GCUALUMNI

The magazine for graduates and friends of Glasgow Caledonian University

Oscar Marzaroli Collection

Over 50,000 negatives donated to GCU - Pages 30-31

Sir Alex Ferguson Library

Sir Alex - my story in objects - Pages 4-5



University for the Common Good

Welcome



t is with great pleasure that I welcome you to the 2020 issue of GCU's Alumni and Friends magazine. GCU has had an

exciting year. We renamed our library the Sir Alex Ferguson Library in honour of

the financial support Sir Alex has given to our students. Sir Alex returned to the campus in October to officially open the newly named library and also spent some time meeting with his beneficiaries. We also launched a £200,000 campaign to preserve, catalogue and digitise the Oscar Marzaroli Collection following the generous donation of Marzaroli's complete works of over 50,000 negatives many of which have never been developed as well as books and cameras to the GCU Archive Centre.

In this year's issue, you can read more about these initiatives, as well as an exclusive interview with one of Scotland's best-known entrepreneurs and GCU honorary graduate, Sir Tom Hunter.

We share some highlights from the past year from our Chancellor, Dr Annie Lennox OBE as well as GCU highlights which include being named 2019's Social Mobility Champion of the Year. You will also read about the successes that led five of our alumni to become Alumnus of the Year recipients in 2019.

Our alumni and friends are an important part of our GCU community. We are extremely grateful to those who share their time and expertise, helping to inspire our students, be it through guest lectures, placements or internships.

And of course, we are also here to help you. We offer a variety of benefits on further study and venue hire, as well as corporate support for your business via opportunities such as CPD and Knowledge Transfer Partnerships.

We hope you enjoy taking a look back at your University's highlights and we look forward to welcoming you back on campus soon.

Jillian Watt

Director, Glasgow Caledonian University Foundation, Alumni Engagement and Events alumni@gcu.ac.uk



A stunning portrait of GCU Chancellor, Dr Annie Lennox OBE, commissioned by the University and painted by Scottish artist Gerard Burns, is now on display on campus within the Lantern room.

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SIR ALEX FERGUSON

Library is renamed in honour of Sir Alex Ferguson

Sir Alex Ferguson: my story in objects

Sir Alex Ferguson donates personal memorabilia as GCU renames its library as the Sir Alex Ferguson Library.

he renaming is an opportunity for the University to thank Sir Alex, and recognise his special relationship with GCU and the city of Glasgow. Sir Alex has been a longstanding supporter of the University's students in his capacity as an honorary graduate, but most notably in his role as Founding Donor of the GCU Foundation, our charitable foundation, to which he has generously donated £700k to date. Sir Alex takes an active interest in the progress of all

manager has granted the University's display within the renamed library.

his beneficiaries.

The display, which is named Sir Alex - my story in objects, represents key decades of his life to date and includes a worn football shirt, an early coaching trophy, as well as early childhood photographs, a Queens Park team photo from the 1958/59 season, Sir Alex's A-licence coaching certificate from 1979 and a diary from 1993 – the season he won his first Premier League title with Manchester United.

These and other items are now on display in the library.

renaming event and heard first-hand how his support has changed their lives.

've had a brilliant relationship with **GCU** over many years now

library after me. The University was keen to give an insight into the person about their experiences. I see great ambition and potential in many of our young people

Professor Pamela Gillies CBE FRSE said



Sir Alex with GCU Principal Professor Pamela Gillies and GCU students he has supported

To find out more about the GCU Archive Centre please visit gcu.ac.uk/archives

Principal and Vice-Chancellor

Caledonian University. It is also in recognition of the fact that Sir Alex is a local hero who has achieved

appropriate building to rename. It key goals to equip students with the skills and knowledge they need to achieve academically, to maximise their employability and to contribute to our mission, for the Common Good.

"This aligns very closely to Sir Alex's motivation for supporting our students, providing young people with precious opportunities that will encourage them



Chancellor's highlights

Chancellor Lennox has been doing GCU proud around the world and here we share just some of her highlights from the past year.

n her first year as our Chancellor, Dr Annie Lennox OBE continued to champion the University, celebrating graduations with students and returning to Glasgow for a series of events including her first musical performance in Scotland in a decade.

We celebrated the Royal Academician, singer-songwriter, activist and philanthropist with a stunning portrait, commissioned by the University and painted by Gerard Burns. The oil, which also features the University's motto, For the Common Weal in gold lettering in Latin, Gaelic and Scots, is the most recent in a suite of portraits of our chancellors and was unveiled by the artist to a group of staff, students and guests.

Seeing her portrait for the first time, Chancellor Lennox said: "I'm honoured to be included in the tradition of having my portrait painted. Gerard Burns has done a stalwart job."

A clarion voice for global feminism, Chancellor Lennox was one of 16 inspirational speakers at the TEDxGlasgow event exploring the theme "Connection". In a break with TED Talk tradition, Dr Lennox chose to be interviewed about her groundbreaking work in global feminism by the curator and founder of TEDx Glasgow, Gurjit Singh Lalli. Dr Lennox urged men and women to identify as

global feminists and help address worldwide inequalities.

She told the audience: "I want to change understanding about feminism, so people start using the terminology 'global feminist' and take ownership of

And to mark International Women's Day, Dr Lennox recorded an inspirational video message for the University and joined CAMFED - the Campaign for Female Education -Executive Director in Africa, Angeline Murimirwa, CAMFED Patron Julia Gillard, and The Duchess of Sussex on The Queen's Commonwealth Trust panel to discuss topics embracing the importance of men's and boys' support in the drive to establish gender equality, the role social media can play in the movement, and education. The panel aimed to illuminate gender inequality and highlighted the importance of amplifying the voices of those furthest from power, creating an environment where all young people have the tools and recognition they need to succeed.

In September, Dr Lennox spoke of her pride in her role as Chancellor during an evening of conversation and music in Glasgow - her first public performance in Scotland in more than a decade.

The sold-out event was a rare opportunity to see the Chancellor perform iconic classics from her hugely creative and successful musical career that spans more than 30 years as a solo artist, as one half of duo Eurythmics and as singer with The Tourists, and to hear fascinating stories drawn from her personal and professional life. The event was held to raise funds for Dr Lennox's organisation The Circle, which is working to create equality for women and girls in a fairer world and supports some of the most disempowered among them to challenge injustice.

And the Chancellor was honoured with two international awards - winning Stylist magazine's Icon of the Year award at the publication's Remarkable Women Awards, and being celebrated by CAMFED at its inaugural "Education Changes Everything" Gala in New York. The international non-profit

organisation celebrated Dr Lennox's "tireless advocacy and exceptional efforts in ensuring that every girl and woman are given the means to unlock their potential".

Highlights of the year



Professor Valerie Webster, Alison Thewliss MP and Jackie Main

GCU named as UK leader in social mobility

Professor Pamela Gillies CBE FRSE, Principal and Vice-Chancellor of GCU, has been named 2019's Social Mobility Champion of the Year at the UK Social Mobility Awards ceremony in London.

Professor Gillies said: "I am delighted and honoured that GCU's innovative and enduring commitment to social mobility has been recognised by UK Social Mobility Awards 2019. Our Common Good mission is at the heart of everything we do and exemplifies how a university can be a force for social change around the world. I am extremely proud of this endorsement of the ground-breaking achievements of our University community."

GCU named Scotland's most sustainable university

GCU has been rated first in Scotland in the People & Planet University League 2019 for its environmental and ethical

performance. The University is the only institution in Scotland to be rated 'first class'. It climbed 18 places from last year's rankings to be placed 23rd out of 154 universities in the UK.

GCU hosts launch of guarantee to care-experienced applicants

GCU joined Scotland's 17 other higher education institutions in guaranteeing



Professor Pamela Gillies, First Minister Nicola Sturgeon, and GCU students with care experience, Marc Treanor (left) and Oliver Costigan (right).

Professor Pamela Gillies, Chancellor Lennox and Student President, Eilidh Fulton.

Erase the Grey

There are no grey areas when it comes to gender-based violence.

GCU's students and staff worked together in consultation with a range of external agencies to create this highlycommended campaign, entitled #GCUerasethegrey.

The messaging was displayed around the University's Glasgow campus and was supported by a social media campaign which encouraged people to change attitudes and behaviours by raising awareness of the issue.

The intention was for the campaign to speak to the whole GCU community; to act as a call to action and raise awareness and challenge prevailing myths. The messages reflect GCU's definition of gender-based violence (GBV) and covers a wide range of issues.

care-experienced applicants who meet minimum entry requirements an offer of an undergraduate place at university. The sector-wide move is aimed at driving a significant increase in the number of care-experienced people going to university.

This was formally announced at an event at GCU with support from the Rt Hon First Minister of Scotland, Nicola Sturgeon MSP.

Exclusive interview with Sir Tom Hunter

Sir Tom added to his accolades with an Honorary Doctor of Business Administration in our summer graduations. Here, we find out more about Sir Tom and how he became one of Scotland's most successful entrepreneurs and a serial philanthropist.

What did you want to be when you were growing up?

I don't think anyone growing up ever really knows what they want to be; we all have the aspirations to be the footballer or actor but then reality, for most, sweeps in! I kind of always knew I wanted to be my own boss because from an early age I worked in my dad's greengrocers and was always coming up with new ways to make money.

What/who inspired you?

Without doubt my father - he instilled two critical things in me: work hard and give back. He always said the people in the community put food on our table by using the shop and we always had to give back on that basis. Years later, and that transformed into Marion's and my philanthropy. Then my second inspiration arrived, one Vartan Gregorian – look him up!



Tell us about your journey from starting your first business to West Coast Capital?

It was all underpinned by very hard work, focus, a great deal of luck, eighteen hour days, sleeping in the back of a van and then my first shop in Paisley. It was hard grind - building the shops, acquiring a rival twice our size and then getting a call one-day walking along the beach to ask if I'd sell. By then we were the biggest independent sports retailer in Europe but something told me the time was right so we sold up for £290m. We then took a few years to work out what was next and figured we still wanted to make money - hence our private equity partnership, West Coast Capital but all the profits would go towards our philanthropy, The Hunter Foundation.

What has driven you to be so successful?

Firstly success is a relative thing - we have learnt from a lot of failures and everyone should. Originally I loved cars and my initial goal was a red Porsche 911. Thereafter I suppose I just loved, and still do, building companies.

What advice would you give to somebody starting their own business?

Fail fast and fail cheaply is the first law of mine. Does the customer want your product? Sounds daft but you have no idea how many startups rarely go near the customer until it's far too late.

What is the highlight of your career so far?

There are too many to mention but the amazing people I have met along the way has been phenomenal but I'm not just talking about the Yunuses, Obamas and Clintons. Some of the most inspirational people we've met are here in Scotland, ordinary people doing extraordinary things for their fellow mankind.

Have you encountered any failures? If so, how did you learn from this?

Bar losing a tonne of money in the financial crash - we were unfocussed and had too many irons in the fire - my grand adventure into go-karting. I love motor sport and Sir Jackie Stewart is an icon of mine. I let my heart rule my head and opened up a Karting Centre with Sir Jackie cutting the ribbon - it was an absolute failure. Did I ask the customers first?

Best advice you've ever received?

Don't let your heart rule your head, or fail fast and fail quickly.

What/who inspires you now?

Many people do, too many to mention but people like Sir David

Attenborough and Greta Thunberg are examples championing a cause that really is planet Earth's biggest challenge.

Tell us about the Hunter Foundation?

We are a venture philanthropy trying to change the world in microcosm here in Scotland by investing in a virtuous circle of education, entrepreneurship and poverty reduction all underpinned by leadership development.

Support from the GCU Foundation enables many of our students to go out and work in developing countries. Why is being a global citizen and giving back so important to you?

Because if we don't, we imperil the future of our young people. We have created various ticking time bombs for them. It's up to us to do our best to diffuse them and fast.



What do you enjoy doing in your spare time (if there is any!)?

Time with my wife and grown up kids is special as the kids have flown the nest. It's a rare but wonderful time. That aside, reading and skiing.

What is next for Sir Tom? / Is there anything you would still like to achieve in your career?

Hair growth.

What do you want your legacy to be?

That Marion and I didn't die the richest people in the graveyard!

The Hunter Foundation generously tops up funds raised by charities via the Kiltwalk Appeal by an incredible 40%. In 2019 GCU raised £9,000 – thank you! What would your message be to the GCU community to encourage them to get involved in the 2020 Kiltwalk and support the GCU Foundation?

Where else will someone add 40% to your fundraising? It's as simple as that and the answer is...get a bit of tartan on and walk!!

You can support the **GCU Foundation** by taking part in the 2020 Kiltwalk. Find out more by visiting our website at gcu.ac.uk/foundation/kiltwalk

Honoured by GCU

Leading figures from around the world received honorary degrees in recognition of their achievements and contributions across a range of backgrounds.



Sir Tom Hunter Entrepreneur and philanthropist Doctor of Business Administration In recognition of his outstanding contribution to supporting educational and entrepreneurial projects in Scotland and around the world, and his extraordinary commitment to charitable causes of remarkable range and scope.

Zainab Salbi

Humanitarian and Founder of Women for Women International

Doctor of Laws

In recognition of her outstanding contribution to humanitarian issues, in particular her work with women war survivors with Women for Women International.





Jo Malone CBE

Founder and Creative Director, Jo Loves Doctor of Science In recognition of her outstanding contribution to business creation in the UK and for her commitment to education.

Nozipho January-Bardill

Chairperson of the Council of Nelson Mandela University, Chairperson of UN Global Compact Local Network, South Africa

Doctor of Laws

In recognition of her outstanding contribution to the work of the United Nations on the elimination of racial discrimination, the rights of women, social justice and governance.



Donalda MacKinnon Director, BBC Scotland Doctor of Letters

In recognition of her outstanding contribution to Scottish media, her cultural contribution to Glasgow and support of GCU MATV students.

Muzoon Almellehan

Human rights activist and UNICEF Goodwill Ambassador Doctor of Laws

In recognition of her outstanding contribution to advocacy for girls' education and humanitarian issues.



Jane Milton Food industry expert Doctor of Business Administration In recognition of her outstanding contribution to the food industry and to supporting GCU students.



Gavin Mitchell Actor

Doctor of Letters In recognition of his outstanding contribution to the television and media industry, together with his

commitment to charitable causes

and support of GCU MATV students.

Fiona McKenzie Co-founder and CEO of Centrestage Doctor of Letters

Paul Morron MBE Founder member of Victim

Support & criminal justice services expert Doctor of Laws In recognition of his outstanding contribution to criminal justice and social services, and his support of the GCU Talented Athletes Programme.





Anne O'Grady Former nursery headteacher Doctor of the University In recognition of her outstanding contribution to early years education and support of the Caledonian Club initiative.

Professor James McGoldrick Shadow Chair Public Health Scotland & former Convenor of SSSC Doctor of Science In recognition of his outstanding contribution to strategic human resource development.





Christopher Raeburn British fashion designer Honorary Professorship and a Lifetime Achievement Award, GCU London In recognition of his outstanding contribution to the fashion industry.



Ken McCulloch British hotelier, founder of hotel chains Malmaison and Dakota

Doctor of Business Administration

In recognition of his outstanding commitment to the Scottish and UK hotel industry displaying a passion for design, service and product development.

In recognition of her outstanding contribution to leadership development in young people through the arts and community engagement.



Dr Ichak Adizes Management expert, CEO and Founder of The Adizes Institute Doctor of Business Administration In recognition of his outstanding contribution to management theory and practice worldwide.





Mal Young Executive producer Doctor of Letters In recognition of his outstanding contribution to British television and support of GCU MATV students.

Gordon Reid MBE British professional wheelchair tennis player Doctor of the University

In recognition of his outstanding sporting achievements at the Paralympics and Grand Slam titles and his contribution to the tennis community.





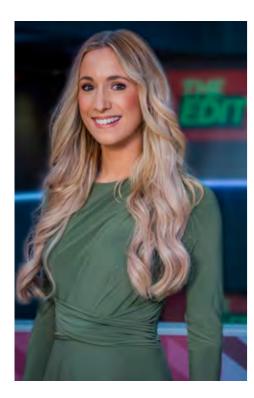
Rose Reilly Retired professional footballer

Doctor of the University

In recognition of her outstanding contribution to the sporting arena of women's football.

Making their mark

Meet the GCU and GCU London alumni recipients of the 2019 Alumnus of the Year Awards. Five incredible individuals who are making a positive impact through their careers, charitable work and contribution to the Common Good.



Amy Irons

BA (Hons) Multimedia Journalism 2013

BBC Scotland sport and entertainment presenter

Amy is a talented TV and radio presenter, reporter, and voice-over artist who has had an exceptional career trajectory in the Scottish media industry since graduation from GCU. She is currently a presenter and reporter for BBC Scotland, presenting live on The Nine, and The Edit alongside appearances on Off the Ball, Breaking the News and BBC Radio 5 Live.

Her breakfast show on Capital Radio boasted its highest ever ratings and was shortlisted for UK wide industry awards. She was praised for her presenting as well as live reporting of ground-breaking stories during her time at STV covering subjects such as the European Referendum and the refugee crisis in Calais.

"I am absolutely thrilled to be named Alumnus of the Year 2019, to be joining such a high calibre of award winners is a true honour. I can't thank the University enough for all the support they have given me both during my studies and beyond. I would never have progressed in this industry if it wasn't for the practical skills, experience and knowledge I gained while at GCU. It means so much to be recognised for my work, when in fact it was the work of the University who made my career ambitions a reality."

Mark Stevenson

MA TV Fiction Writing 2011

Television Screenwriter

Mark has written for some of the biggest soaps and continuing dramas in the UK. These include Casualty, Holby City, Doctors, The Dumping Ground, Eve and River City.

As a new graduate, he was one of eight chosen, out of over 600 applicants, for entry to the prestigious BBC Writers Room.

Mark is a now a regular writer for EastEnders, and has a number of original shows currently in development.

"It's such an honour to receive this award and I'd like to sincerely thank the University. The training, encouragement and opportunity offered to me through the MATV course, and latterly the BBC Writers Room, have been life-changing and have enabled me to pursue a career that initially seemed like a pipe dream. It's always a pleasure to come back to the University, where I'm continually impressed by the level of

creative talent about to enter the industry, under the careful watch of the MATV tutors - who have been an incredible support to me throughout my career."



Tom Walkinshaw

BA (Hons) Business Studies with Enterprise 2011

Founder/CEO, Alba Orbital

Tom established his company Alba Orbital soon after graduation, building the world's most advanced micro satellites. Its first satellite, Unicorn-1, was built for the European Space Agency.

Alba was a Shell Grand Ideas winner in 2013 and featured in CNN's 2015 top 10 start-ups to watch. It is now the largest picosat company in the world and thanks to Alba, Glasgow now produces more space satellites than anywhere else in Europe. Named in Forbes Europe 30 Under 30 Technology list, Tom was also listed by

The Herald as the 39th Coolest Person in Scotland.

"It's a huge honour to be awarded the GCU Alumnus of the Year. I would like to thank the University for the award and to my team/customers/supporters at Alba Orbital for making this happen. Alba is the world leader in spacecraft under 1kg and our historic Cluster 2 launch will put six spacecraft on orbit."

Cameroon.

activities.

Melodié Andreas

MSc International Fashion Marketing 2014, GCU London

Key Account Manager, Tommy Sports and Calvin Klein

Melodié has worked for some of the biggest fashion labels in the UK, and is currently Key Account Manager for Calvin Klein in London.

After graduation, she volunteered at Paris Fashion Week as an intern with designer Zac Posen, immediately followed by an internship with fashion house Paul Costelloe & Sons in London. Since then, she has held positions with Burberry as a Showroom Assistant, and UGG as Marketing Assistant and Account Manager. She secured her role as Account Manager for CK Jeans and Tommy Jeans a mere two years after graduation.

"I am very grateful for this award and for the University! With the help of incredible teachers and industry experts as well as a very relevant curriculum throughout, I feel my year at GCU really helped to shape me and prepare me for the ever-changing and dynamic fashion industry."



Nicole Fouda Mbarga

MSc Public Health 2015, GCU London

Assistant Medical Coordinator, Médecins Sans Frontières Suisse,

Founder of Women in Global Health Cameroon (WGH Cameroon)

Nicole is a medical Doctor, currently juggling her research work and volunteering activities with her role as Assistant Medical Coordinator with Doctors Without Borders in Cameroon. She supports staff health, disease surveillance as well as other health

Nicole is an alumnus of the Young African Leadership Initiative since 2017. In 2019, after a thorough application procedure, she joined the Afyabora Fellowship in Global Health Leadership. "Like a cornerstone, GCU London forged my career, ambitions and aspirations. I am thrilled and immensely privileged to receive this award in recognition of my struggle and its impact."



A Scottish heart beating under an Italian jersey

GCU honorary graduate, Dr Rose Reilly MBE the Scottish footballer who won the World Cup as Italy captain

Rose started playing football as a child for the local boys' team and was once scouted by Celtic before they found out she was a girl. She played for Stewarton Thistle Ladies and was part of the team that won the inaugural Scottish Cup in 1971. At this time, she was also an accomplished athlete and turned down a Commonwealth Games place in pentathlon to concentrate on football. She moved to Westhorn Utd where she won the Scottish Cup, League Cup and League Championship.

At 18, she signed for French team Stade de Rheims and was scouted by AC Milan six months later. During her spell at AC Milan she won eight Serie A league titles, four Italian Cups, and the Golden Boot in 1983. At one point she was asked to play for her former team in Rheims and ended up playing in Italy on a Saturday, then France on a Sunday night. That year she won the French league and the Italian league.

Despite having played ten times for her native Scotland and playing in their first official game against England in 1972, Rose was selected for the Italian women's national team even though she had no formal links to Italy prior to her move to AC Milan and was voted the best player in the Italian team which won the women's world cup in 1984.

Rose retired at 40 to run a sports shop in Sicily although continued to play in her local team. She is now an advocate for more investment in women's football and more encouragement to get girls interested in playing.

Rose has been described as Scotland's greatest ever female



Rose and Edna Neillis celebrating Scotland win.

footballer. She is still the only Scottish footballer ever to win the World Cup. In 1984 she was voted the world's best female footballer. In March 2007, she was inducted into the Scottish Sports Hall of Fame, with a place in the Scottish Football Hall of Fame following in November of that year.

Rose picked up a special PFA Scotland Merit Award in 2011, becoming the first female recipient. A portrait of Rose Reilly took centre stage at a new Scottish Football Museum exhibition celebrating 130 years of women's football in Scotland in July 2012. Rose overcame the odds to succeed in a career that didn't exist at the time in Scotland. Scotland's national team recently made history by qualifying for the 2019 World Cup which would make awarding an honorary degree extremely timely. Rose made a huge contribution to the sport and to inspiring girls and women to play. Rose is a very positive role model for girls and women, not just in the

On receiving her Honorary Degree,

field of football and sport, but across all walks of life, particularly those who have experienced discrimination and prejudice, and strongly aligns with GCU's values of equality and diversity. Rose said: "Being recognised by the University is a massive honour for me. Most of my awards have been in Italy as that is where my career was based so it is wonderful to be recognised in Scotland too, and my GCU honorary award is certainly up there with my



induction into the Scottish Sports Hall of Fame and also the Scottish Football Hall of Fame. I've had to overcome many hurdles in my career and my advice to anyone, particularly women and girls, facing barriers in any area of life is not just simply to jump over them or get around them, but to smash them down if you can."



Pioneering research at GCU

GCU's research strategy is underpinned by the Sustainable Development Goals, issued by United Nations in 2015 and developed in order to 'end poverty, ensure prosperity for all and protect the planet'.

Finance Secretary gives ringing endorsement of University research strategy

"I readily welcome the fact that Glasgow Caledonian has adopted the United Nations' Sustainable Development Goals," said Derek Mackay MSP, Cabinet Secretary for Finance, Economy and Fair Work, as he outlined their importance at the

University's annual research celebration. "GCU is actually a pioneer in using them," Mr Mackay continued. "The Sustainable Development Goals are central to the University's mission and I'm so supportive of GCU in taking them forward. Adopting them here is so powerful.

"The Scottish Government has the Sustainable Development Goals

underpinning our National Performance Framework. It's what we're trying to achieve as a country and as a government and that's why it's so encouraging that a university is a pioneer, using the Goals and then contributing to them so it can make that difference here in Scotland and around the world."



Professor Pamela Gillies, Derek Mackay MSP and Professor Cam Donaldson



Dr Mary Robinson and Dr Kerry Kennedy

GCU hosts first World Forum on **Climate Justice**

The first World Forum on Climate Justice, held at GCU, heard two leading international figures call for a stronger connection between human rights and environmental activism.

Human Rights activist Dr Kerry Kennedy and former President of Ireland Dr Mary Robinson called for urgent action to tackle the climate crisis and address the impact it is already having on the world's most vulnerable communities.

Scotland's First Minister, Nicola Sturgeon MSP, described the Centre for Climate Justice at GCU as worldleading and praised it for "putting front and centre the issue of justice and how we tackle climate change, and it is doing it from here in Glasgow. I think that is hugely important for the whole country, not just the University, so I want to pay tribute to everybody who works in and for the Centre and has put this conference together because they are

performing an important role for the entirety of the planet."

University's pioneering HIV research features in national campaign

Research which could help Scotland become the first country to beat HIV is being highlighted in a new campaign to promote the public impact of health research at universities across the UK. Professor Claudia Estcourt is leading work on HIV prevention with the new anti-HIV drug, PrEP, which has been proven to radically reduce the chance of infection in high risk groups. Her research is now being recognised for making a life-changing difference to public health in 'The Nation's Lifesavers' campaign by Universities UK. People across Scotland at high risk of

acquiring HIV are now able to access the Pre Exposure Prophylaxis (PrEP) drug, which is a pill taken before sex to prevent HIV transmission. Professor Estcourt's team at GCU showed almost

GCU is the top modern university in Scotland for research power. To find out more about research at GCU and how you can get involved, contact alumni@gcu.ac.uk

1900 people prescribed PrEP in one of the world's first national PrEP programmes had dramatically reduced their chances of catching HIV. Her follow-up research is now seeking to make sure everyone across Scotland who could benefit has access to the drug.



Giving back to GCU

We are so grateful that so many of our wonderful GCU graduates donate their time to the University every year, making a positive difference to our students. The expertise, care and love they give back to GCU is invaluable. Here we meet some of those individuals who tell us why this is important to them:

Dr Brian Williamson

Student Mentor

Brian is an award-winning entrepreneur and investor who has created and managed a large number of successful businesses since his graduation from GCU with an HND in Engineering Management in 1976. He returned to GCU in 2017 to be awarded an Honorary Doctor of Business Administration in recognition of his outstanding support to start-up ventures and entrepreneurship together with his generous support for GCU's Caledonian Club and studentmentoring programmes.

He tells us more about why he became a mentor to a GCU student:

"GCU were advertising for alumni to get involved in the mentoring programme. The principle was to use their experience to benefit the student. I volunteered to mentor someone who was either a part time entrepreneur or keen to be one.

"I thought that I could put an old head on young shoulders by giving a student the benefit of what I had learned in life. I have had various people help me throughout my business and personal life and it has been so beneficial.

"The experience was great. I think I got lucky because I had an amazing person to mentor. He was a great guy, appreciative of my time and very hard working. He was an entrepreneur who employed people, got his staff set up in the morning, then went off to be a student for the day. He went back to his business at the end of the day to cash up and let everyone home. Then in the evening he sat down to study for the next day. His work ethic was beyond reproach.

"I never had a mentor as a student which was, in hindsight, something I would have loved. I say in hindsight because I was too young to understand and appreciate the wealth of experience others had. It is only when I started to get involved in business did I realise the benefit of asking a person that had trod the path on which I was planning to go."



Sheetal Revis Guest Lecturer

Sheetal graduated from GCU with a BA (Hons) Tourism and International Travel Management in 2008, and has a demanding international role with Hilton Hotels as Regional Sales Learning Manager - UK & Europe. She has returned to GCU many times since graduation, generously giving her time, becoming a Trustee of the Student's Association in 2013, and most recently, bringing her exciting new venture,



June Kelly Children's Literacy Mentor

June, a midwifery graduate, wanted to give something back to GCU after she retired. She first volunteered her time as a Literacy Mentor through the University's award-winning outreach initiative, the Caledonian Club, three years ago, and has returned every year since. She has now worked across three partner primary schools. With the knowledge that links between deprivation and lower literacy levels are evident, the Literacy Programme works with partner primary schools and mentors such as June to help improve literacy levels amongst primary school children. June tells us what it means to her:

"Reading is something I'm really passionate about, and through my work, I came across people who struggled to read, or even just had difficulty filling in a form, and it made me realise just how important it is to be able to have basic reading skills. At first I found the sessions with small children to be quite overwhelming, but soon I realized just how invaluable those one to one sessions with the children were. Watching their confidence grow and seeing how quickly they developed was remarkable. Just having a laugh reading a book with a child was so special to be part of.

"It is so wonderful when you return for another session, and the children smile in recognition when they see you, and are excited to read with you. It makes you feel pretty special to know you are making a positive difference to them, and to have earned their trust is so rewarding. One little primary two boy I worked with had a lot of baggage from home, and to see his face light up when he saw me was wonderful. Another The Pakora Explorer back to campus to serve her mouthwatering Indian street food to hungry students! Sheetal also guest lectures to GCU students whenever her hectic schedule allows.

She tells us more: "I still have a great relationship with my lecturers and as they gave so much to me when I was at GCU, I wanted to make sure I gave back to



them if asked. I used to look at the other guest speakers that came in and was so inspired by what they had to say that I wanted to have the same impact on other students in the future.

"On one occasion I gave a virtual lecture to 4th year students to help them prepare for what would come after graduation, explaining the realities of the working world! The number of students that got in touch with me afterwards was fantastic, so it's nice to think I made an impact. It felt really rewarding and I've since coached a few students with CVs and interview techniques.

"It was a great buzz, but also helped me to develop my presentation skills further as it's all about knowing your audience. I feel grateful that other professionals and peers see me as someone who is knowledgeable in my field and trust me to share that knowledge with students."

little girl spoke English as her second language and during the eight weeks I spent with her, her ability to converse and read in English improved remarkably.





A whole lotta history

GCU's roots date back to 1875, with the opening of founding college The Glasgow School of Cookery, which together with the West End School of Cookery subsequently became the Glasgow and West of Scotland College of Domestic Science, affectionately known as the Dough School.

The Dough School became the Queens College in 1975, and together with Glasgow Polytechnic (formerly Glasgow College of Technology, established in 1971), they merged to become GCU in 1993. GCU remained on the Glasgow College of Technology site on Cowcaddens Road, originally the old Buchanan Street passenger and goods railway station.



Many Dough School graduates still keep in touch and join us every year for afternoon tea on campus. One such graduate who joined us 2019 was Diana Morris (formerly Martin) who studied Home Economics from 1945-1949, graduating exactly 70 years ago!

We are thrilled that so many graduates of GCU and our founding institutions stay in touch with each other and us here at the University, and gather to celebrate significant class reunions all over the world. Did you know we can also help you facilitate this? Our exclusive engagement platform, gcuconnect.org lets you trace and contact former classmates,

Upcoming Reunions

BSc Podiatry class of 1995

Do you recognise any of the faces in the picture to the right?! 2020 marks the 25-year anniversary of graduation and some classmates are keen to host a reunion. Please contact the Alumni Engagement Team if you would like to find out more.

BA Commerce class of 1984

September 2020 marks the 40th anniversary of student enrolment on the course, and former classmates Graeme Bass, David Griffiths and Jim Watt recently got together to discuss a class reunion. Their then and now pictures are



and the Alumni Engagement team are always delighted to help you make contact where possible. We can also help you find a reunion venue, contact former lecturers, and even take you on a trip down memory lane, revisiting the GCU campus for a tour.

The stunning campus, as it is now has changed exponentially, with beautiful green spaces and bohemian cafes throughout, but it stays true to its history and you will enjoy revisiting some of your old lecture rooms and even the student union!

Contact us to find out more: 0141 331 8769/alumni@gcu.ac. uk or visit our website: gcu.ac.uk/alumni/keepintouch/ tracingclassmates



#ThrowbackThursday

We have had enormous fun posting old images on our social media pages for #ThrowbackThursday and it was fascinating to delve into the GCU Archives to discover old copies of The Caledonian magazine from the last few decades. Follow us on Facebook or Twitter to view these images or add your own memories.

www.facebook.com/gcualumni www.twitter.com/gcu_alumni

All you need is love.... ...and a good cuppa

GCU graduate and successful entrepreneur Paul Reynolds tells us how he changed his life and built his empire. Paul is now Chief Executive of TDQ Group, with a string of thriving hospitality and leisure businesses all over Glasgow, including Cup Tea Rooms, Gin71, Gin Spa, Ambr Teas and Stack and Still pancake restaurants.

In 1991, I was involved in a serious road traffic accident. That was a moment that changed my life. I was driving members of my team home from work and my car was hit by a drunk driver. I had bad facial injuries, I couldn't work and it took me months to recover. With a lot of time to think and the support of my family I decided to change my life and do three things: go to college, work in America at a summer camp, and grow my career in hospitality."

Paul went on to do just that. He credits doing five summers as a Camp Director in a Special Needs camp in Pennsylvania and New Jersey as being life-changing. In fact, the people he worked for and with at the camp remain close friends of his 28 years later.

Growing up as the youngest of seven children, Paul's dad died when he was three and despite the daily struggles of life, he credits his mum as one of the strongest, most inspirational people he has ever met. "She always taught me to be independent and make strong and ethical decisions. And I've tried to live by that throughout my career."

Ever the entrepreneur, his first job, age 14, was going round doors selling potatoes, soon after followed by a paper round, and a job behind the bar in the local pub. This experience shaped his decision to study Hospitality Management at GCU.

Coming to GCU as a mature student, he was the first in his family to go to university, juggling 20 hours a week working in historic restaurant Rogano alongside his studies to make ends meet. After graduation, he moved into working in hotels, working for great companies such as Forte Hotels, Intercontinental Hotels and lastly Marriott in sales and marketing leadership roles. His skill set and ambition was very much built from working with incredible leaders in the hotel field as well as working for world

I surround myself with people who are better than me.

leading hotel companies. Much of his career was based in London, the centre of hospitality in the UK. Paul was commuting every week and did this for eight years coming home at the weekend to his now husband Graeme and old dog Honey. This year marks Paul and Graeme being a couple for 25 years.

He moved then to the Saltire Foundation which promotes entrepreneurship in Scotland. With their year long Fellowship, with funding from the Scottish Enterprise, he moved to Boston to study at Babson College, the No 1 School of entrepreneurship in the world. He made a huge career sacrifice to do this, left his comfort zone, and had to survive without an income, but credits this experience as giving him a toolkit of financial knowledge he would never have had otherwise which was invaluable to him. "Fourteen of us embarked on this journey together. We lived together, studied this really intensive course together, developed this entrepreneurial ecosystem, and made lifelong friendships."

After he returned to the UK, he secured a position as Global Commercial Director with one of the world's biggest office suppliers. Paul realised very quickly that this role and company was not for him.

By chance he found a café for sale on Byres Road, and put in an offer on a Thursday which was accepted on the Friday. He then had six weeks to come up with a business model with no idea what he actually intended to do at the point of purchase! Soon after, Cup Tea Rooms were born. Paul has always been cleverly pioneering in his ventures, staying ahead of market trends. Cup Tea Rooms came at a time having

afternoon tea was becoming trendy and no-one else was doing anything like it in Glasgow. Thanks to Paul's eye for detail, an exceptional product and outstanding customer service, it was an overnight success. Two years later he acquired the site on Renfield Street, and a year after that, Gin71 opened its doors, providing beautiful exclusive gin bars, again at a time gin was becoming trendy again.

A decade later, Paul's multi millionpound business empire has expanded exponentially and won numerous awards. He is now Founder and Chief Executive of TDQ Group, incorporating Cup Tea Rooms, Gin71, Gin Spa, Ambr Teas and Stack and Still pancake restaurants, with thriving branches all over Glasgow. Gin Spa again was revolutionary, the first ever gin-inspired botanical day spa, providing a rich, luxurious spa experience and range of beautiful unique gins. The enhanced and expanded spa opens its doors early in 2020. Stack and Still have reached three units in a year serving on average 10,000 customers every week in the Glasgow market. This brand has legs and will grow across the UK and internationally. Paul also believes that we should give back to the community in whatever way we can. For a number of years Paul led the Business Improvement District in Glasgow's

West End before joining the Court of GCU in 2015 as a Governor and serving four years.

Paul credits his leadership team with the absolute success of the business, saying there is no way he could deliver the success he has without their support, expertise, and hard work. Paul likes to invest in his large team of staff where possible, and puts them through NVQ programmes. Paul also runs an apprenticeship and graduate employment scheme, and is proud that his first ever apprentice 10 years ago is now a General Manager in her mid 20's! Paul feels his skill is to bring out and encourage the skills of those around him, modestly stating "I surround myself with people who are better than me."

Connect your classroom to the world

With our original hub in Glasgow, GCU is very much a global university. With our partner campuses in London, New York and Mauritius, and many other collaborations and friendships around the world, our students can enrich their study experience with opportunities to travel and study in another country.

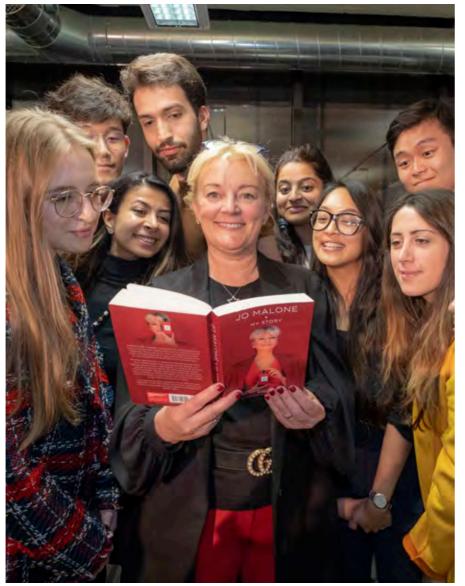
GCU London

Soon to celebrate its 10-year anniversary, GCU London continues to go from strength to strength, welcoming students from all over the globe through the doors on London's iconic Fashion Street.

Home to the British School of Fashion, and soon the British School of Leadership and Management, the campus gives postgraduate students a wealth of academic and industry experience to begin their careers after graduation.

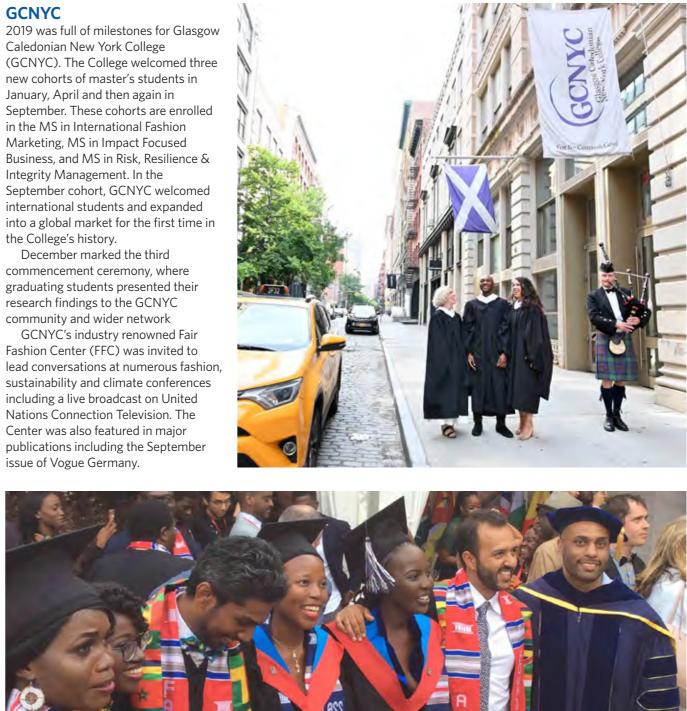
This year the campus welcomed numerous industry partners who came to offer their insights and expertise to students, including Global Entrepreneur Professor Jo Malone CBE, creator of global fragrance brands Jo Malone and Jo Loves. At an In Conversation event, hosted by University Principal and Vice-Chancellor, Professor Pamela Gillies CBE FRSE, Jo inspired a new generation of business talent.

GCU London was also thrilled to announce Professor Iain Renwick as the newly appointed President of the British School of Fashion and Honorary Professor. lain has an impressive industry background having worked for a range of private and listed media, communication and retail businesses including Storehouse Group PLC, Habitat Ltd, MTV Networks Inc. and significantly for over four years as the CEO for Liberty PLC.



Jo Malone CBE inspired a new generation of business talent.

GCNYC's industry renowned Fair



future."

African Leadership College, Mauritius

Africa's next generation of future leaders graduated in 2019 from GCU partner, the African Leadership College (ALC) in Mauritius. In June, the first cohort of students graduated since the college opened its doors in 2015, and they were closely followed by the next graduating group in December that year. The students are taught by a combination of local academic staff and those from GCU.

ALC is a pioneering venture created by the entrepreneur Fred Swaniker with the aim of transforming leadership in the world's fastest growing continent. The graduation ceremony marks the coming of age of the College, which now has hundreds of students enrolled in degree programmes accredited by GCU.

"Thank you, Glasgow Caledonian University, for holding us

up to such high standards," he said during the ceremony. "Those who change the world are those who take risks. You took a risk joining a brand new institution in the middle of the ocean because you were inspired by a radical approach to learning."

Welcoming the milestone, the GCU Principal and Vice-Chancellor, Professor Pamela Gillies CBE FRSE, said: "We are immensely proud of our founding Class of 2015. Over the past four years our students drawn from across Africa have done exceptionally well in their studies in Mauritius and they can look forward to a bright future. As the University of the Common Good, Glasgow Caledonian has a strong commitment to ethical leadership and our partnership is part of our global network delivering our mission for a sustainable

Celebrating success

Our students continue to be our finest ambassadors, achieving success and industry recognition at national and international level. Here are just some examples from 2019.

Ethical Hacking Student receives Student of the Year award

A Digital Security, Forensics and Ethical Hacking student has been named "Student of the Year" at the recent STAR Awards.

Third year student Maria Khokhar was honoured for her impressive work with STEM and for her commitment and tireless work as President of the GCU Ethical Hacking Society.

Maria is also one of the founders of the new GCU Cyber Clinic, which launched in April 2019, and is continuing to raise awareness as an official ambassador for Smart STEMs.



Maria's hard work has resulted in her delivering a key-note speech at a Smart STEMs hub event at GCU in front of 500 young people in the hope to inspire them to get involved with STEM related opportunities.

Maria was delighted to scoop the evening's top award. She said; "I'm incredibly grateful for winning student of the year and proud to be a part of a university that supports and encourages students to pursue their interests.

"Throughout my university experience I've been surrounded by lecturers and students who have inspired me to be better. I couldn't have done it without them!

"I'm really looking forward to telling students about my experience at University at a Smart STEMs hub event this June."

Craig Davidson, BSc Nursing Studied (Adult)

A GCU student nurse has been recognised among his peers and their educators at a glittering Nursing Times awards ceremony in London.

Following a record-breaking year of



award entries, the winners of the Student Nursing Times Awards were announced at Grosvenor House on Park lane

Among the winners was GCU student and Nursing Times editor, Craig Davidson, who was awarded the Student Nurse of the Year in the adult nursing category.

Judges described Craig as an "ambassador for the profession, for the practice for patients and society, and a worthy winner".

Craig said: "I was humbled to be shortlisted for the award, so to win is a huge, unexpected bonus. I am so honoured. We don't go into nursing for recognition or acclaim and all students undertaking a nursing degree are truly remarkable. We all face our own

challenges along our nursing journey.

"I experienced significant mental health problems in 2015; discovering a career in nursing has changed my life and made me a better person in every conceivable way. Nursing is what I feel like I was born to do and it is an immense privilege to be a nurse.

"I owe such a huge thank you to all the teaching staff at Glasgow Caledonian University and Glasgow Clyde College. As well as the amazing mentors, staff, families and students I've worked with. They have shaped me into who I am as a nurse, making this award as much theirs as mine. And I couldn't have done it without the support of my friends and family, especially my wonderful mum, a fellow nurse, and constant inspiration."

GCU graduate wins Scottish Degree Student of the Year





A graduate of Glasgow Caledonian University has been named Scottish Degree Student of the Year at the British Education Awards.

Andrew Gray, who achieved first-class honours in Risk Management, was recognised for his outstanding academic, fund-raising and charity work during his time with GCU.

The BEA celebrate the course-related and extracurricular achievements of students across the UK.

Andrew, who received his award at a ceremony in Manchester, took part in student mentoring for GCU and, in his final year, founded a society for risk and finance students.

He was invited to attend the Risk Management Institute of Australasia's conference in Canberra and received both the Lindsay Leadership Award and the GCU Common Good Award for his efforts on behalf of the Roy Castle Foundation.

International Business student secures licence for **TEDx event**

A GCU student secured a licence to host a TEDx event on campus – the first of its kind at the University.

Third-year International Business student Robbie Radev and a team of more than 30 student volunteers brought

TEDxGlasgowCaledonianUniversity to GCU on Saturday, October 12.

The student-led conference brought together distinguished speakers from across the University and the community to grapple with the theme 'Unfolding Good Together'

Their TED Talks was attended by 100 guests, including GCU students, staff and members of the community, and was also streamed online for a wider local and international audience.

Busy times at GCU

We organise a series of events at our campuses in Glasgow, London and New York, as well as facilitating reunions and networking events around the world. Here are some of the highlights over the past year.

The GCU Variety Show

Four phenomenally talented GCU graduates and students performed to a packed out Re:Union Bar in November, in GCU's first ever variety show!

Colin Cloud, fresh from his sold out show 'The Mirage' in Las Vegas, wowed the audience with his mind reading abilities.

Since graduating from GCU in 2007 with a BSc (Hons) in Forensic Investigation, Colin combined his knowledge of forensic science and criminal profiling, his love of performing, and his admiration for the legendary fictional detective Sherlock Holmes, to create a unique blend of mind-bending mentalist entertainment.

Professional magician and hypnotist Cameron McTavish, who graduates this year with a BA Social Sciences, already has a decade of performing under his belt. He had the audience in the palm of his hand as he performed the seemingly impossible. Cameron specialises in entertainment for both private and corporate events, as well as regularly street performing around the UK.

Host Chrissy Ross currently juggles his career on the comedy circuit with his final year at GCU studying International Events Management. His hilarious jokes and stories had the audience in fits of laughter throughout.

Marketing graduate Stephen Buchanan became the first ever Scottish comedian to win the coveted BBC New Comedy Award. He is also currently the reigning Scottish Comedian of the Year.



Stephen, Colin, Cameron and Chrissy



Global GCU Gatherings

We are so proud to have graduates of GCU in 140 countries globally. We are thrilled to keep in touch with many of you, and delighted that groups of alumni gather and meet in countries all over the world. In October we had alumni gatherings in Malaysia, Pakistan and Singapore.









GCU graduates return to inspire students

One of TV's rising stars and a businessman who has delivered some of the UK's most challenging regeneration projects both inspired more than 600 students at a guest masterclass at GCU. "Make the most of this experience because you will look

BBC Scotland presenter Amy Irons, a GCU Multimedia Journalism graduate, and Norrie Innes, founder of property consultancy ROCK DCM, talked about the challenges they have faced in their careers and passed on advice.

The annual lecture, hosted by Glasgow School for Business and Society, invites speakers from the world of sport, media, and business, to discuss their achievements.

Students from a wide range of programmes attended the lecture, which forms part of the Enterprising Behaviours for the Business Professional module.

Norrie, a former chairman of Clyde FC, told students: "You have to make the most of every opportunity. Demand more from yourself.

"Don't focus on financial gain, do something bold and courageous but make sure you evolve and stay true to who you are."

Amy, who covers sport and entertainment for the new BBC channel, said: "You are all at the same stage in life but will go through different things.

Upcoming Events

www.facebook.com/gcualumni

For further details on upcoming events, follow our Facebook and Twitter pages. New events are added regularly.



To ensure you are kept informed of local events, please update us with your current email address (most event invitations are via email) by registering your contact details at www.gcu.ac.uk/alumni/update

"Make the most of this experience because you will look back and realise it was the best time of your life."



www.twitter.com/gcu_alumni

FOUNDATION HIGHLIGHTS

Celebrated photographer Oscar Marzaroli's archive is donated to GCU

A priceless photography archive containing iconic Scottish images taken by the celebrated photographer Oscar Marzaroli has been donated by his family to Glasgow **Caledonian University.**

Is photographs documenting the lives of ordinary people in the Gorbals became synonymous with 1960's Glasgow. On the 31st anniversary of his death, a fundraising campaign to enable the entire collection of around 50,000 images to be made freely available online has been launched.

Italian-born Oscar moved to Scotland at the age of two. Through portraits and landscapes, he captured Scotland and its people at a time of great social change in the 50s, 60s and 70s. It was an exceptional time when city slums were being cleared to make way for new social housing and his images perfectly encapsulate the atmosphere surrounding those fundamental shifts in society. His work reached a wide audience in the 1980s when Scottish pop band Deacon Blue famously used his images on the sleeves of their hit records. His untimely death in 1988, at the age of 55, left a huge body of work.

"We are thrilled our father's archive has found a permanent home at Glasgow Caledonian University," says Marie Claire Marzaroli, one of Oscar's three daughters. "It was our mother's wish we find the right setting to preserve his legacy and the family are excited by the University's plans to make the photos available online." Her sister Nicola Marzaroli added "There are so many images, even we do not know what treasures our dad has left hidden in there. We hope people will get behind the fundraising campaign to

enable the work required for everyone to be able to enjoy them in the future."

Singer and songwriter, Ricky Ross, spoke of his personal connection with Oscar at a special event to celebrate the arrival of the archive at GCU and launch the fundraising campaign. He said "Oscar's work is part of Scotland's social history. I got in touch with Oscar

We are thrilled our father's archive has found a permanent home at Glasgow Caledonian Universitv

after I became fascinated with his work, and he ended up coming out with us and shooting some photographs for our first Deacon Blue album in different locations. I'd told him about the idea of Raintown and he called me one day to say there was a picture he thought suited it. It's the one with the sunshine coming through the clouds. We loved it and our music from that period has been linked to Oscar ever since."

The University Archivist, Carole McCallum, says the Marzaroli Collection is of international importance. "Oscar's photographs are instantly recognisable particularly the iconic images he took in the Gorbals before the tenements were cleared away. They've become rooted in popular culture but people don't realise Oscar worked all over Scotland and further afield both as a photographer and filmmaker.

"We are tremendously excited about putting the archive online but we need to raise around £200,000 to carry out all the work required to preserve, catalogue and digitise the various photographic mediums. An online fundraising auction of 14 Glasgow prints, all but one of which were developed by Oscar himself, has attracted international interest and helped raise £22,000 towards preserving the collection. We would also like to thank the Fine Art Society for their support. Our biggest thank you goes, of course, to Oscar's daughters - Marie Claire, Nicola and Lisa - for their generosity and openness in donating the archive to our University Archive Centre."

To find out more about the Oscar Marzaroli Collection at GCU or to make a donation to the fund please visit gcu.ac.uk/marzaroli

Ethel Hofman: pass on something special

Alumna Dr Ethel Hofman is a widely syndicated Jewish American food and travel columnist, author and culinary consultant. A recognised authority on international Jewish foods and culture, GCU awarded Ethel an Honorary Doctorate in 2011 for her outstanding services to food journalism.

Ethel has maintained strong links with GCU since graduating from our founding institution. Having supported student scholarships and awards for a number of years now, Ethel recently contacted the University to notify us she had pledged a gift to GCU in her Will. Here, Ethel kindly shares her motivation for doing so as well as what she hopes it might achieve in the future.

After graduating from the "Dough School", Ethel studied continental cuisine in France and Switzerland, Advanced Gourmet Cooking at the Cordon Bleu School of Cookery in London and has completed master cooking classes from Julia Child and Jacques Pepin.

Emigrating to the US in 1959, she worked firstly as a dietetic intern at the University of Chicago, then Chief Administrative Dietician at Michael Resse Hospital, Chicago. Ethel was subsequently appointed Nutritionist at the Harvard School of Public Health before becoming Chief Home Economist for Consumer Idea Centres. As a consultant and recipe developer, her clients included the Dannon Company, Inc., Welch's Grape Juice and The National Association for Specialty Food Trade (NASFT).

A former President of the International Association of Culinary Professionals, Ethel's food and wine expertise is specifically targeted at contemporary home cooks and the culinary industry. But her proudest achievement was the publication of her memoir and tribute to her parents. "Mackerel at Midnight – growing up Jewish on a remote Scottish island" was published in Philadelphia as well as in the UK and was a featured book at the 2007 International Book Festival in Edinburgh.

With no signs of slowing down Ethel writes regularly for the Jewish News Service online - JNS.org, and will be in Glasgow and Shetland next year to deliver a lecture on 'instilling identity - no matter race, religion or colour" a talk which has received an outstanding reception in the US.

Tell us why you chose to study at the Glasgow School of Domestic Science?

Well, when I graduated from high school in Shetland, girls didn't have a lot of options. Back in the late 50's, you could be a teacher, nurse or take a diploma in Domestic Science. I chose the Institutional Management course at the "Dough School" The college had an excellent reputation and besides my mother grew up in Glasgow – where she felt her friends could keep an eye on me!

What did you enjoy most about your time at Glasgow School of Domestic Science?

A whole new world opened up for me. I came from a small island community to a city with an exciting rich culture within walking distance of the" Do School" There I met women of all races and religions and forged new friendships. Courses were challenging, taught by excellent teachers. For the first time I was excited about learning - wanting to know more about the science of food. During my internship in London I realised just how much opportunity there was in my chosen field of study. In the hostel, there were schedules, curfews, rules and "no boys above the ground floor." Most of all I learned responsibility for myself and compassion for others. The goal was to graduate. Each course was a stepping stone on which to build.

Pass on something special

At the heart of our University, past and present, is a passionate belief in education for all and working for the Common Good. It is a vision that has the power to change lives, our communities and even the world. Like Ethel, you can pledge a legacy, extending support beyond your lifetime with impact for future generations.

To find out more about how to pledge a legacy, the different ways in which your legacy can support the University and to inform us of your intention to leave a gift in your Will, visit our website **www.gcu.ac.uk/legacy** or contact the GCU Foundation on 0141 273 1014 or email foundation@gcu.ac.uk

Tell us about your remarkable journey from Shetland to America?

My aunt in Chicago had written to invite me to spend a year with her. To save for the transatlantic trip, I took a teaching position in Unst, the most northerly Shetland island - an added incentive, isolation pay. In the US, there were plenty of jobs in my related field. When I told interviewers I had studied at the Glasgow College of Domestic Science, there was no need to show transcripts or diplomas. I was offered a huge array of jobs. From research positions to hospital work. But as I had never seen foods like aubergines (eggplant) or filet mignon, (remember this was in the early 60's), I spent a year interning at Billings hospital, University of Chicago. I worked in the butcher shop, planned seasonal menus, dietetics to patient education. That was just the beginning.

What motivated you to pledge a legacy to the GCU Foundation?

It's a way to give back. To allow the University help others as I was helped. And no matter how small, someone will benefit – and gain a fulfilling career. It's like a pebble in the water. Goodness spreads.

What do you hope your support will achieve?

I want young people in the Highlands and Islands of Scotland to know that there is opportunity and scholarships available to follow their dreams. My legacy will surely be of benefit.

20% off *postgraduate fees for* **GCU graduates**

Studying a postgraduate degree at GCU can be an excellent career move. Our range of professional Masters programmes at our Glasgow and London campuses will help you to shine in your chosen field, and as a GCU graduate you will qualify for a 20% fee discount with our Loyalty Scholarship*.

++

Find out more at: www.gcu.ac.uk/postgraduate

*International students are eligible for discounts up to £5,000

Alumni words of wisdom



Life is an adventure and you are the architect of where it takes you. Choose well, but don't over analyse and never change the music of your soul.

Gordon Watson FCII Insurance, 1986 Chief Executive AXA Asia

Set your goals to be challenging but realistic. Reward yourself for your achievements and successes and more importantly, believe in yourself and don't forget to enjoy the journey ahead.



You might not get your dream job straight away but every role or experience is a step to getting you there. My Gran used to say 'whit's fur ye'll no go by ye' and I firmly believe that.

Megan Skinner Entertainment and Events Management, 2014 Marketing Manager The Football Association (FA)

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Jacqui Taylor MBA, 2002 Chief Executive Lifelink

University for the **Common Good**



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