

Validation Report

for

**The Health Equity & Learning Project (HELP) -
providing practical healthcare access
solutions for low income Aberdeen City,
Aberdeenshire and Moray families.**



Title	The Health Equity & Learning Project (HELP) -providing practical healthcare access solutions for low income Aberdeen City, Aberdeenshire and Moray. families.
Lead Organisation	NHS Grampian.
Category	Promising – early signs of impact.
Poverty Impact	Enabling Reduction. Mitigation. Improving service delivery. Enhancing understanding.
Authorship	
SPIRU	Jamie Gilmour (SPIRU Researcher).
Organisation	Catherine Garrow – Fairer for Families Co-ordinator, NHS Grampian. Tracey David- Child Health Commissioner, NHS Grampian. Annette Johnston – Tackling Poverty & Inequalities Director, Aberdeenshire Council.
Referees	
Academic	Identity withheld.
Practitioner	Identity withheld.

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Timeline	
Initial Submission	August, 2026.
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