

List of Possible Hazards – New and Expectant Mothers

Your workplace risk assessment must specifically consider any risks to the health and safety of a new or expectant mother, or that of her baby.

Possible risks include:

Physical agents

- Movements and postures
- Manual handling
- Shocks and vibrations
- Noise
- Radiation (ionising and non-ionising, including Electromagnetic Fields)
- Compressed air and diving
- Underground mining work

Biological agents

- Infectious diseases

Chemical agents

- Toxic chemicals
- Mercury
- Antimitotic (cytotoxic) drugs
- Pesticides
- Carbon monoxide
- Lead

Working conditions

- Facilities (including rest rooms)
- Mental and physical fatigue, working hours
- Stress (including post-natal depression)
- Passive smoking
- Temperature
- Working with visual display units (VDUs)
- Working alone
- Working at height
- Travelling
- Violence
- Personal protective equipment
- Nutrition