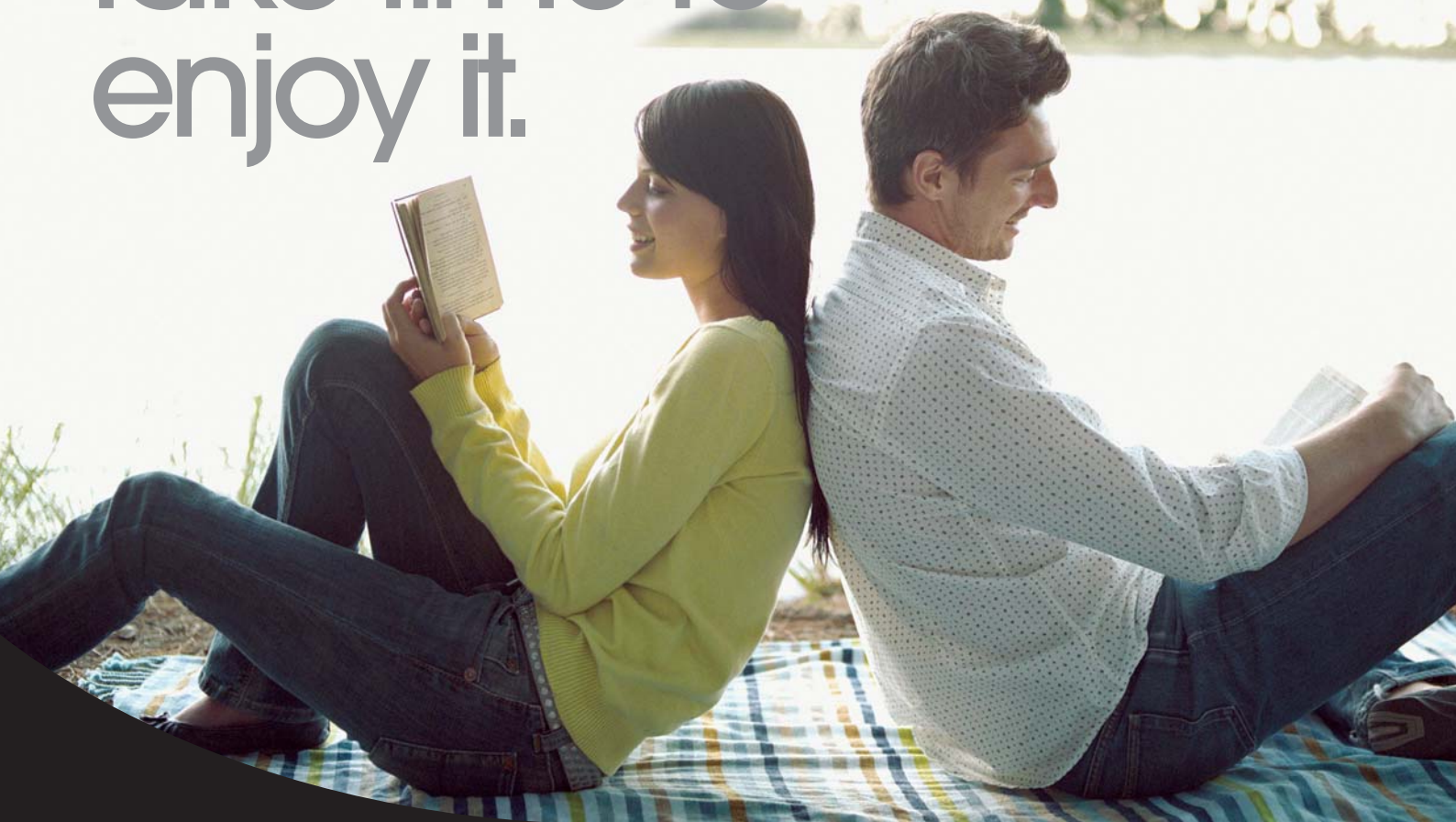


In Vogue

Avant Garde Fashion Designer
and Graduate

NOBEL PRIZE WINNER TO VISIT GCU : £500K PLEDGED FOR SCHOLARSHIPS : OUR CONTRIBUTION TO HEALTH

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we are delighted to hear from our readers.

Caledonian+

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WELCOME THE WINTER 2008 EDITION

of Caledonian+. I hope you enjoy reading our news about Glasgow Caledonian, staff, alumni and friends.

There was a huge response to our alumni e-survey earlier in the year, and we're focusing on providing the services that interest you the most. You can see what's on offer at www.caledonian.ac.uk/alumni, your new-look website.

Alumni groups are proving very popular. To date, graduates have established the Asian and Nigerian Networks in Glasgow, the Queens College Group and the Presidents Club. The Sports Alumni Group is being set up and we welcome any new special interest groups that offer opportunities for alumni to stay connected to one another and to the university.

Please get in touch if you would like to be involved in an alumni group or any of our services. I'd be delighted to hear your news and views on the magazine.

Mansoor Ali

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Contributing to health & wellbeing

WELCOME TO CALEDONIAN+. This edition explores the university's strengths in health education, which is timely given the 60th anniversary of the NHS.

Our Schools of Nursing, Midwifery and Community Health, Health and Social Care and Life Sciences provide the widest range of health courses in Scotland. We offer degree courses in nursing, midwifery, podiatry, radiography, occupational therapy, social work, rehabilitation sciences, psychology, biomedical sciences, vision sciences and nutrition. Many of these courses are unique in Scotland, including the only Optometry Department, a masters in Psychology and Mental Health and a doctorate in Counselling Psychology. The honours programmes in Physiotherapy and Occupational Therapy were the first in the UK and we recently launched the world's first masters in Podiatric Surgery.

OUR TEACHING IS SUPPORTED by a strong research base, with key strengths in health and the elderly, arthritis and rheumatism, diabetes, nutrition and addiction, all of which attract funding from UK charities and research councils. We also lead a research consortium, HealthQWest, which focuses on improving health and long-term conditions. Spin-out companies from our research include Biopta and Glycologic, which have developed new methods for blood testing and targeted release of drugs in patient treatment.

We have developed relationships with practitioners, users and service providers in the UK and internationally. GCU acts as Secretariat of the Global Network of WHO Centres for Nursing and Midwifery Development, and we lead primary healthcare initiatives in countries such as Kosovo, India, Palestine and South Africa.

AS A PROFESSOR OF PUBLIC HEALTH, I am delighted to Chair the new Glasgow Health Commission, which is charged with drawing together thinking on health inequalities and making recommendations for sustainable health improvements. Our mission at GCU is to promote the 'common weal', and this is reflected in the university's contribution to health development and research for the benefit of communities in Scotland and around the world.

PROFESSOR PAMELA GILLIES
PRINCIPAL AND VICE-CHANCELLOR



APPLIED KNOWLEDGE EXCHANGE



a direct link to
university expertise

GLASGOW CALEDONIAN UNIVERSITY has risen to the challenge of the 2003 Lambert Review by working more closely with business through the Applied Knowledge Exchange, the university's new business development arm. Encouraging organisations from industry and the public sector to engage directly with the expertise of the university's seven academic schools, the Applied Knowledge Exchange aims to increase consultancy, contract research and training activities.

The initiative builds on GCU's strong record in 'knowledge transfer partnerships', taking these relationships to new collaborative and consultative levels. Our Business Development Team ensures a responsive, flexible service, pulling together expertise from different areas of the university to solve problems or enhance opportunities.

In recognition of the challenges faced by SME's in particular, the university has worked with Scottish Enterprise to set up the £150,000 Business Transformation Fund. This will provide a mechanism through which SME's can sample the broad range of expertise within the university in areas ranging from construction technology, tissue viability, market research, risk management, UKAS accredited Food Testing Services and software engineering to name but a few.

For further information or to access our expertise visit www.caledonian.ac.uk/appliedknowledgeexchange
Telephone: +44 (0)141 331 3189, Email: appliedknowledgeexchange@gcal.ac.uk

Howden Academy

INTERNATIONAL ENGINEERING COMPANY HOWDEN has set up an academy in partnership with Glasgow Caledonian University to train its new generation of engineers. The academy offers a modular post-graduate course, combining Howden's specialist engineering skills with GCU's teaching expertise and first-class learning facilities.

Bob Cleland, Howden's Chief Executive, said: "We hope that by making this level of investment in our people we will attract and retain the best engineers from around the world, strengthening our position as a global force in engineering innovation."

"Glasgow Caledonian University was our preferred partner because of its focus on applied professional learning and understanding of practical industry needs. Through the academy, we will be showing some of the world's promising engineers what Scotland has to offer."

Professor Mike Mannion, Dean of Computing and Engineering, followed: "Very few companies invest as much to preserve the accumulated knowledge and experience in their organization. We believe this is an incredibly powerful way of sharing information and is a training model that more and more companies will follow."

For further information, visit www.howden.com



Funding can make all the difference

In communities around the world we know that education is a way out of poverty. However, participation in higher education has remained stubbornly low in the neediest sectors of society, not least on our own doorstep. To address this issue, a number of our funding initiatives aim to increase scholarships and awards so that more students can benefit.

Anyone can help

Gifts of any size will help to build the GCU Foundation. To find out more and make a donation, contact Jo Dowling, Head of Development and Alumni Programmes on +44 (0)141 331 8190 email jo.dowling@gcal.ac.uk internet www.caledonian.ac.uk/giving

Moffat Charitable Trust

THE PARTNERSHIP BETWEEN THE university and the Moffat Charitable Trust in the last decade has enabled many students of the Moffat Centre for Travel and Tourism to receive a scholarship. During that time, the centre has flourished and is today widely respected across the industry. Moffat Scholar Caroline Black, BSc Travel and International Travel Management 2006, attests: "The scholarship was a real motivator to achieve high grades. I was able to fully concentrate on my studies without the distraction of a part-time job." Caroline now works as a Travel Consultant for tailor-made holiday specialist, Travel 2.



Jamie Moffat

GCU is delighted to announce that Jamie Moffat, pictured here, has pledged a further £500,000 on behalf of the Trust. This new investment brings the total to nearly £1.5m, which will fund scholarships over the next five years for subjects across the Caledonian Business School and help broaden the skills of graduates, enabling them to tackle the challenges facing the travel and tourism industry. The grant also helps the Moffat Centre.

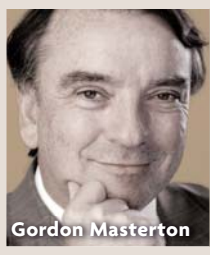
Willie Haughey's leadership reaches Tajikistan



Professor Barbara Parfitt distributing nurses bags

IN AN EARLIER ISSUE OF CALEDONIAN+ we reported on the plight of civilians in the central Asian republic of Tajikistan in the aftermath of a devastating civil war. Nurses, keen to make a change, were hampered by a severe lack of resources. Professor Barbara Parfitt, Director of Global Health Development at GCU, spearheaded the project to distribute 300 special nursing bags worth £60,000, funded by Glasgow businessman and GCU honorary graduate Willie Haughey. We are pleased to report that the nursing bags have been safely delivered and are contributing to health care in the region.

Engineering Success\$\$\$\$



Gordon Masterton

THIS ACADEMIC YEAR SEES STUDENTS in civil and environmental engineering receiving new scholarships. Honorary graduate, Gordon Masterton, who is Vice President of the environmental business unit at Jacobs Babbie, believes deeply in education and helping to develop future generations of engineers. Speaking about these new awards, Gordon said: "The cost of undertaking a course of study is too often a reason for missed opportunity. Affordability of education should never limit anyone's achievements. By supporting GCU with its scholarships you can help talented people achieve their potential."

Magnus Magnusson fund takes off

EARLIER THIS YEAR, GCU presented the first Magnus Magnusson Awards, aimed at encouraging current students and early career academics to reach for their dreams. This was made possible from the many generous donations to the Magnus Magnusson Fund set up in honour of our late Chancellor, the broadcaster and writer Magnus Magnusson. On page 19 you can read about Joel Sommerville's explorations in the Amazon with further information about the winners and their stories online at www.caledonian.ac.uk/magnusmagnussonfund.

Nobel Prize winner to deliver inaugural lecture



GLASGOW CALEDONIAN UNIVERSITY will be privileged to welcome the 2006 Nobel Peace Prize winner Professor Muhammad Yunus for the inaugural Magnus Magnusson Lecture on Monday, 1 Dec. 2008.

Professor Yunus, a financier and campaigner for the alleviation of poverty, will deliver the lecture to university staff, students, graduates and invited guests. Professor Yunus is the founder of the Grameen Bank and is an esteemed figure, having received national and international honours. In 2006 he was awarded the Nobel Peace Prize for work in economic and social development.

Professor Yunus, one of the first Magnus Magnusson Fellows, will deliver the inaugural Magnus Magnusson Lecture on "Alleviating Poverty: Microcredit and Social Business".

The Magnus Magnusson Fellowship was created in honour of the university's late Chancellor, whose huge contribution to public life is reflected in the challenging nature of the Fellowship meetings and lectures, which address issues relating to contemporary society.

If you are interested in attending the lecture, please register online at www.caledonian.ac.uk/alumni/news/eventregistration/

SPONSORED BY



A recruitment coup for Law

THANKS TO THE HARD WORK of Glasgow Caledonian University graduate Naveed Kayani, Bailie Hanzala Malik of Glasgow City Council and university staff, 29 Pakistani students have chosen to enrol in PhD study at GCU.

Naveed, who completed his two undergraduate degrees in Law and attained an MSc in Operations Management at GCU, has agreed with Aidan O'Donnell, Head of the Division of Law, to help recruit law students to the university. On a recent trip to Pakistan as part of a joint team with Glasgow City Council and Central College of Commerce, he learned that 29 students at Bahaudin Zakariya University in Multan had scholarships for PhD study and were considering studying in Scotland.

Naveed introduced the students to the university, and they are now Caledonian bound to start their PhD studies. The university would like to thank all those involved in making this possible.

New partnership eases students INTO Scotland

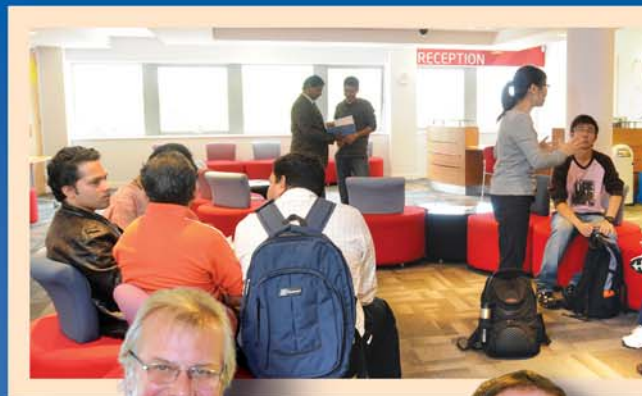
IN A FIRST FOR SCOTLAND, Glasgow Caledonian University has joined INTO University Partnerships to establish a new international foundation college, INTO Scotland.

INTO foundation colleges prepare international students for study at UK universities by giving them intensive English language training alongside normal coursework in their chosen subjects. Students who pass all their coursework progress into specific second-year undergraduate courses.

INTO Scotland is also the first INTO initiative with opportunities for professional career-based learning, which is important to international students. INTO's Academic Director, Lawrence Denholm, said: "INTO prides itself on offering international students a first-class experience, and we believe that partnering with GCU will help us provide this. The university is widely recognised for successfully pursuing a strong international agenda."

GCU will join a prestigious network of institutions, including the universities of Newcastle, East Anglia and Exeter in offering INTO foundation colleges.









INTO[®] SCOTLAND
AT GLASGOW CALEDONIAN UNIVERSITY



International Alumni Ambassador Programme



The following are the countries in which we have ambassadors

| | |
|---|---|
|  | BAHRAIN Manama |
|  | CANADA Mississauga |
|  | CHINA Fuzhou, Shanghai, Beijing |
|  | GAMBIA Banjul |
|  | INDIA New Delhi, Hyderabad |
|  | MALAYSIA Kuala Lumpur |
|  | NIGERIA Abuja |
|  | NORWAY Stavanger |
|  | OMAN Muscat |
|  | PAKISTAN Lahore |
|  | SINGAPORE Singapore |
|  | USA Florida, Wisconsin |
|  | VIETNAM Ho Chi Minh City |
|  | ZAMBIA Lusaka |
|  | ZIMBABWE Harare |

IN 2008, INTERNATIONAL STUDENTS RATED THEIR EXPERIENCE at Glasgow Caledonian University as the best in the UK and second in the world, according to an independent survey by i-barometer. In support of this achievement, the Development & Alumni Relations team are re-launching the International Alumni Ambassador Programme (IAAP). The IAAP aims to foster relationships between international alumni and the university by appointing International Alumni Ambassadors in different regions around the world.

The programme already has 19 ambassadors in 13 countries. International Ambassador for Fuzhou, China, Min Chen (BA Financial Service 2008) said: "The programme is a great way for me to give something back." Abdoulie Ebrima Jammeh (MSc Development Management 1998) from Banjul, Gambia, said: "My aim is to start a GCU alumni group. I had a great time at the university and still keep in touch with some of my lecturers."

With a growing number of international students at GCU, the aim is to ensure that their positive experiences extend well beyond graduation.

Role of the International Alumni Ambassador



The IAAP aims to build the GCU alumni network world wide by involving Ambassadors in such activities as:

STUDENT RECRUITMENT Ambassadors are perfectly placed to answer questions about studying overseas, the facilities available at GCU and life in Glasgow.

WELCOMING INTERNATIONAL STUDENTS Ambassadors are a vital part of the GCU welcome committee, ensuring that international students can turn to a friendly face for advice.

CREATING ONLINE PROFILES Ambassadors' profiles give an insight into potential career paths for current or potential GCU students.

FORMING INTERNATIONAL ALUMNI GROUPS Ambassadors can establish International Alumni Groups to facilitate networking opportunities and social activities in their region, and welcome returning graduates from Glasgow.

If you would like to become an International Alumni Ambassador or would like to set up an International Alumni Group, please email Mansoor Ali on mansoor.ali@gcal.ac.uk. To view profiles and for further information on the IAAP, visit: www.caledonian.ac.uk/iaap

OMAN

College builds on success

THE CALEDONIAN COLLEGE OF ENGINEERING IN OMAN is looking forward to an exciting new academic period as it welcomes 600 new students. The College has undertaken a major expansion project that will see 60 new classrooms built during this academic year.

For the second year running, the beautiful setting of the Al Barr Al Jissa Resort and Spa in Qantab played host to the 14th Graduation and Awards Ceremony. The chief guest was His Excellency Hamed Suleiman Al Gharibi, Undersecretary of Ministry of Regional Municipalities and Water Resources, and Professor Pamela Gillies, GCU's Principal and Vice Chancellor, also attended.

The College and university were proud to present doctorates to two members of staff, Dr A Vallavaraj and Dr Edwin Brown, honours degrees to 147 students and bachelors degrees to 232 students. In addition, special awards for academic performance were presented to 41 students.



IRAN

PhD students now Deans of Rehabilitation

WE ARE DELIGHTED TO REPORT that Dr Mohammed Khalili and Dr Mohamad Ghasemi, two GCU alumni, have attained prestigious positions within their respective universities in Iran. Dr Ghasemi is now the Dean of Rehabilitation at Iran University of Medical Sciences, while Dr Khalili is the Dean of Rehabilitation at the Semnan University in Iran.

Graduating in 1998, both were among the first PhD graduates from the then recently established Glasgow Caledonian University. Dr. Khalili completed his doctoral thesis on techniques including Functional Electrical Stimulation for treatment of spastic limb contracture, while Dr. Ghasemi investigated the biomechanics of the lower limb in patients with anterior knee pain.

We wish both Dr Khalili and Dr Ghasemi the best of luck in their new posts, and hope that their example will inspire both students and alumni of GCU to emulate their success.

CALLING ALL INTERNATIONAL ALUMNI

GCU's International Office will be visiting several countries in 2009 (listed at right). If you are interested in helping at our international recruitment fairs or would like to meet members of staff, please contact Mansoor.ali@gcal.ac.uk.

1-21 February
CHINA

6-18 February
INDIA

18-24 February
NIGERIA

24-28 February
GHANA

23-26 February
SRI LANKA

February
LIBYA

March
**THAILAND, VIETNAM
MALAYSIA**

1-10 April
GULF

20-30 April
RUSSIA

1-3 May
UKRAINE

3-6 May
KAZAKHSTAN

1-20 May
INDIA (NORTH)

WORKING WITH THE BBC GAVE ME ACCESS TO EVERY SPORT at the Olympics as I provided daily blogs on the BBC's internet site. I witnessed some of the greatest moments in Olympic history: the incredible Michael Phelps, who won a record-breaking eight gold medals. I sat across from the finish line as Usain Bolt, the fastest man in the world, stormed to victory in the fastest ever 100-meter time. It was a breathtaking moment of power and skill.

All these magical moments were eclipsed by the four days of commentating on the sport I love, Taekwondo. Alongside Nick Mullins, a seasoned broadcaster who commentates on Six Nations Rugby, we provided live commentary for BBC Interactive. My friend and former teammate Sarah Stevenson fought hard for a well-deserved bronze medal. Her story was broadcast live on BBC1 as a scoring scandal erupted. Providing commentary during such a tense occasion involving a close friend was a memorable moment.

John, BSc Business Studies '99 (pictured on the left), recently retired from full-time competition and is now the Taekwondo National Team Coach for Scotland. He also runs the Caledonian Taekwondo in Glasgow, the UK's largest Taekwondo facility with fellow GCU graduate John Haggerty, BSc Instrumentation with Applied Physics '98. For more information please visit www.caledoniantkd.com or call 0141 950 2550.



Olympic BBC Commentator

With the 2008 Olympics hailed as a great success, Caledonian+ caught up with GCU graduate and former Team GB Taekwondo captain John Cullen, the BBC's commentator for the Taekwondo events in Beijing.

London

SPECIAL FEATURE

Nearly nine out of 10 Glasgow Caledonian graduates stay on in the country's economy. London is the most popular destination down some of our London alumni to discover what had attracted

Jane Wilson

BA Communication Studies, 1995
GCAP Media,
Communications Director



Undecided about her career, Jane sought a broad, creative, academic course, and found groups working on commercial briefs, to emulate real-world projects. The experience proved invaluable and after a spell in marketing, Jane landed a corporate comms role with Scottish Media Group. She moved to London in 2001 for the opportunities and lifestyle the capital offered. Now she feels she can opt to climb higher up the corporate ladder or sidestep into general management in a smaller company.

Jane Milton

BA Home Economics, 1986
Not Just Food
Owner



Jane's fascination with food stems from childhood. She chose GCU, as the only Scottish institution to offer a degree in home economics, thinking she would teach, but she quickly realised the variety of careers open to her. A job with Gregg's Bakery led to a London posting to help develop the company's presence in the south. 14 years ago she set up on her own to help food businesses market their products. With today's technology she could work anywhere, but finds the innovation and diversity in London inspiring.

Lisa Douglas

BA (Hons) Communication & Mass Media, 2000
ITV plc, Associate Producer
This Morning



Struck by the vibrancy of GCU, Lisa loved her course from the start. Her lecturers' passion and the input from visiting industry professionals fired her enthusiasm. Her first job in London was with Granada TV, working on Ant and Dec's Saturday Night Takeaway show. The eight-week placement expanded piecemeal to two years, to be followed by moves back to Glasgow and then London, chasing short contracts. It paid off, though. She landed a long stint on Parkinson and is now working on This Morning. Hers is a hectic world, but one she loves.

Calling

Scotland, making a significant contribution to outside Scotland for our graduates. **Caledonian+** tracked them to the university and what had lured them south.

Clive Martin

BA Risk Management, 1990
Ernst & Young, LLP
Partner



Professor Gordon Dixon's visionary advocacy of Risk Management captivated Clive - he was fascinated by the new way of thinking the course demanded. When Willis Group came to GCU to recruit risk management graduates they took Clive straight to London, which he deems to be among the most exciting and meritocratic cities in the world. Clive joined Ernst & Young in 2000 and deals with major clients in London, New York and Zurich. He is enthusiastic about a major restructuring of his Firm which is opening doors to international opportunities in a business world without borders.

Professor David Gartry

BSc (Hons) Optometry, 1978
Moorfields Eye Hospital,
Consultant Ophthalmic Surgeon



Professor Gartry believes that the encouragement and support he found at GCU gave him the edge to succeed. From Glasgow he went to London, to complete his pre-registration training at the prestigious Moorfields Eye Hospital. His medical degree at University College London then propelled him on to a glittering career specialising in ophthalmic laser research. To return to Moorfields years later as a consultant surgeon is something few can aspire to, and which was a dream come true. As Moorfield's Director of Refractive Surgery, he continues to make his mark.

Calling all Alumni

Register with us on www.caledonian.ac.uk/alumni or call Mansoor Ali on 0141 331 8769 to trace your old classmates, find out about networking events near you and what's going on here at GCU. Connect with the growing community of GCU graduates involved in an ever-expanding range of industry sectors.

Over 2,000 responses to E-survey

THANKS TO EVERYONE who completed the alumni e-survey, providing valuable information on the types of activities you want to be involved in to shape and expand our alumni services. Congratulations to Sarah-Jane Napier (BA Entertainment and Events Management, 2006) who won the survey prize draw. Sarah-Jane, an Events Coordinator for the Falkirk Wheel said "I had a great time at university and I am really happy to win the Nintendo Wii."

Full results and details of how to access services, such as the Arc and library facilities, can be found at www.caledonian.ac.uk/alumni.



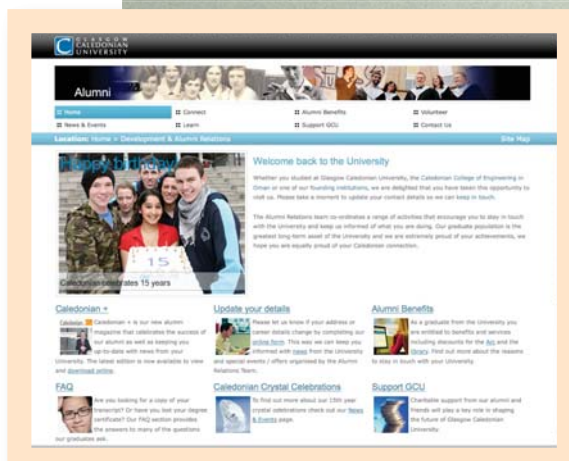
On top of the property ladder

GCU ALUMNUS PAUL REYNOLDS has been appointed Project Director of Grand Residences by Marriott, a prestigious, fractional ownership property in the heart of London's Mayfair district. Paul, who graduated with a BA in Hospitality Management in 2005, said: "My degree cemented the package I offered to prospective employers, and I am confident that I would not be sitting where I am today without my qualification,". Launched in 2001, Grand Residences is the first luxury property in London to introduce the concept of fractional or shared home ownership, which is becoming an increasingly popular alternative to buying a second home. Good luck to Paul in his exciting new role! Paul was head of agency, conference and incentive sales at Marriott International before taking up his current post.



Website upgrade

DEVELOPMENT & ALUMNI RELATIONS are delighted to announce the launch of your newly-designed alumni website. The site gives graduates of GCU and its founding institutes the opportunity to network, join volunteer programmes across the world, find out about mentoring and guest lecturing opportunities at the university, take advantage of special offers and keep up to date with the latest alumni and university news. The new design marks a dramatic improvement in the appearance, content and accessibility of the university's alumni site. Visit www.caledonian.ac.uk/alumni and tell us what you think!



Lena Wilson

A driving force for Scotland

IN 1985 LENA WILSON BECAME THE FIRST PERSON in her family to graduate. Now, over 700 people report to her across 21 countries as she champions the growth of Scottish business at home and abroad. **Caledonian+** met Lena to find out about her role at Scottish Enterprise and her time at Glasgow Caledonian, then the Glasgow College of Technology.

Lena took over as Head of Scottish Development International in May 2008 alongside her role as Chief Operating Officer at Scottish Enterprise. Her challenge is to hone Scotland as a business environment to compete worldwide, attract high level investment and promote Scottish businesses overseas. Lena is not short of enthusiasm for her role, "it's one of the most exciting jobs in Scotland".

Lena came to Glasgow College of Technology because it was unique in offering a BA in Public Administration. She has very fond memories of her time with us, "I was a keen member of the Sub Aqua club until I had to break the ice to get into the water; after that I focused on my other interest, drama. I don't have much time to perform on the stage these days, but I still use these skills when talking to a large audience."

She remembers, too, the camaraderie of her class group and the lasting friendships she made. "I gained a thorough understanding of business at a corporate level, which was a great grounding for my career and further study." Lena took her MBA in Scotland and continued her studies at Harvard, "graduating was a real turning point in my life; it brought me self-belief and confidence." Lena's sister followed in her footsteps, graduating from GCU in 1995.

Lena's family and friends are very important to her, as is her drive to help young people succeed; she is on the board of the Prince's Scottish Youth Business Trust and the Tartan Clef Foundation. Her message to new graduates is "have open minds about what you do next, work hard and have fun."

Aberdeen Physiotherapy



NAME: Susan Spence

COURSE: BSc Physiotherapy

YEAR OF GRADUATION: 1987 (Queens College)

WHAT DOES YOUR COMPANY DO? Established in 1978, Aberdeen Physiotherapy is one of Aberdeen's leading physiotherapy practices. After 19 years working as an NHS physiotherapist, I bought the clinic in 2006 which allowed me more flexibility for family life. The practice has grown and we now work alongside four associate physiotherapists. All physiotherapists are chartered and registered with the Health Professions Council and with all major health insurance companies. We are experienced in a wide range of treatment techniques, including exercise therapy, manual therapy and electrotherapy. Acupuncture and Pilates are also on offer.

HOW CAN WE FIND OUT MORE? Contact Aberdeen Physiotherapy at

TELEPHONE: +44 (0) 1224 626266

E-MAIL: Susie@aberdeenphysiotherapy.com

ONLINE: www.aberdeenphysiotherapy.com

The Listening Business



NAME: June Grindley

COURSE: BA (Hons) Business Studies

YEAR OF GRADUATION: 1990

WHAT DOES YOUR COMPANY DO? We provide listening services to businesses, educational establishments and individuals, and provide an antidote to stress by teaching essential listening skills. Businesses learn to facilitate the airing of concepts and issues, while staff develop a toolkit for listening, enabling them to build better relationships with colleagues and customers. Educational establishments use our services to teach listening to students, while individuals come to Listening Appointments, working through their thoughts in a confidential environment. We also work with people at the milder end of the Autistic Spectrum.

HOW CAN WE FIND OUT MORE? Contact The Listening Business

TELEPHONE: +44 (0) 141 954 3273

E-MAIL: june@thelisteningbiz.co.uk

ONLINE: www.thelisteningbiz.co.uk

Sound Advice Scotland



NAME: Mary McLuskey

COURSE: BA Public Administration and MA Business Administration

YEAR OF GRADUATION: 1986, 1993

WHAT DOES YOUR COMPANY DO? Sound Advice Scotland was formed in 2000 to offer professional assistance to organisations and individuals looking to improve performance. We provide a wide range of organisational and personal development, including, strategic planning and development, managing change, developing communication strategies and a range of other bespoke activities designed to suit customer needs. Our philosophy is to create a working relationship where organisations and individuals take ownership of each step of a project to ensure maximum benefit is derived from the activity. We aim to 'do better things' not just 'do things better'.

HOW CAN WE FIND OUT MORE? Contact Sound Advice Scotland at

TELEPHONE: +44 (0) 1259 769 110

E-MAIL: mary@soundadvice-scotland.com

ONLINE: www.soundadvice-scotland.com

SPECIAL FEATURE

GCU's Bill of Health

The National Health Service celebrates 60 years. Glasgow Caledonian University reflects on its own contribution to health through education.



ANEURIN BEVAN, then health secretary, officially started the NHS on 5 July 1948

when he opened Park Hospital in Manchester. His ambitious plan was born out of the ideal that good healthcare should be available to all. Today, the NHS retains this principal and is the world's largest publicly funded health service, employing 1.5m people in the UK (158,000 in Scotland). Only the Chinese People's Liberation Army, Wal-Mart and the Indian Railways employ more people.

Healthcare entered the Glasgow and West of Scotland College of Domestic Science prospectus in 1925 under the title Diploma and Certificate Courses for Sister Tutors and Dieticians.

The first course of its kind in Scotland, GCU still educates dieticians – now up to PhD level.



GCU's Bill of Health

Special Feature

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Over 40% of GCU students study in one of the three health schools. Dr Bill Young, who set up the first Diabetes Education and Training Unit in Scotland, said: "The university teaches the widest range of healthcare disciplines in Scotland. Students gain the unique opportunity to learn together, understanding each other's professions and how they interact."

The number of courses and specialised modules has increased over the years, as lecturer Dr Morag Campbell, who graduated as a nurse in 1976, explains: "Nurses used to clean, set fires and make beds as well as nurse patients. These domestic duties are no longer their responsibility, and nurses are now more skilled and specialised."

The vast majority of our health care courses include work-place training, contributing to GCU's global reputation for providing highly skilled, work-ready professionals throughout the sector.

For further information visit
www.caledonian.ac.uk/the-university/schools



MAURA BUCHANAN ▶
 Maura Buchanan is a nursing graduate (1987) and Alumni of Achievement winner in 2008. She has been elected as President of the Royal College of Nursing for a second term. Ms. Buchanan says "I'm delighted. It's a real honour and privilege to represent the skilled and professional nurses throughout the UK."



▼ **MUSIC PSYCHOLOGY** In August, students and staff went to the 10th international conference on Music Perception and Cognition in Japan to present their research on music and health. Research included: the role music plays in pain relief; the effects of music on performance and experience in game play; and the effects of music on individuals with dementia. Raymond MacDonald, Professor of Music Psychology and Improvisation, said: "The conference was an excellent platform on which to raise the profile of the research, the researchers and Glasgow Caledonian University. Now, we have the challenge of publishing that research."



◀ **PODIATRY** GCU's Foot and Ankle Research Group headed by Professor James Woodburn is an international leader in arthritis research. Funded by the UK Arthritis Research Campaign to study the devastating effects that arthritis has on the joints and soft tissues of the ankle and feet, and to develop and test new treatments. Their work covers the diseases in childhood through to adult conditions. A new project at Yorkhill Children's Hospital is developing ground-breaking treatments for sufferers of juvenile idiopathic arthritis. Using ultrasound imaging and analysis of walking patterns, joint injections, special insoles and muscle strengthening, the team will be able to target treatments to each patient's needs.



DR. MORAG CAMPBELL with Prof. Modesta Salazar Agullo who is visiting from Alicante University in Spain, where nurses have not yet developed the advanced and skilled rolls we have in Scotland.



► **SUPPORTING REFUGEE NURSES** Glasgow Overseas Professionals into Practice (GOpIP) is the only project of its kind in Scotland and was developed by GCU in 2002 to support overseas nurses seeking refuge and those coming to work in Scotland by adapting their knowledge and skills in order to fill vacancies in the Scottish NHS. Funded by NHS Education Scotland, the Queens Nursing Institute for Scotland and the Scottish Executive, more than 150 asylum seekers from the Democratic republic of Congo, Sudan, Somalia, Pakistan and Iraq have been on the programme. Dr Ima Jackson, Project Co-ordinator, said: "A lot of what we do involves supporting people through the process of adaptation so they are job or course ready by the time they get their leave to remain." Visit www.caledonian.ac.uk/gopip for more information.

► **OPTOMETRY** With free eye tests and opticians on every high street, we take eye-care for granted. In developing countries it's a different story. Two of our optometry graduates are doing their bit to address poor eye sight and preventable blindness.

Pam McClean runs the Roslin Medical Practice on Penicuik Road, Midlothian. In her holidays, she volunteers for Vision Aid Overseas. Visiting Uganda in 2006, she saw how desperate the situation is. "People are prepared to walk for days to reach one of our clinics." In September, Pam went to Addis Ababa, Ethiopia, working out of a small hospital in Butajira and travelling to rural areas to set up clinics and teach some basic training to novice refractionists.



► **OPTOMETRY** Joel Somerville graduated in July 2008 with a GCU Magnus Magnusson Award to help fund his French and Spanish studies. "This summer I joined a team from the Scientific Exploration Society in a remote part of the Ecuadorian Amazon led by the famous explorer Col. John Blashford-Snell. With a dentist, two doctors and an army medic, we set up clinics in villages along the Rio Aguarico close to the Peruvian and Colombian borders. "The locals received their glasses enthusiastically, many of which were donated by the university. This trip gave me the opportunity to use my degree in a practical, third-world setting. The Magnus Magnusson Award has changed everything for me. I know where my path is headed and I have the funding to do it."



The Schools

- Nursing, Midwifery and Community Health
- Health and Social Care
- Life Sciences

Fast Facts

100% of NMCH graduates are in full-time employment within three months

Only ophthalmic dispensing and optometry degree programmes in Scotland

Mock-ward on campus for teaching and practising complex procedures

Largest supplier of graduates in biomedical science entering the NHS in the UK

Widest range of disciplines taught in Scotland

Dressing up



SINCE HIS DEBUT AT GLASGOW FASHION WEEK last year, GCU graduate and Cumbernauld-based fashion designer Mark Conlin has enjoyed marked success. Well known for his work with celebrities, he was recently commissioned to design dresses for singer and fashion icon, Roisin Murphy.

The designer set up Mark Conlin Collections in August 2007 after graduating from Glasgow Caledonian University with a degree in Fashion Business. Mark said: "I never wanted to be a fashion designer, it just sort of happened overnight. I thought I would work in styling or as a fashion journalist as I had made lots of contacts whilst working as a model booker for Model Team. I learned basic design skills at GCU, which have been the foundation of my women's wear collection. The number of friends I made was the main bonus of university, many of whom are now colleagues who I deal with in a professional and social capacity."

His business targets the high end of the market by designing outfits that celebrate women. Described by Vivienne Westwood, the grande dame of fashion, as 'exciting' and 'avant garde', his work has captured the eye of the media, celebrities and a host of customers looking for something special.

Aside from making unique outfits for celebrities, Mark designs for fashion boutiques, such as Fifi and Ally, Godiva and Cricket in Liverpool. His latest collection, previewed at Glasgow's exclusive members club, 29, in May 2008 in aid of Breast Cancer Care, led to orders from key stores and special commissions from private clients. His most recent venture is bridal wear, where he offers brides a bespoke service.

For further information on Mark and his collection email design@markconlin.co.uk

Photographs courtesy of Andrew Cawley, Paul Cameron and Stephen Rasmussen



Davena Rankin fights Glasgow East by-election



with Mark Conlin



FOR THREE WEEKS THIS SUMMER, Davena Rankin, Commercial Manager for Research & Innovation Services at GCU, was caught up in an intensive campaign standing as the Conservative candidate in the Glasgow East by-election. With daily TV and radio interviews, she spoke about local issues eloquently, and was the only candidate fighting fair, with plenty of mud slinging among competitors. Coming in a respectable third, with 6% of the votes, the Conservative campaign saw the Lib-dems fall into the realm of lost deposits.

Davena, who grew up in Glasgow, is very pleased with the campaign. "It gave the Glasgow East constituents the opportunity to air their problems." On her political aspirations, she said: "My goal is to be an MSP by 2011. Standing up for people is something I'm passionate about."

Davena is an active member of UNISON, as Secretary of the GCU Branch. She also sits on three National Committees and chairs the Scottish Women's Committee.

Left: Davena on the campaign trail with Conservative Party leader David Cameron.

2008 Alumni Achievement Awards

THE UNIVERSITY WAS PROUD TO PRESENT Alumni Achievement Awards to successful business entrepreneurs and graduates David Sibbald and Sean Tracey at our Freshers' Address at the Royal Concert Hall in September. The awards recognise alumni for their outstanding professional achievements in their chosen profession, contributions to society, the community, humanitarian issues, the arts, sport or charitable work.

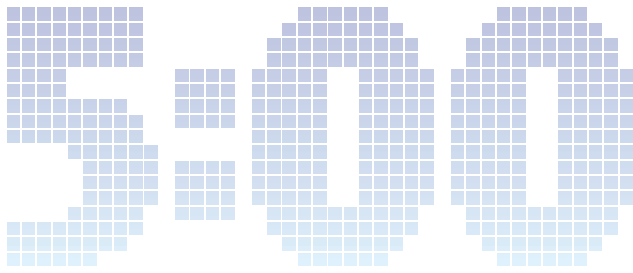
David, founder and Chairman of the successful IT company Sumerian Networks, has set up foundations to support his charitable work in Africa. Upon accepting his award, David said: "It is a privilege to have gone to GCU and an honour to stand here and accept this award."

Sean, Chief Executive of Powerleague Group, market-leader in outdoor five-a-side football centres across the UK, said: "This has brought back happy memories; the last time I was in the concert hall was in 1990 for my graduation!"

For information on all our award winners and how to nominate someone, visit <http://www.caledonian.ac.uk/alumni/news/awards/>

From left: David, HND Applied Physics with IT & Electronics, 1983 and DTech, Doctor of Technology, 2004, and right: Sean, BA (Hons) Social Sciences, 1990.





Hazel Mitchell

Subject of Study

Post Graduate Diploma,
Human Resource Management

Year of Graduation

1997

Employer

Independent Television
News Ltd (ITN)

Position

Director of Human Resources

How has your career progressed since graduation?

My career has only progressed upwards since graduation. My first degree was in hotel management and I landed my first HR job with a hotel in Edinburgh. I then landed a great job with a healthcare company which developed my generalist HR skills no end – it went from being a family business to being taken over by a Plc and I was involved at all levels. I then moved to be became Head of HR for Scottish Television (STV) and had a great time there too. I have been at ITN now for nearly 3 years.

Why did you choose Glasgow Caledonian University and your particular course?

GCU had a good reputation in the field I wanted to study. I realised that HR was what I should have done originally and the post grad course allowed me to diversify.

What did you enjoy most about life at the university?

The variety of subjects we studied and also the social life. Work hard, play hard is my philosophy really!

Best memory?

Seeing the proud look on my grandmother's face when I graduated – it was amazing!

Worst memory?

It's not really a bad memory, more funny. There was a shortage of books on a specific Industrial Relations topic and the lecturer had lent my friend Karen and I his copy of the book so we could write the essay. Our class was very competitive and there was always a mad dash for the books. We did not let on to anyone that we had the book from the lecturer (I don't think he told them we had it either!), however when we were returning the book to him, one of the more competitive students was behind one of the classroom doors when we returned the book to the lecturer.... I'll never forget the look on her face... when she realised that we had had the book all along!

Did any member of staff have a lasting influence on you?

Yes, I had a brilliant lecturer in Industrial Relations – he was great.

What would you say to someone currently considering enrolling at the university?

The university's gone through a massive change since I was there in 1997 and the investment in resources and teaching is clearly visible. Use your time wisely, work at it, but also enjoy yourself.

What is the funniest interview story that you have heard?

I was being interviewed for the HR officer role at the Healthcare company and the telephone in reception outside the interview was ringing and ringing and ringing – no one was answering it. All of a sudden this man runs out of one of the offices, slides (superman style) along the reception desk and answers the phone... Turned out that it was the Chairman of the Company, Anthony Joyce... brilliant!

So far to date, what has been your greatest achievement personally?

Landing this great job, moving lock stock and barrel to London, separating from my husband, building a great set of friends in London and making it all work. It's been great and I managed to juggle it all whilst managing some tricky stuff at work.

Greatest achievement professionally?

My current job – I just love it!

What would you not leave your house without?

Great shoes, great bag, my blackberry and Elizabeth Arden eight hour cream.

If you could live in any city in the world, where would it be?

I really love living in London, but Glasgow does take some beating!

Working for an international news station you must come across some famous people. Who is the most famous person you have met?

I've met lots of people over the years it is difficult to say. Meeting Sir Trevor McDonald for the first time to talk about his contract was scary. When I worked at Gleneagles one summer, I served Sylvester Stallone his breakfast for the week he was there. He gave me £2.20 tip, miserable sod!

Research led Post Graduate Study: full/part time School of Law and Social Sciences

MSc Social Research/MSc Social Research (Policy Analysis)

MSc Social Research/MSc Social Research (Policy Analysis) is tailored to meet the needs of those working in the voluntary and public sectors as well as those Graduates who wish to pursue a career as a researcher.

MSc Social Research

This option enhances vocational skills for career researchers who may not otherwise have undertaken comprehensive training in social research. It provides sponsoring employers and students with a clear and comprehensive programme of vocationally relevant learning.

MSc Social Research (Policy Analysis)

An additional focus on policy and practice is the distinctive component of this option, which is targeted at researchers generally employed in the public, voluntary and private sectors. This option allows students to bridge the academic and applied research traditions of enquiry in the area of public and social policy.

MSc Health History (supported by the Wellcome Trust)

The MSc Health History emphasises a social approach to historical issues concerning medicine, health and healthcare and stresses the relevance of the historical past to present day concerns. It draws on the expertise of internationally known, research active historians at both Glasgow Caledonian and Strathclyde Universities. Their research led modules cover a range of countries and historical perspectives. The underlying philosophy of the programme is to engage students with historical debates, methodological issues and primary source materials related to the history of health and healthcare in society and to ensure their development as scholars and researchers.

LLM /PgD

The LL.M. programmes have been developed to serve the needs of professionals already practising in the area of international trade, and who may need to update their knowledge of law as part of their continuing professional development.

Developing knowledge and understanding of the relevant law to the level required of a professional in the field, students will gain legal expertise not linked to a particular national legal system but applicable across all European legal systems and beyond.

Semester B starts in February 2009 and Semester A in September 2009

Application packs available from:

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to bother with small print.