

NEWSLETTER | November 2026

RESEARCH CENTRE FOR HEALTH

Welcome

Welcome to the November edition of the ReaCH newsletter.

It has been another busy and productive period across the Centre, and this edition provides a snapshot of the breadth and impact of research taking place across our community. From major national and international collaborations to research influencing policy and practice, there is much to celebrate. It is particularly encouraging to see colleagues at all career stages contributing to this success, alongside the continued development of our early-career researchers and growing postgraduate research community. We have received 14 successful grants since June 2026.

This trimester also marks an important new chapter for research at Glasgow Caledonian University (GCU) with the arrival of Professor Jeff Breckon, who joined the University in July as Pro Vice-Chancellor for Research. I am delighted that Jeff will be joining our ReaCH community later in November, providing an opportunity for colleagues to hear about his vision and priorities for research at GCU, and importantly, to engage directly with him through discussion and questions. I would encourage as many members as possible to attend.

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- Research making a difference
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As ReaCH continues to develop around our three themes of Rehabilitation, Public and Community Health, and Targeted Therapeutics, our focus remains on creating the environment in which excellent, collaborative and impactful research can flourish. Since our last update our members have secured £1.6M directly to GCU from a large portfolio of funding sources.

The stories throughout this newsletter demonstrate the considerable expertise across ReaCH and the value of connecting that expertise across disciplines, sectors and career stages.

Thank you, as always, to everyone contributing to the continued development and success of ReaCH. I hope you enjoy this edition.

Professor Gordon Ramage
Director, Research Centre for Health (ReaCH)

FUNDING & SUCCESS

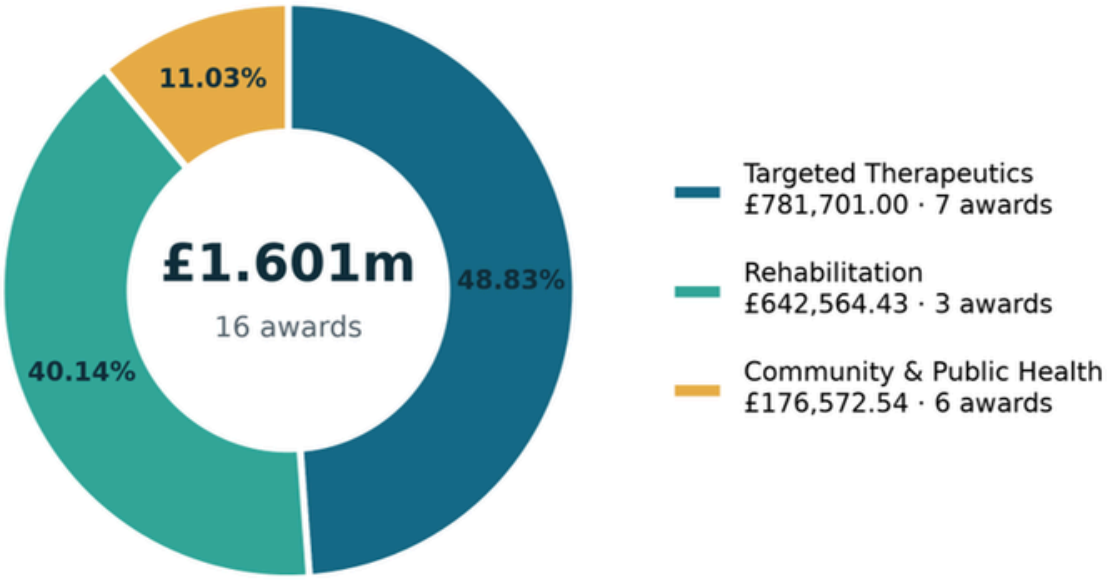
Celebrating £1.6 million in research funding

ReaCH researchers secured 16 awards between June and October 2026, representing £1.6 million in institutional funding across our three research themes. Targeted Therapeutics attracted £781,701, Rehabilitation £642,564, and Public & Community Health £176,573.

Highlights include doctoral training in translational oral health supported by BBSRC and Haleon, personalised virtual reality rehabilitation for people with multiple sclerosis funded by the Multiple Sclerosis Society, and research into occupational therapy after stroke supported by the Chief Scientist Office. NIHR, ESRC and the Scottish Government are supporting research spanning liver cancer risk prediction, family health and wellbeing, alcohol industry partnerships, and infection prevention.

Further support from Scottish Water, GAMA Healthcare and IBioIC, Mundipharma, and the National Biofilms Innovation Centre and CCBio will advance research into biofilms, antimicrobial resistance and new therapeutic approaches. Awards from the Tavistock Trust for Aphasia, Crown Estate Scotland, the British Pharmacological Society and Camurus further demonstrate the breadth of our funding partnerships.

Congratulations to everyone involved in securing these awards, and thank you to the funders and partners supporting research across ReaCH.





Projects across our research themes

15 project titles • 16 funding awards • £1,600,837.97 institutional funding • June–October 2026

Targeted Therapeutics

6 projects | £781,701.00

01 Phase II: Dynamic microfluidic assessment of rezafungin versus caspofungin against Candida biofilm growth, viability and dispersion under defined flow conditions

02 Biofilms – Hidden engines driving antimicrobial resistance

03 Advancing Translational Oral Health Research – Doctoral Training Program (ATOHR-DTP)

BBSRC + Haleon contributions combined

04 Targeted Vaginal Delivery of Biofilm-Active Therapeutics

05 Targeting Mitochondrial Transfer via LIMK inhibition to Overcome Macrophage-Driven Drug Resistance in Multiple Myeloma

06 Beyond scratching the surface: Optimising biofilm disinfection.

Rehabilitation

3 projects | £642,564.43

01 Personalisation of immersive virtual reality upper limb rehabilitation for people with multiple sclerosis

02 Rehabilitation for ACTivities of daily living with Occupational Therapy after stroke: an individual participant data meta-analysis

03 Collaboration of Aphasia Trialists – Phase 5

Community & Public Health

6 projects | £176,572.54

01 Fibrosis and Non-alcoholic Fatty Liver Disease – HCC risk prediction tool (FIND-HCC)

02 Longitudinal impacts of no recourse to public funds on health and wellbeing for children and families in England

03 Extension – Scottish Government Infection Prevention and control strategy expert advice

04 A' glèidheadh a' mhachair

05 Communicating evidence on the risks and promises of alcohol industry-funded community partnerships (ESRC / SGSSS Post-doc fellowship)

06 Long-acting injectable buprenorphine evaluation



RESEARCH MAKING A DIFFERENCE

American College of Cardiology statement



Professor Sebastien Chastin has co-authored a new American College of Cardiology (ACC) scientific statement on exercise prescriptions for cardiovascular health in adults.

While exercise and physical activity are widely recognised as fundamental to cardiovascular health, integrating them into routine clinical practice can be challenging for both healthcare professionals and patients, particularly following a cardiovascular disease (CVD) diagnosis. The ACC scientific statement provides a comprehensive overview of physical activity targets for patients across the spectrum of CVD. It highlights the role of functional testing and wearable devices in supporting activity levels, alongside practical strategies to increase participation in individual physical activity, cardiac rehabilitation and structured exercise programmes.

Professor of Health Behaviour Dynamics, Seb Chastin, said: “Physical activity is still not used to its full potential, yet it is one of the most powerful medicines we have for preventing and managing cardiovascular disease. This scientific statement provides clinicians with practical, evidence-based guidance to help them confidently prescribe exercise across a wide range of cardiovascular conditions.”

The ACC develops scientific statements to complement clinical practice guidelines and inform clinicians about areas where scientific evidence is new and evolving or where sufficient data are more limited.

Read more

Health visitor support helps postnatal mothers stay smoke-free

Women who receive health visitor support alongside smoking relapse prevention advice are more likely to remain smoke-free after childbirth, according to a new study published by the BMJ.

The research was led by the University of East Anglia, in collaboration with Glasgow Caledonian University, the University of Edinburgh, City St George's, University of London, the University of Exeter, the University of Stirling, the Institute of Health Visiting and the Norfolk Healthy Child Service. The team tested BabyBreathe, a programme designed to help women who quit smoking before or during pregnancy stay smoke-free after giving birth, trailled by the National Institute for Health and Care Research. Dr Catriona O’Dolan, of GCU, was involved in collecting follow-up responses from the participants and analysing the qualitative data. The study found that women who received support from trained health visitors were significantly more likely to remain smoke-free 12 months after giving birth compared to those without health visitor support.

Read more



Glasgow Caledonian University Researchers Help Shape New International Framework for Inclusive Research

Researchers at Glasgow Caledonian University (GCU), working alongside international partners, have co-led the development of a pioneering framework aimed at advancing how people with lived experience are involved in health and social care research. The framework was developed as part of the International Stroke Recovery and Rehabilitation Alliance (ISRRA) Roundtable programme, a prestigious and highly competitive global initiative that brings together leading international experts to set research priorities and develop consensus-driven outputs to advance stroke research worldwide.





Led by Professor Lisa Kidd, alongside Dr Elizabeth Lynch (Flinders University, Adelaide), with significant contributions from Dr Pauline Campbell (GCU), this work brings together an international consortium of researchers, practitioners, and people with lived experience across diverse health systems and geopolitical contexts. It addresses the longstanding challenge of moving lived experience involvement beyond tokenism towards genuine collaboration and meaningful partnership in research, where practice often remains inconsistent and superficial. In doing so, it directly tackles persistent inequalities in engagement, particularly in stroke research, driven by disparities in resources and additional barriers such as communication and cognitive impairments.

The framework developed through this international roundtable provides practical, context-sensitive guidance to support more meaningful and inclusive involvement in research design and delivery, directly addressing known inequities in stroke research. It represents a significant advance by offering clear, actionable approaches to embedding engagement throughout the research lifecycle, with a strong focus on accessibility, shared decision-making, and recognising experiential knowledge as expertise. Importantly, its flexible design means it can be applied across a wide range of health and social care research contexts. Beyond shaping research practice and informing funder expectations, the framework has the potential to deliver tangible benefits for people with lived experience by increasing ownership, building confidence and leadership, and strengthening trust through more authentic partnerships. This work forms part of a broader programme of research and methodological innovation at Glasgow Caledonian University, further reinforcing GCU's leadership in lived experience methodology and co-produced research, while aligning closely with its Common Good mission and ReaCH research themes in rehabilitation and public health.





Professor Jacqui Reilly praised for work on infection prevention strategy

Professor Jacqui Reilly has been praised for her "invaluable" work to help shape Scotland's first integrated infection prevention and control strategy for health and social care.

The Scottish Government document sets out a 10-year vision to protect patients, residents and staff from preventable infection. Professor Reilly chaired the Infection Prevention and Control Strategic Development and Oversight Group that developed the strategy. The Infection Prevention and Control (IPC) Strategy for Scotland aims to minimise infection for everyone who accesses, uses or provides health and social care.

The Acknowledgements state: "We would like to give particular thanks to the Chair, Professor Jacqui Reilly, and Deputy Chair, Professor Donald Macaskill, whose leadership and dedication have been invaluable." It's the first time the Scottish Government has published a dedicated strategy for infection prevention and control in care homes and social care. Professor Aisha Holloway, Chief Nursing Officer for Scotland, added: "Infection prevention and control is fundamental to safe, high-quality care. Every day across Scotland we see how effective processes and practice reduces avoidable harm, protects patients, service users and staff, and builds trust in the health and social care services that we all rely on."

Read more

Dr Whiteley co-authors Lancet Commission report on liver disease



GCU hepatitis C expert Dr Dave Whiteley has co-authored a Lancet Commission report on the role of primary care in the prevention and management of chronic liver disease.

A Senior Lecturer in the School of Health and Life Sciences, and member of the Research Centre for Health (ReaCH), Dr Whiteley joined a global team of researchers, clinicians and patient advocates on the Lancet Gastroenterology & Hepatology Commission.

Liver disease is a major cause of illness and death worldwide. Its burden is increasing due to steatotic liver disease caused by alcohol use and/or metabolic problems, as well as chronic viral hepatitis. The Commission brought together multidisciplinary expertise to review the role of primary care for people at risk of, or living with chronic liver disease, from prevention and diagnosis to treatment and end-of-life care. The commissioners' report outlines recommendations on how to improve community-based care for people living with chronic liver disease and make general practice a key focus in tackling the growing global burden of these conditions. Dr Whiteley co-led the Commission's subgroup focused on engagement with liver disease in primary care and helped review the evidence and develop recommendations relating to viral hepatitis.

Read more



New drug approach shows promise against incurable blood cancer



Researchers have identified a promising new way to attack multiple myeloma, an incurable blood cancer that affects plasma cells in the bone marrow.

The international study, published in the prestigious Nature Portfolio journal Leukemia, one of the leading journals in haematology and oncology, investigated an experimental drug called CBPD-409. The drug showed powerful anti-cancer effects in laboratory studies and significantly reduced tumour growth in animal models. Multiple myeloma remains incurable for many patients, and treatment becomes increasingly difficult when the cancer develops resistance to existing therapies. Finding new approaches is therefore urgently needed. The research team, co-led by Dr Mark Williams from the Research Centre for Health (ReaCH) at Glasgow Caledonian University, focused on two proteins called CBP and p300. These proteins help myeloma cells survive, grow and multiply.

Unlike conventional drugs that simply block protein activity, CBPD-409 is designed to remove CBP and p300 from cancer cells altogether. It does this using PROTAC technology, a new class of targeted protein degrader that harnesses the body's natural protein disposal system to destroy disease-driving proteins. The researchers found that CBPD-409 killed myeloma cells at very low doses while having limited effects on healthy cells. In animal models, the treatment significantly slowed tumour growth. Further analysis showed that degrading CBP and p300 disrupted key biological pathways that myeloma cells depend on, forcing the cancer cells to stop dividing and ultimately die. The findings suggest that removing CBP and p300 could offer advantages over existing approaches that only partially inhibit these proteins.

Read more

Showcase of research at international conference

Researchers from Glasgow Caledonian University including Sharon Hutchinson, Andy McAuley, Rosie Fraser, Kirsten Trayner, Megan Glancy, Max Wilkinson, Hamish Innes showcased their broad range of work at the 14th International Conference on Health and Hepatitis in Substance Users (INHSU 2026) in October 2026.

New evidence demonstrating a halving in liver-related mortality for people with hepatitis C infection in Scotland following the introduction of direct-acting therapies, and the impact of scale-up in prison settings
Read more - **Read more**

Evidence of the early impact on the local community following the opening of the first sanctioned safer drug consumption facility in the UK
Read more - **Read more**

Evidence of the reduce mortality risk with new long-acting injectable buprenorphine in Scotland
Read more

Evidence of the risk of drug-related mortality associated with prescribed and illicit benzodiazepines
Read more



Professor invited to join new subgroup of the Advisory Council on the Misuse of Drugs



Professor Andrew McAuley has been invited to join a new subgroup of the prestigious Advisory Council on the Misuse of Drugs (ACMD).

The new group will consider the evidence base for relaxing the restrictions contained within Section 9A of the Misuse of Drugs Act 1971 in relation to the supply of drug-use paraphernalia, including safer inhalation pipes (SIPs). The ACMD makes recommendations to government on the control of dangerous or otherwise harmful drugs, including classification and scheduling under the Misuse of Drugs Act 1971 and its regulations, **read more**.

To support service providers in responding to local needs and evolving patterns of drug use, there is a strong harm reduction rationale for enabling the supply of appropriate drug-use paraphernalia to service users. Current restrictions may limit the ability of services to provide evidence-based interventions designed to reduce drug-related harms, improve engagement with health services, and respond to changes in routes of administration. The UK (and Scotland especially) has witnessed a major shift to use of cocaine and crack cocaine over the last decade among people who use drugs. This new group will consider whether (and which) legal amendments are necessary to allow safer consumption of these substances for vulnerable populations.

Andrew recently participated in the Scottish Drug Forum's 'Drugs Uncut' podcast to discuss these issues. **Listen here**

We would also like to congratulate Andy who has also recently been nominated by people within the recovery community and shortlisted as a finalist in the inaugural Scottish Recovery Awards in the category: Academic Contribution to Recovery.

Learn more about the recovery awards and other nominees at **https://www.scottishrecoveryawards.co.uk/**



GROWING COLLABORATIONS

German delegation visits GCU to explore future collaboration

Senior German politician Clemens Hoch has visited GCU to learn more about our research expertise and explore opportunities for international collaboration.



Mr Hoch is Minister for Science, Further Education, and Health in the Rheinland-Pfalz region, a powerhouse of innovation in biotechnology, life sciences and energy. He was part of a delegation visiting Scotland to build on a letter of intent signed by the Scottish Government and the Rheinland-Pfalz Ministry in 2021. It set out plans to strengthen cooperation in key areas including education, culture and research. In the same year, BioNTech - developed at the region's University of Mainz - developed a COVID-19 vaccine that generated €400 million for the Rheinland-Pfalz Ministry (RLP) Ministry. The money was reinvested in biotechnology and life sciences, and RLP has since expanded its research at its universities of applied sciences. The delegation also visited Glasgow, Aberdeen and Edinburgh, spending half a day exploring GCU. Glasgow Caledonian's Dr William Johnston, a Lecturer in the Department of Biological and Biomedical Sciences, is already working with a research group at the region's Johannes Gutenberg University Mainz. He was awarded €201,000 last year by the RLP-funded BWG Biotech-Fellows International Programme.

Read more

GCU stroke experts invited to join new £5 million research network



The University's Professor Lisa Kidd and Professor Frederike van Wijck have been invited to a new national research network created to improve heart health across Scotland.

GCU researchers are contributing their expertise to a major new Scottish cardiovascular research network backed by a £5 million investment from the British Heart Foundation. The Cardiovascular Academic Network of Scotland (CLANS) brings together researchers, NHS clinicians, universities and patients to accelerate cardiovascular research and translate discoveries into better prevention, treatment and care. The initiative addresses a major health challenge for Scotland, where cardiovascular disease accounts for more than a quarter of all deaths and over 800,000 people are living with a cardiovascular condition. GCU academics will contribute expertise in stroke, cardiovascular health and rehabilitation. Professors Kidd and van Wijck, bring expertise spanning stroke recovery, rehabilitation, supported self-management, implementation science and person-centred research. Professor van Wijck said: "We are excited to join this new network, which has the potential to transform research in an area of significant importance to Scotland's health." CLANS will create new opportunities for interdisciplinary collaboration, research funding, knowledge exchange and researcher development, while helping translate research into policy, practice and service improvement. GCU's involvement reflects its commitment to research that improves cardiovascular outcomes and helps reduce health inequalities across Scotland.

Read more



REACH THEMES UPDATE

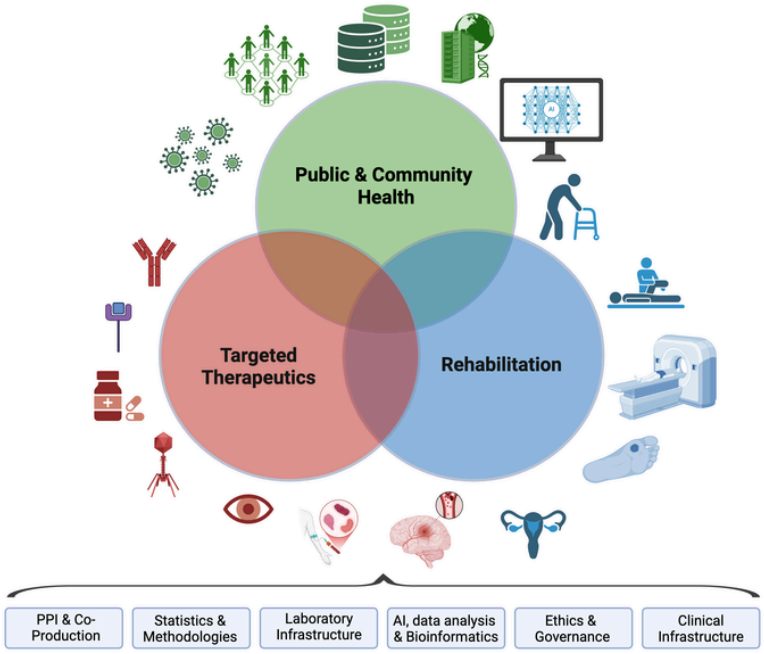
ReaCH is structured around three interconnected themes:

- rehabilitation
- public and community health
- targeted therapeutics.

The enablers include:

- PPI and co-production
- statistics and methodologies
- laboratory infrastructure
- data analysis and bioinformatics
- ethics and governance
- clinical infrastructure.

The interconnected themes of targeted therapeutics, rehabilitation, public and community health, along with the enablers, are illustrated in the image.



Rehabilitation Theme



The Rehabilitation Theme has had two meetings. In the first meeting of the theme in September we discussed the strengths of Rehabilitation at GCU and how it was important to maintain our excellent collaborations outwith GCU and academia including the NHS, third sector organisations, private organisations and industry. We also discussed the importance of supporting our Early and Mid Carer Researchers and PhD students working in the rehabilitation field.

Our second meeting was very well attended as it was held after the excellent Research Exchange Seminar by our very own Professor Frederike van Wijck. At this meeting we identified key health and societal challenges which could be significantly addressed by Rehabilitation. There was a lot of great discussion and we are currently collating all the ideas from our large sticky notes – that turned out to be not so sticky! As the meeting was at the end of the day we had the opportunity for some networking with drinks and snacks.



Professor Lorna Paul
Rehabilitation Theme Lead



Public and Community Health Theme



The Public and Community Health Theme held its inaugural meeting in September, bringing together researchers from across ReaCH. The meeting highlighted the range of topic expertise represented within the theme, including sexual health and blood-borne viruses, vision sciences, substance use and harm reduction, mental health and wellbeing, health services research, infectious disease prevention and control, and stigma, inclusion and health inequalities. Discussion focused on the opportunities that the theme could create and the types of activities that would be most valuable to members. Suggested priorities included developing a directory of expertise, sharing funding and policy intelligence, supporting horizon scanning, and creating a forum for idea exchange and networking. Looking ahead, the theme will focus on strengthening connections between members and increasing visibility of expertise across the group. Work is also underway to consider how affiliate and postgraduate members can be engaged in theme activities.



Dr Norah Palmateer
Public and Community Health Theme Lead

Targeted Therapeutics Theme



The Targeted Therapeutics Theme recently brought together some of its members for an initial meeting to discuss existing strengths, share ideas and identify priorities for the future. Discussions highlighted several key strengths across the theme, particularly our established industry relationships, ongoing collaborative research projects and the unique capabilities offered by the Skin Research Tissue Bank. Members also explored opportunities to strengthen collaboration across themes, develop new industry partnerships and support research translation and commercialisation.

We have also welcomed seven new PhD students to the theme, all undertaking projects with industry co-funding, reflecting our strong links with external partners. Moving forward, we hope to build on these strengths, encourage greater collaboration between members and increase the visibility and impact of our research.



Dr Ryan Kean
Targeted Therapeutics Theme Lead



OUR PEOPLE AND RESEARCH COMMUNITY

Crucible 2026 unveils research leaders of the future

Twelve ambitious early career researchers from across the University are celebrating being chosen as future leaders for the Crucible career development programme.

The cohort came together in September to mark the start of the programme and take part in communications training, led by actor Bridget McCann. They also explored their values with Professor Neil McHugh from the Yunus Centre for Social Business and Health, and met senior leaders from across GCU.

Crucible Lead Professor Carol Emslie said: “It was wonderful to kick off the 2026 Crucible Research Leaders of the Future programme with such an amazing cohort of early career researchers. They really threw themselves into the communications training and were so supportive of each other. The programme aims to build a network of outstanding early career researchers who are passionate about communicating their research. It also helps to create the collaborative, supportive and sustainable research culture we strive for here at GCU. I’m very grateful to the Crucible team, Deans and ADRs, Centre Directors, senior researchers, RKES colleagues, and communications and impact experts who support the programme. Next, we will move onto policy engagement, social media and impact, with a visit to the Scottish Parliament in November.”

Find out more about the Crucible training programme



The new cohort selected to join the 2026 programme are:

- Kate Mitchell (GCU London)
- Rebecca Johnson (SHLS)
- Ross Kincaid (SHLS)
- William Johnston (SHLS)
- Mark Butcher (SHLS)
- Colin B Shore (SHLS)
- Rowan Munro Sweeney (GSBS)
- Victoria Walker (GSBS)
- Melissa Mesek (GSBS)
- Farhad Sadeghineko (SSE)
- Godwin Enemali (SSE)
- Winfred Ingabire (SSE)



ECR Spotlight - Dr Ross Kincaid



Dr Ross Kincaid is a mixed-methods researcher with a background in health psychology who uses implementation science to understand and address key health challenges within an increasingly stretched NHS. His work focuses on HIV prevention and sexual healthcare, particularly improving access to HIV pre-exposure prophylaxis (PrEP), medication people take to prevent HIV acquisition.

Ross' research is funded by the Scottish Government as part of their HIV Transmission Elimination Strategy, including a recent successful bid for the PrEP Persistence project, on which Ross is Principal Investigator. This project aims to identify opportunities to improve PrEP persistence and reengagement across Scotland. He is also Co-Investigator on the Scottish Government-funded ePrEP Clinic programme, a direct continuation of his doctoral research, which has developed, validated and piloted a digital clinical care pathway to support repeat PrEP prescribing. Ross is currently working with NHS services to implement the pathway as part of routine care. Together, these projects contribute to ReaCH's Community and Public Health theme and GCU's Common Good mission.

Ross' research is highly collaborative and involves close partnerships with the Scottish Government, NHS services and third-sector organisations, including Terrence Higgins Trust and Waverley Care. He also works with the British HIV Association and British Association for Sexual Health & HIV and recently led a publication reporting findings from a national clinical audit of HIV partner notification (contact tracing) and HIV testing among children of parents living with HIV. Ross is part of the 2026 GCU Crucible cohort, where he is further developing his research leadership and public engagement skills.

View research profile

New postdoctoral fellow

Welcome to Dr Abbie Irving who joined GCU in October as an Economic and Social Research Council (ESRC) Scottish Graduate School of Social Science (SGSSS) Postdoctoral Fellow. Her PhD research explored how the alcohol industry engages with communities through corporate social responsibility (CSR) initiatives, and what this means for efforts to reduce alcohol-related harm. Businesses often present CSR activities as a way to contribute to the public good. However, these activities may also serve the industry's wider commercial and political interests. The aim of Abbie's fellowship is to maximise the policy, practice and academic impact of her PhD. This will involve translating findings into practical resources to support informed decision-making on industry-funded alcohol initiatives, through a placement with an alcohol charity (Alcohol Focus Scotland) and co-production with public and third-sector partners. She is mentored by Professor Carol Emslie.



Welcome to new PhD students

We like to welcome fourteen new PhD students into the Research Centre for Health (ReaCH). Our doctoral training programmes led by Prof Sebastien Chastin, Prof Lorna Paul and Prof Ramage have been transformational in how we approach delivery of high profile research programmes. The SUstainable sports and Physical activity for Equity and Resilience in the Anthropocene (SUPER) programme and Advancing Oral Health Research (AT-OHR) programme are two of the newest additions to our portfolio. Prof Ramage said "I'd like welcome all of our new students across ReaCH as affiliate members. Our new model for applying for competetive funding, which is supported by the University Investment in Research fund, has allowed us to attract the best talent and create teams of students working in partnership.

Find out more about our new PhD students

KIrsten Alexander

Project title: Non-biocidal strategies to disrupt oral biofilms
ReaCH theme: Targeted Therapeutics
Supervisors: Dr William Johnston & Prof Gordon Ramage
Funding: Biotechnology and Biological Sciences Research Council (BBSRC), Haleon & Glasgow Caledonian University

Bibiana Anyanwu

Project title: Bridging the Knowledge–Behaviour Gap in Cervical Cancer Prevention: A Mixed-Methods Study of Screening Uptake and Adherence Among Undergraduate Nursing Students in Nigeria
ReaCH theme: Public and Community Health
Supervisors: Dr Michele, Hilton Boon & Dr David DiDomenico
Funding: Self-funded

Obed Byamukama

Project title: Climate Change Impacts on Sports and Physical Activity
ReaCH theme: Public and Community Heath
Supervisors: Professor Sebastien Chastin, Dr David Hamilton & Dr Zoë Tieges
Funding: SUPER (Sustainable Sports and Physical Activity for Equity and Resilience) – funded by Horizon Europe Marie Skłodowska-Curie Actions (MSCA) and SERI (the Swiss State Secretariat for Education, Research and Innovation)

Chloe Christie

Project title: PROTAC-Based Degradation of CBP/p300 as a Therapeutic Strategy to Circumvent Macrophage-Driven Therapy Resistance in Multiple Myeloma
ReaCH theme: Targeted Therapeutics
Supervisors: Dr Mark Williams
Funding: British Pharmacological Society (BPS) through the Sir David Jack Scholarship

Holli Crainie

Project title: Exploring Masculinities & Heteronormative Cultures in Police Response to Intimate Partner Violence Among Gay, Bisexual & Other Men Who Have Sex With Men in Scotland
ReaCH theme: Public and Community Health
Supervisors: Dr Jamie Frankis & Professor Lesley McMillan
Funding: Scottish Graduate School of Social Science (SGSSS) & Glasgow Caledonian University



Ash Eana
Project title: RESTORE: Recombinant Enzyme Secreting Therapeutic Organisms for REbalancing vaginal microbiome
ReaCH theme: Targeted Therapeutics
Supervisors: Dr Ryan Kean & Prof Gordon Ramage
Funding: Medical Research Scotland

Ahmad Ghalawinji
Project title: Equitable and sustainable physical activity and sports compendium
ReaCH theme: Public and Community Health
Supervisors: Professor Sebastien Chastin (GCU), Dr Zoë Tieges (GCU) & Dr Anna Gerke (Audencia)
Funding: European Commission, Marie Skłodowska-Curie Actions (MSCA) Doctoral Network SUPER, coordinated by Glasgow Caledonian University

Madeleine Lemon
Project title: ReproMyelo-MAC: Lipid-Based Strategies for Macrophage Reprogramming in Multiple Myeloma
ReaCH theme: Targeted Therapeutics
Supervisors: Dr Mark Williams
Funding: Medical Research Scotland (MRS) in partnership with ABITEC

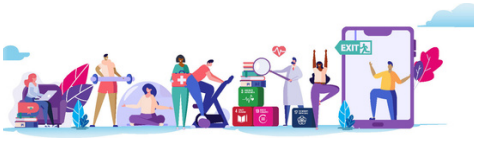
Alex Neary
Project title: Hidden engines driving antimicrobial resistance
ReaCH theme: Targeted Therapeutics
Supervisors: Dr Janice Spencer & Prof Gordon Ramage
Funding: Glasgow Caledonian University, Industrial Biotechnology Innovation Centre (IBioIC) & Scottish Water

Nyree McGuinness
Project title: Ecological Consequences of Environmental Stressors in Interkingdom Microbial Communities
ReaCH theme: Targeted Therapeutics
Supervisors: Prof Gordon Ramage, Dr William Johnston
Funding: Biotechnology and Biological Sciences Research Council (BBSRC) & Haleon

Jade Otene-Henworth
Project title: Improving Youth Wellbeing Through Behaviour Change Coaches: EU YEAH Project
ReaCH theme: Public and Community Health
Supervisors: Professor Sebastien Chastin, Dr Bryan McCann and Dr Giuliana Longworth
Funding: Glasgow Caledonian University

Hugo Tosello
Project title: Readiness and desirable futures for sustainable sports and physical activity
ReaCH theme: Public and Community Health
Supervisors: Primary: Professor S.Chastin (GCU); Co-supervisors Dr D.Hamilton (GCU); Professor K. Abu-Omar (FAU)
Funding: European Commission, Marie Skłodowska-Curie Actions (MSCA) Doctoral Network SUPER, coordinated by Glasgow Caledonian University

Charlotte Tembo
Project title: Beyond scratching the surface: optimisation of biofilm disinfection
ReaCH theme: Targeted Therapeutics
Supervisors: Dr Ryan Kean and Professor Gordon Ramage
Funding: Glasgow Caledonian University, Industrial Biotechnology Innovation Centre (IBioIC) & GAMA Healthcare



Alfie Tinsley
Project title: How do Climate Teleconnections Influence Population Health?
ReaCH theme: Public and Community Health
Supervisors: Professor Sebastien Chastin
Funding: Glasgow Caledonian University



Some of the new microbiology PhD students from Targetted Therapeutics posed for a photo ahead of a recent team networking event. A visit to Top Golf was an excellent opportunity for the new PhD students to interact with find out about the vibrant PGR community within ReaCH.

Please get in touch if you have ideas and suggestions of how ReaCH can support PGR networking to support and develop and integrated and vibrant community **(reach@gcu.ac.uk)**

PhD viva success

Congratulations to the following students on successfully defending their PhD theses:



Pranitha Murali:

Innovations in vaginal pessary designs to improve biocompatibility and prevent bacterial vaginosis

DoS: Dr Ryan Kean



Beth Meadows:

Are you being served? Exploring Alcohol-Free Nightlife Spaces for LGBTQIA+ Communities

DoS: Prof Jamie Frankis



Celine Wittke:

Investigating the beneficial and detrimental roles of p53 during liver disease progression

DoS: Dr Tim Humpton

Professor Simon Hunter elected Fellow of the Academy of Social Sciences



Professor Simon Hunter has been elected as a Fellow of the Academy of Social Sciences in recognition of his outstanding contribution to mental health and developmental psychology.

Glasgow Caledonian's Professor of Applied Psychology is one of 74 leading social scientists to join the Academy's Fellowship this Autumn. Professor Hunter's research focuses on mental health and developmental psychology and applies theoretical models to understand the psychological and social wellbeing of children and young people. As well as excellence in research and the professional application of social science, a Fellowship also recognises substantial contributions beyond academia, including policy and public service, industry and civil society. The Academy's Fellowship comprises 1,750 leading social scientists from academia, the public, private and third sectors. Selection is through an independent peer review which recognises their excellence and impact.

Read more

Dr Chiara Cipollari and Carlene McAvoy appointed to RSE's Young Academy of Scotland



GCU's Dr Chiara Cipollari and Carlene McAvoy have been appointed to the Royal Society of Edinburgh's Young Academy of Scotland. They are among 48 new members, representing some of the nation's most innovative young professionals from research, academia, business, the public sector, charity sector, and the arts.

Chiara, Research Impact Advisor, and PhD student Carlene will join the academy's existing members in realising its vision of achieving transformative societal change through citizenship, innovation, collaboration, evidence, and leadership. Chiara said: "I am delighted and honoured to join this cohort of the Young Academy of Scotland at the Royal Society of Edinburgh, and I look forward to engaging with its inspiring, interdisciplinary community and contributing to its important work. Carlene said: "I am absolutely delighted to join the new cohort of the Young Academy of Scotland. I am very much looking forward to working alongside fellow members to collaborate, share ideas and focus on the challenges facing Scotland. I hope to bring my experience from the third sector and my work in policy, alongside my research experience from Glasgow Caledonian University. I am excited to contribute and to play a part in shaping positive change for Scotland."

The Young Academy of Scotland brings together young professionals from all sectors to work together on projects that benefit Scotland and the world. It aims to drive positive societal change through citizenship, innovation, collaboration, evidence and leadership.

Read more



ReaCH researchers among the world's most cited in 2026

Researchers from across ReaCH have been recognised in this year's prestigious Elsevier-Scopus rankings, which are based on the number of citations the authors' work received in the previous year. All feature in the top 2% of cited researchers world-wide in 2026.



Nine researchers from the Research Centre for Health (ReaCH) have been recognised among the world's most influential researchers in the 2026 Elsevier–Scopus rankings. All nine feature within the top 2% of cited researchers worldwide, reflecting the international reach and influence of research being undertaken across ReaCH.

The annual rankings are based on a standardised citation analysis using data from Elsevier's Scopus database and identify researchers whose published work has had significant influence within their respective fields. Rather than simply counting publications, the analysis considers a range of citation-based indicators, including the impact of an individual's research outputs and their contribution as an author. Researchers are assessed within their specialist disciplines, allowing research influence to be considered across different areas of science, medicine and health. In practical terms, inclusion in the world's top 2% indicates that a researcher's work is being widely read, used and cited by other researchers internationally. While citations are only one measure of research quality and impact, they provide an important indication of the reach and influence of research within the global academic community.

The recognition spans an impressive breadth of expertise across ReaCH, from public health, sports science and microbiology to internal medicine, geriatrics, neurology, orthopaedics and rehabilitation. Collectively, it demonstrates both the strength and diversity of ReaCH research and its contribution to improving health and wellbeing.

Those recognised are Professor **Seb Chastin** (Public Health – Sports Science); Professor **Gordon Ramage** (Biomedical Research – Microbiology); Professor **Alex Todhunter-Brown** (Clinical Medicine – General & Internal Medicine); Professor **Dawn Skelton** (Clinical Medicine – Geriatrics); Professor **Marian Brady** (Clinical Medicine – Neurology); Dr **David Hamilton** (Clinical Medicine – Orthopaedics); Professor **Suzanne Hagen** (Clinical Medicine – General & Internal Medicine); Professor **Lorna Paul** (Clinical Medicine – Rehabilitation); and Dr **Pauline Campbell** (Clinical Medicine – General & Internal Medicine).

This is a significant achievement for the individuals recognised and highlights the wider quality, visibility and international impact of research across ReaCH.

Congratulations to all nine researchers and the colleagues, collaborators and research teams who contribute to their work.

Editorial appointment

Dr Mark Williams has been invited to join the Editorial Board of BMC Cancer, a peer-reviewed oncology journal published by Springer Nature, strengthening GCU's representation within the international cancer research community. He also contributes to national myeloma research through the Myeloma UK Research Advisory Group and UK Myeloma Research Alliance Translational Working Group, supporting research priorities and the translation of laboratory discoveries into improved patient treatments.



WORKING WITH PATIENTS, COMMUNITIES AND PROFESSIONALS

Glasgow Caledonian plays key role in RCN International Nursing Research Conference

Glasgow Caledonian University played a prominent role in this year's Royal College of Nursing (RCN) International Nursing Research Conference, which brought together nursing and midwifery researchers, clinicians, educators, students and policy leaders from across the UK and internationally.







Taking place at the Technology and Innovation Centre at the University of Strathclyde from 15-17 September, the conference attracted more than 400 UK and international delegates and explored the theme 'Research Without Boundaries: Innovation, Collaboration and Global Impact'. Dr Gordon Hill, International Lead for Nursing and Community and Public Health at Glasgow Caledonian's School of Health and Life Sciences, chaired the conference. The University was also represented by Dr Val Ness, Head of Department of Nursing, Community and Public Health; and Dr Lucy Gozdzielewska and Dr Melanie Dembinsky, who presented their research at the conference. Dr Gozdzielewska presented a poster from her hand hygiene research, focusing on healthcare workers' perceptions of the acceptability and feasibility of using the standard six-step hand hygiene technique in clinical practice. The research also highlighted the important role nurses play in promoting and reinforcing effective hand hygiene practices. Dr Dembinsky presented on process evaluations within complex intervention trials, as part of a body of work on women's health, specifically pelvic floor health and associated problems, led by a team of researchers at Glasgow Caledonian.

Read more

International Myeloma Society Annual Meeting 2026

Our research was highlighted at the International Myeloma Society (IMS) Annual Meeting, which took place in Glasgow from 23-26 September 2026. This major international conference brought together leading researchers and clinicians working in multiple myeloma.

Dr Mark Williams and researchers of the Targeted Therapeutics Theme presented its recent findings on targeted CBP/p300 degradation using CBPD-409, demonstrating the potential of this therapeutic approach to overcome treatment resistance in multiple myeloma. It was particularly encouraging to have our research highlighted at such a major international meeting, providing an excellent opportunity to showcase the work being undertaken at Glasgow Caledonian University and engage with the wider myeloma research community.



Professor Frankis discusses new opt-out blood borne virus screening at Royal College of Emergency Medicine Conference



Professor Jamie Frankis, was invited to speak to the Royal College of Emergency Medicine conference in Edinburgh in May to discuss the new opt-out blood borne virus (BBV) screening that is currently being rolled out across emergency medicine departments (better known as A&E) across Scotland.

Within this new care pathway, when anyone (aged 16+) attending A&E has bloods taken, they will be routinely also tested for HIV, Hepatitis B & C unless they choose to opt out. In his talk 'ED BBV Opt-out testing - Why does it work and implications for LGBTQIA+ folk?' Professor Frankis discussed the epidemiology of BBVs in Scotland, current policy for eradicating BBVs, results of the BBV Opt-Out testing pilot study and the psychology behind opt-out testing, alongside the implications for Scotland and LGBTQIA+ communities.

You can **view Professor Frankis talk here** as well as the **promo clip** shared on the socials.

Professor Jamie Frankis, DNCPH has also been invited to speak at the Royal Society of Edinburgh's Domestic Abuse in Scotland collaborative workshops series (3rd November 2026). Professor Frankis will be discussing his recent work examining IPV (intimate partner violence) among gay, bisexual and other men who have sex with men. His research has found that, while the same proportion of gay and bisexual men report experiencing IPV as heterosexual women from a male partner, many misrecognise abuse and few services support services exist. His PhD student Holli Crainie's work revealed that help seeking is shaped less by individual readiness and more by the inclusivity, visibility and cultural competence of support systems and delayed by policy erasure, practitioner knowledge gaps and internalised stigma. Their work will begin to build much needed community supports and legal frameworks to support gay and bisexual men who experience IPV.

Jamie has been busy, also representing GCU at the Royal College of Psychiatrists' Faculty of General Adult Psychiatry Annual Conference 2026, on the 7th of October. This annual conference brings together psychiatrists, researchers, service leaders and people with lived experience of mental health issues from across the UK to explore how adult mental health services can evolve to meet the challenges of a rapidly changing world.

Jamie led a workshop titled 'What do LGBTQ+ people need from general adult mental health services and how can it be provided?'. Aligned to GCU's focus on inclusivity and strong collaboration with partners, the session will feature speakers from the University of York and NHS Cornwall, alongside lived experience experts. It will aim to identify ways to improve access to care and enhance the experiences of LGBTQ+ people accessing mental health services. The invitation recognises Professor Frankis's expertise in LGBTQ+ health research and highlights GCU's continued contribution to improving mental health services and reducing health inequalities.

Read more



GCU physiotherapists help lead event examining future of the profession



GCU staff, alumni, and doctoral students have helped lead a national event examining the future of the physiotherapy profession in Scotland.

The Chartered Society of Physiotherapy's Scottish Board Event 2026, Sustaining the Physiotherapy Profession in Scotland, was held at Edinburgh Napier University on 18 June.

The event focused on the findings of a survey of the country's physiotherapists, identifying the issues they feel strongly about. Participants explored workforce pressures, rehabilitation demand and capacity, and the priorities that will help sustain physiotherapy in Scotland.

GCU's Dr Laura Blackburn, a lecturer in physiotherapy and Vice Chair of the CSP Scottish Board, was joined by colleagues Dr Shiv Shanmugam, Professional Lead for Physiotherapy and Senior Lecturer, Professor Frederike Van Wijck, and Doctorate of Physiotherapy students Caitlin Lee and Christopher Duncan, MSc student Abin Abraham, and GCU graduate Dr Chenali Pitroda at the event, as well as senior figures from across the profession including CSP Chief Executive John Cowman.

Read more

Professor Dawn Skelton speaks at European Geriatric Medicine Society's annual congress

Professor Dawn Skelton brought GCU's expertise to the European Geriatric Medicine Society's annual congress in Lille in September.

Speaking at the congress, Dawn, a Professor of Ageing and Health, joined more than 1,000 healthcare professionals, researchers, and policymakers dedicated to improving the care and well-being of older people. As the leading forum for geriatric medicine in Europe, the congress helps advance the field of geriatric medicine, address emerging challenges, and enhance the quality of care for aging populations across Europe and beyond.



Professor Skelton said: "I spoke on why it is important that healthcare professionals work alongside the people they are supporting when we're using behaviour change techniques. It is vital that they understand why movement is important and that they have the confidence to continue their new activity to maintain independence and fall less. GCU is at the forefront of research in this field and our work is vital to ensure our ageing population and healthcare professionals are aware of the role of physical activity in improving the health and wellbeing of older people.

Read more



Dr Parkinson explores research ethics at national symposium

Dr Ben Parkinson explored research ethics at a national symposium in Edinburgh in August.



Dr Parkinson, Senior Lecturer in Nursing and Chair of the School of Health and Life Sciences' Research Ethics Committee (SHLS REC), spoke at the Public Services Delivery Scotland (PSD Scotland) event in Edinburgh in August. PSD Scotland, formerly NHS Education for Scotland, is key in supporting transformational change in health, social care, and public sector services throughout Scotland. Dr Parkinson spoke at the National Research Symposium: Collaborate and Connect in Edinburgh. His presentation, Research Ethics: From Tick Box to Trust, explored why research ethics matter and how ethical research extends far beyond paperwork and procedural requirements. The session highlighted how research ethics help protect participants, support the production of trustworthy knowledge, and maintain public confidence in research. The invitation recognises Dr Parkinson's expertise in research ethics and reflects GCU's commitment to conducting research that has impact and ethically robust. **Read more**

Dr Parkinson also represented GCU on the international stage by delivering a plenary presentation at the 7th Commonwealth Nurses and Midwives Conference in New Delhi, India, last week. The conference, held on 24 and 25 September, was co-hosted by the Commonwealth Nurses and Midwives Federation and the Trained Nurses Association of India, bringing together more than 500 delegates from across the Commonwealth. Ben delivered a plenary presentation that explored the crucial role of research ethics and researcher integrity in nursing. Drawing on current research, alongside his experience as a Senior Lecturer and Editor-in-Chief of the Evidence-Based Nursing journal, he highlighted the importance of trustworthy evidence in informing clinical practice and improving patient outcomes. **Read more**

Dr Liza Morton explores the impact of chronic conditions on mental health

Dr Liza Morton has shared insights into the psychological impact of chronic health conditions at the Counselling Psychology Conference in Manchester.

Senior Lecturer in Applied Psychology, Dr Morton discussed her book, Beyond the Medical Gaze: Practicing Psychologically Informed Healthcare, as well as the heightened risk of depression, anxiety and medically related post-traumatic stress faced by people living with chronic conditions. She said: “Chronic health conditions affect around one in three people globally, yet healthcare systems remain largely focused on physical survival and symptom management. Living with a long-term health condition isn’t just about managing symptoms. It can change how safe you feel in your own body, in relationships, and in healthcare itself. Current healthcare policy and practice poorly address psychological and emotional wellbeing for patients or practitioners. Many of the difficulties we see, anxiety, avoidance, or disengagement from care, are adaptive responses to environments that feel unsafe or overwhelming.”

Dr Morton's work is shaped by her own experience of growing up with a serious heart condition, undergoing multiple surgeries from infancy. Earlier this year, Dr Morton presented her work at the British Cardiovascular Society Annual Conference and at the 35th International Symposium on Adult Congenital Heart Disease in Ohio.

Read more



GCU researchers lead the way at UK Stroke Forum's 20th Anniversary Conference



Researchers from Glasgow Caledonian University were recognised for their significant contribution to the UK Stroke Forum (UKSF), the UK's largest multidisciplinary stroke conference, which celebrated its 20th anniversary in Aberdeen this year.

Our colleagues helped shape the scientific programme through their leadership roles in national professional bodies, with Professor Lisa Kidd, Dr Lesley Scobbie and Professor Frederike van Wijck representing key stroke and rehabilitation organisations.

Professor Frederike van Wijck received the prestigious Princess Margaret Memorial Award Lecture in recognition of her contribution to stroke recovery research, policy and practice. PhD researcher Brittany Farthing (née Wells) was also honoured with the UKSF 2025 award for the most prolific poster and abstract presenter.

The group delivered three symposia, a fringe session, a panel discussion and five poster presentations, highlighting research on stroke rehabilitation, communication, return to work, and patient involvement in research.

A conference highlight was the first-ever survivor-led Lived Experience Panel, pioneered by Professor Lisa Kidd, which placed stroke survivors at the centre of discussions about improving stroke care and collaboration.

Professor van Wijck said: "It was wonderful to see SYNERGY's continuing, rich contribution to the UKSF, showcasing excellent work from members at all stages of their careers. Collectively, we place the lived experience of people affected by stroke at the centre of our research, and it is wonderful to see this work being recognised at this important forum."

Dr Lesley Scobbie added: "GCU stroke rehabilitation researchers continue to shape the UKSF programme and deliver presentations that push the research agenda forward and inspire evidence-informed clinical practice across the multidisciplinary team."

The conference also recognised the contribution of Professor Kidd, former UKSF Chair, and presented the Chukwudi Ogbueche UKSF First Time Presenter Award in memory of the late PhD researcher.



Glasgow Caledonian welcomes more than 800 people for 150th Anniversary Weekend

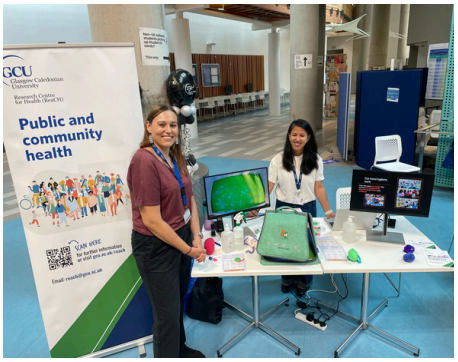
More than 800 people joined Glasgow Caledonian University's 150th Anniversary Weekend as the University opened its doors for three days of celebrations bringing together alumni, staff, students, friends, partners and members of the public.

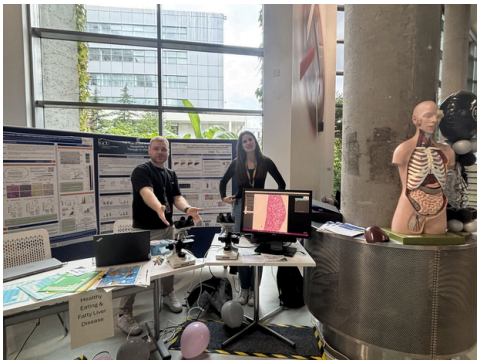
The weekend, held from Friday 28 to Sunday 30 August, celebrated Glasgow Caledonian's distinctive history, the people who have shaped the University and its continuing contribution to Glasgow and beyond. It marked 150 years since the founding of the Glasgow School of Cookery in 1875 – the institution from which Glasgow Caledonian traces its history.

The festival also provided an opportunity to showcase the work of students and academics, including displays from the University's three academic schools. The Research Centre for Health in the School of Health and Life Sciences showcased our research with information stalls on pelvic health research, handwashing and infection prevention and falls management exercise.

Read more









PhD student Beth Meadows explores alcohol-free nightlife in Fringe show

PhD student Beth Meadows explored research into alcohol-free nightlife with show 'No Booze, No Boogie?' in The Provocateurs Fringe shows in August. Beth said: "My work for the past three and a half years has focused on alcohol-free nightlife and why do we need a drink to have fun? I'm taking that question to the Edinburgh Fringe so please get a ticket if you're interested in the topic, want to see what my answer to that question is and have a bit of a debate."

Fundraisers



A team of PhD students from the University's Doctoral Training Centre (DTC) for MS Symptom Management have presented a cheque for £1,384 to the MS Society.

Hannah Milne and Rebecca Matthew presented the cheque to Emma Jones from MS Society Scotland on our Glasgow campus.

The group, made up of eight doctoral researchers whose work focuses on exercise and physical activity for people moderately to severely affected by multiple sclerosis (MS), each committed to walking, running or wheeling 50 kilometres to complete the charity's annual May 50K challenge to raise the funds.

The DTC is part-funded by the MS Society and brings together researchers dedicated to improving the lives of people living with MS through innovative research into symptom management and physical activity interventions.

Read more

Glasgow Caledonian helping Commonwealth Games teams achieve peak performance
Glasgow Caledonian University helped teams competing at this summer's Glasgow 2026 Commonwealth Games achieve peak performance through specialist support from its Postgraduate Trainee Sport & Exercise Psychologists.

Department of Allied Health Professions supports Commonwealth athletes
Staff and students from our Department of Allied Health Professions played an important role in supporting athletes at the Glasgow 2026 Commonwealth Games, showcasing their expertise and commitment to elite sport.

GCU psychologists support competitors at British Transplant Games
Athletes participating in this year's British Transplant Games got a helping hand from staff and students from GCU's Department of Psychology for the fourth year running.

GCU welcomes Chief Scientific Officer to discuss future of healthcare science
The University has welcomed Chief Scientific Officer for Scotland, Professor Catherine Ross, to discuss how GCU can help shape the future of healthcare science.



GET INVOLVED AND DATES FOR THE DIARY



The ReaCH seminar series continues in November with Cells, Communities and Co-Production: An Early-Career Researcher Showcase on Wednesday 4th November, 12noon-1pm in room W219, Annie Lennox Building.

- Ebube Nwarunma - Reprogramming Immune Cells to Fight Leukaemia Using Lipid Nanoparticles
- Rosie Fraser - Mortality among individuals prescribed long-acting injectable buprenorphine (LAIB) in
- Rebecca Johnson - Invited, Involved… or Influential? Rethinking Adolescent Involvement in Research

We encourage colleagues from all ReaCH themes to attend. The seminar provides an excellent opportunity to explore new collaborations across disciplines and to identify opportunities for interdisciplinary research that aligns with ReaCH's strategic vision.

Future dates for the diary
- Wednesday 13th January
- Wednesday 10th March
- Wednesday 12th May

Recordings of previous ReaCH seminars are available on our **SharePoint site**.



The GCU Research Exchange Seminar Series continues in November with Building Impactful Digital Health Research: Smart Wireless EEG in Practice on Thursday 12th November, 1pm-2pm in room W010A, Annie Lennox Building.

Professor Hadi Larijani will explore how interdisciplinary research is advancing smart wireless EEG, AI-enabled seizure forecasting and patient-centred digital healthcare.Registration and further details are on the research culture **SharePoint site**.



ReaCH images with impact competition

The Research Centre for Health (ReaCH) is running an images with impact competition and we are inviting you to submit photographs or images of your research.

There will be a prize for the winning entries and they will then be printed, framed and displayed along the corridor in ReaCH. The categories are listed below:

- Health Research in Action
- The Hidden World of Health
- Improving Health and Wellbeing
- Partnerships and Collaboration
- Health in Our Communities

There will be awards for the following:

- Overall Winner
- People's Choice Award
- Best Scientific Image
- Best Artistic Image
- Early Career Researcher/Student Award
- Judges' Commendation

To enter, please submit your entry to **reach@gcu.ac.uk** by Monday 30th November.



READ, WATCH AND LISTEN



Professor Sebastien Chastin features in new EU research podcast series

Professor Sebastien Chastin features in a new EU podcast series celebrating research collaborations.

Glasgow Caledonian's Professor of Health Behaviour Dynamics was interviewed for a special series marking 30 years of the Marie Skłodowska-Curie Actions (MSCA), the European Union's flagship funding programme for doctoral education and postdoctoral training. We Are Fellowship reflects on the past three decades and how collective experience can help shape the future of research, across six episodes released over the coming weeks. Seb, who is the co-ordinator of two current MSCA Doctoral networks, features in the first episode of the series. Seb also features in episode two, entitled How Can Mentorship Strengthen the Collective?, which was released today.

Read more

Drinking to Belong?

Professor Carol Emslie was recently invited to present her work on women, identity and the alcohol industry at a webinar for the international **Women's Health Research Cluster** in September. This network has over 1200 members across four countries and strives to create a future where women and girls can live equitably healthy lives across their lifespan. The recording is available on YouTube, **watch here**.

Phsiobib Podcast

Professor Suzanne Hagen recently joined the Physiobib Podcast to discuss pelvic organ proplapse. **Listen here**

Scottish Drugs Forum Podcast

Professor Andrew McAuley recently joined the Scottish Drugs Forum podcast.
Listen here

SHIP Blog

Catch-up on the latest blogs from the Safeguarding Health through Infection Prevention (SHIP) research group including:

- World Cup Fever: Could the Next Global Fungal Threat Travel Home with Football Fans?
- Mouth Matters: Oral Care as an Infection Prevention Priority

NESSIE Blog

Read the latest blogs from the NIHR Synthesis Scotland Initiative (NESSIE) including:

- Non-cancer health conditions in firefighters: a scoping review
- NESSIE celebrates three years of evidence syntheses!
- NESSIE at the JBI European Symposium



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