

GCU's Student Wellbeing Service now has three Student Wellbeing Advisers, with each one being assigned to one of the three academic schools:

SHLS	Christina Kelly
SCEBE	Meg MacDonald
GSBS	Joanna Radkowska

This will ensure that there is a named point of contact who is known to staff and students within the schools and can easily be reached

As this is an expansion of the Wellbeing Adviser team, there is some scope for development in how these roles can best support our students. As such, we are always happy to hear suggestions and ideas from staff and students.

### **Some of the ways Wellbeing Advisers can support staff and students:**

Wellbeing Advisers can offer practical and emotional support to students experiencing a wide variety of problems. They can also work closely with staff in different university departments, advising and assisting them to support students with general welfare issues.

### **General Wellbeing Issues:**

- If a student discloses that they are having personal difficulties, the Wellbeing Adviser can act as a point of contact for the student. Staff can direct students to the wellbeing adviser inbox: [swa@gcu.ac.uk](mailto:swa@gcu.ac.uk)
- If a member of staff is unsure what to do in relation to a student welfare issue, they can contact the Wellbeing Adviser for general advice by emailing [swa@gcu.ac.uk](mailto:swa@gcu.ac.uk)

### **Proactive Engagement:**

- Work with staff in the schools to identify issues arising within that area and seek to develop an early intervention response.
- Promote wellbeing events, workshops and resources.
- Departments can request wellbeing related sessions for students that can be tailored for specific groups/embedded into student timetables.
- The Wellbeing Advisers can also offer sessions for staff to help them to support students, e.g. Carer Awareness sessions. These can be tailored to meet the needs of individual departments.
- The Wellbeing Advisers can share general information between academic schools and the wider wellbeing team to improve communication between these areas.

### **Equality and Diversity Work:**

A significant part of the role focuses on the Equality and Diversity of students. For example, providing support for student carers, trans students and those who have experienced Gender Based Violence:

- Create support plans and ongoing advice and support for student carers.
- Provide a point of contact for transgender, non-binary and gender diverse students and support with processes around updating student records.
- Support students who have experienced gender based violence to access confidential support and advice to access the most appropriate supports..