

# Caledonian<sup>PLUS</sup>

THE MAGAZINE FOR ALUMNI AND FRIENDS OF GLASGOW CALEDONIAN : ISSUE 8 : WINTER 11



## Delhi Delivers

GCU at the Commonwealth Games

GCU INJECTS £400M : CROSSING CONTINENTS : YUNUS CENTRE LAUNCH



A low-angle, upward-looking photograph of several modern skyscrapers. The buildings feature glass facades and concrete structures, reaching towards a clear blue sky. A large, solid blue circle is superimposed over the center of the image, containing white text.

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## HAPPY NEW YEAR AND WELCOME

to the eighth edition of Caledonian+.

I would like to begin by introducing myself. My name is Adelle Hopkins and this is my first edition as writer/editor of Caledonian+ in my role of Alumni Relations Officer. I, too, am a graduate of the University, having gained both my undergraduate and postgraduate degrees at GCU.

I'm not the only new addition to the Development & Alumni Relations office, though. Robert Fleming has joined us as Vice President of the GCU Foundation and Director of Development. Robert will lead a programme to further involve alumni in ways that they find interesting or useful and which support GCU's forward development.

I hope you enjoy this edition, and don't forget, you can join us on LinkedIn (Glasgow Caledonian University Alumni group) where you can communicate with other alumni all over the world and give your opinion on the magazine.

## Adelle Hopkins

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# Caledonian+



we are delighted to hear from our readers.

## Caledonian+

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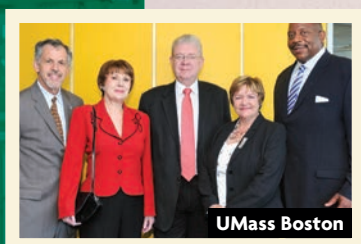
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# Continuing our international partnerships

**W**ELCOME TO CALEDONIAN+. At Glasgow Caledonian University, now one of the top 400 universities in the world, we see the benefits of bringing a strong international dimension to our activities to deliver academic and economic growth. We have pursued this in a way that is aligned with our mission, vision and values, and have developed a partnership with the world-class University of Massachusetts in Boston and its feeder college, Bunker Hill Community College.



The programme involves science and technology internships with industry in the USA and Scotland, and shares experience in different university laboratories throughout the students' learning experience. GCU and UMass Boston are committed to attracting and nurturing students from a wide range of backgrounds and circumstances, and to delivering talented global graduates with exactly the science and technology skill set that our regional and international industries need.

Additionally, GCU has been granted £20,000 from the Scottish Government's South Asia Development Award to deliver a programme in the management of diabetic foot disease in India that could prevent diabetes-related limb amputations.

## Also:

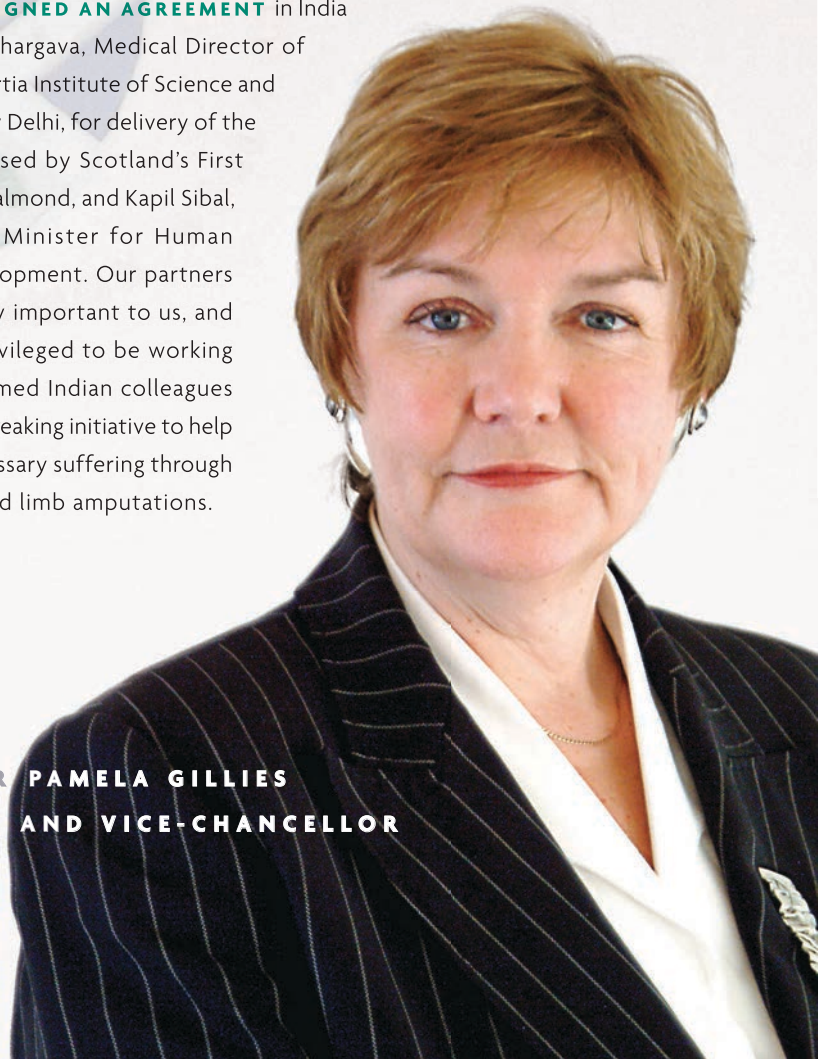
**PROFESSOR KAREN STANTON** has been appointed to the role of Pro-Vice Chancellor and Vice-Principal (External Relations). Karen joins us from King's College London. A graduate of the University of Sheffield, Karen began her career with BBC Manchester and then worked at the Government Communications Headquarters before moving into higher education.

Karen has gained a depth of experience, which will be particularly valuable in her new role at Glasgow Caledonian University.

**CONGRATULATIONS GO TO** Professor Muhammad Yunus, who has been awarded the Congressional Gold Medal. Professor Yunus is one of only seven people to have ever been awarded a Nobel Peace Prize, Congressional Gold Medal and Presidential Medal of Freedom.

**I RECENTLY SIGNED AN AGREEMENT** in India with Dr. Sneha Bhargava, Medical Director of the Sitaram Bhartia Institute of Science and Research in New Delhi, for delivery of the project, witnessed by Scotland's First Minister, Alex Salmond, and Kapil Sibal, who is India's Minister for Human Resource Development. Our partners in India are very important to us, and we are very privileged to be working with our esteemed Indian colleagues on this groundbreaking initiative to help prevent unnecessary suffering through diabetes-related limb amputations.

**PROFESSOR PAMELA GILLIES**  
**PRINCIPAL AND VICE-CHANCELLOR**





# GCU boosts economy by 400 million

**INDEPENDENT RESEARCH** by Midlothian-based consultancy Biggar Economics has revealed that Glasgow Caledonian University boosts Scotland's economy by £406 million every year, and £230 million of this directly benefits the city.

With one of the strongest records for knowledge transfer in Scotland, the University's flexible approach to supporting business and the public sector is well recognised; while its strategic social partnerships aim to tackle the major social challenges of worklessness and health inequalities.

Through the GCU Grameen partnership, GCU has opened the Grameen Caledonian College of

Nursing in Bangladesh and is facilitating the launch of the Grameen Bank in Scotland.

GCU's flexible approach to bespoke training has enabled

award-winning training and development partnerships with international companies like Howden and ClydeUnion. The University also provides support and consultancy to organisations in fields such as health, tourism and engineering, supporting the growth of the Scottish Government's key sectors and building greater knowledge among the workforce.

The Biggar report identifies additional social and cultural benefits across Glasgow's

communities, as the University is seen to encourage students from a variety of backgrounds. Of GCU's undergraduate students, 37% come from disadvantaged backgrounds and 50% are first in their families to attend university.

Through its award winning Caledonian Club (activities pictured below), the University actively engages with families in communities where progression to university is traditionally low, aiming to raise the aspirations of those with the academic talent to benefit from higher education.

**PRINCIPAL** and Vice-Chancellor Professor Pamela Gillies said: "At GCU we leverage our knowledge and skills for the social and economic benefit of the communities we serve. We are proud of the contribution we make to Scotland's economy and we look forward to working with our students, staff and partners to enhance our contribution in the future as a successful international university which delivers an educational mission of access and excellence."

GCU creates the equivalent of 5075 full-time jobs in Glasgow City, and 11,642 full-time jobs in Scotland. The estimated contribution from each year of Glasgow Caledonian graduates across their lifetime to the Scottish economy is £352 million, and £194 million to the city.



Grameen Caledonian College of Nursing in Bangladesh

Sir Alex Ferguson and the Principal visit a Glasgow nursery participating in the Caledonian Club.





## Mod Music

**NEW RESEARCH** into how music conveys emotion could benefit the treatment of depression and the management of physical pain.

The project uses an innovative combination of music psychology and leading-edge audio engineering to study how music conveys emotion.

Called 'Emotion Classification in Contemporary Music', the project is supported by the Engineering and Physical Sciences Research Council, and could lead to advances in the use of music to help regulate a person's mood and promote the development of music-based therapies to tackle conditions like depressive illnesses.

**IT COULD ALSO HELP** alleviate symptoms for people who are in physical pain and even lead to doctors prescribing music tailored to suit the needs of an individual.

"Music expresses emotion as a result of many factors," says audio engineering specialist Dr Don Knox, project leader. "These include the tone, structure and other technical characteristics of a piece. Lyrics can have a big impact too. But so can purely subjective factors: where or when you first heard it; whether you associate it with happy or sad events; and so on. Our project is the first step towards taking all of these considerations – and the way they interact with each other – on board."

# Waste Opport

**THE SCOTTISH WASTE & RESOURCES CONFERENCE** in October debated the future of waste management in Scotland. It was organised by a partnership that included GCU's Caledonian Environment Centre (CEC), one of Scotland's most distinguished and recognised environmental organisations.

Keynote speaker Peter Jones OBE, a freelance advisor in strategic matters relating to the waste, carbon and materials efficiency agenda, said: "Scotland is already the UK's leading supplier of renewable energy and could seize the initiative with waste, creating vital jobs in the midst of a recession."

CEC Director, Jim Baird, is hopeful about the future. Referring to a study looking at the potential to create jobs in the sector, he said: "There are now considerable benefits to reprocessing our waste rather than dumping it in landfill: for every 2000 tonnes of waste that is reprocessed, one new job is created, compared to one for every 20,000 tonnes going to landfill."



unites

# Shadowing Project inspires next generation



S6 Shadowing Project

**ONE HUNDRED SECONDARY SCHOOL PUPILS** were welcomed on campus in October as part of the Caledonian Club's S6 Shadowing Project.

Set up at GCU in 2008, the Caledonian Club strives to inspire enterprise and encourage young people to believe that higher education is possible and worth aiming for. The Shadowing Project involves inviting school pupils seriously considering study at GCU to shadow first year classes. Pupils attend real lectures, seminars, tutorials and labs; have the chance to speak to a member of academic staff; spend more time with a student mentor; make use of the University's IT facilities; and visit the gym, café and library.

Eleanor Wilson, manager of the Caledonian Club, said: "We were delighted, with the support of staff across the University, to roll out our S6 Shadowing Project again to our five Caledonian Club secondary schools on an even bigger scale."



Mandy Smith

**MANDY SMITH, AGED 18**, is proof that the Caledonian Club works. She attended All Saints Secondary School in Barmulloch, where she was visited by Caledonian Club volunteers. She is now at GCU studying Business Studies and was recently awarded funding to aid her through her studies.

"I'm the first in my family to go to university," she says. "I always wanted to go and make a difference; I just didn't know where to start or if I could get in. The Caledonian Club made me more confident and eager to get to university because I realised my background didn't matter."

"The funding is going to make such a difference for me. I would have struggled for money otherwise and this allows me to spend the money on books and concentrate on my studies."

Looking to the future, Eleanor said: "Our long-term vision is to have those who go through the programme attending our University become mentors and, in turn, inspire their fellow residents." Mandy did just that and recently visited some local high schools. She said: "It is strange how things have come full circle because it wasn't so long ago I was in their shoes."



The Caledonian Club Awards





# Nobel Laure

**NOBEL LAUREATE PROFESSOR** Muhammad Yunus returned to GCU in July. The highlight of his visit was the official launch of the new Yunus Centre in Social Business and Health. Research at the centre will focus on the impact of micro finance and related issues on health and the lives of disadvantaged communities in Glasgow and overseas. The centre is headed by top health economist Professor Cam Donaldson, who sees microcredit as a 'health intervention'.

## Proffesor Cam Donaldson

Professor Donaldson explored this concept further in his Inaugural Lecture, entitled 'Markets and Health in the Home of Adam Smith and Yunus', referring to the 18th century Scottish economist and philosopher who established the idea of free markets and to the founder of the Grameen Bank.

Professor Yunus introduced the launch, reflecting on his first visit in 2008 and how much work had been done since. He was delighted to launch the Yunus Centre at GCU, saying: "This is the age of the impossible: if you cannot adjust the impossible to make it possible, it will never be done. And universities are the right place for the possible and changes to happen. This is the challenge for the new Yunus Centre at Glasgow Caledonian University."

University Principal Professor Pamela Gillies presented Professor Yunus with a rare edition of Adam Smith's book *THE THEORY OF MORAL SENTIMENTS*, published in 1790. Professor Yunus reciprocated with a painting.

## The Yunis Centre

Professor Donaldson was appointed the first Yunus Chair at GCU in May 2010, and is currently recruiting a team of health economists to the centre's research projects. His first recruit is Dr Rachel Baker, Reader in Health Economics from the Institute of Health and Society at Newcastle University.





# ate opens Yunus Centre

## THEIR EXPERIENCE COMPLIMENTS

Glasgow Caledonian University's expertise in health and social justice, and Professor Gillies commented: "The leading edge research carried out at the Yunus Centre will keep Glasgow Caledonian University at the forefront of health research in the UK and maintain the city's reputation as the home of groundbreaking economics. Through this strategic partnership, GCU will play a central role in advancing a new phase in economic and health development thinking."

"Through our education and research collaborations, we are determined to help Professor Yunus realise his goals of poverty alleviation and reduced social and health inequalities."

## Building Social Business

The launch also featured a book signing by Professor Yunus for his new book *BUILDING SOCIAL BUSINESS*, which discusses the Grameen Caledonian strategic partnership. In his book, Professor Yunus says of his partnership with GCU that it shows "how a university can help spread and develop a new approach to society's ills".

## Grameen Scotland

Professor Pamela Gillies and Professor Muhammad Yunus met with John Swinney MSP, Scottish Cabinet Minister for Finance and Sustainable Growth as well as Bailie Gordon Matheson, leader of Glasgow City Council, Craig Campbell, Chief Executive of Social Investment Scotland, and other key financial stakeholders to discuss the establishment of the first branch of the Grameen Bank of Scotland.



## Congressional Gold Medal

Professor Yunus has been chosen to be awarded the Congressional Gold Medal, the highest civilian honour awarded by the United States Government, for his efforts to fight global poverty. He has previously received the 2006 Nobel Peace Prize and the Presidential Medal of Freedom from President Barack Obama in 2009. Only seven individuals have received all three distinctions, including Martin Luther King Jr., Mother Teresa and Nelson Mandela.

## Professor Yunus: TV Star

Professor Yunus has joined the likes of Sir Elton John, Stephen Hawking and Tony Blair as a character in the hit TV show *THE SIMPSONS*. He recorded his own lines for the episode 'Loan-a-Lisa', which focuses on Grameen Bank and his work on microcredit.



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MATT GROENING





# GCU takes part in the C

special report

The Commonwealth Games in Delhi took place in October with a large presence competing, performing in the closing ceremony, organising events and helping



## the Competitors

**THE SCOTTISH HOCKEY TEAM** had four GCU graduates taking part in Delhi: Chris Nelson and Vishal Marwaha in the Men's team; and Catriona Forrester and Kareena Marshall in the Women's team.

Kareena said: "The Commonwealth Games was a fantastic experience. To play in India where they are so passionate about sport, and in particular hockey, was incredible, with crowds of 15,000 attending some games."

Chris, the Scottish captain, said: "The opening ceremony was amazing. The atmosphere was electric when we walked out in front of 60,000 people. "We had a very tough group. We played well, but weren't able to pick up a result. The whole experience was fantastic though, and hopefully I can keep the training up and be involved in Glasgow 2014."

## the Cast & Project Coordinators

**FOUR ENTERTAINMENT & EVENTS** Management students and recent graduates, Gemma Porter, Cheryl Galbraith, Martin Malone and Jade Gallagher, alongside Sports Management student Alison McArthur, gained coveted work experience as Cast or Project Coordinators at the games.

Gemma Porter, a Cast Coordinator, explained: "The job involved supporting the Project Team Cast Manager in all aspects of cast management and event preparation."

Cheryl Galbraith added: "Every member of the cast had their own cast coordinator, who fulfilled a role between mother hen and guidance counsellor. There was a real mixture of ages, between 18 and 56."

Jade Gallagher had the tough job of being a project coordinator: "There were plenty of challenges, such as the logistics of organising an event across the world and dealing with a culture where people do things differently. However, it was great to have this full-on experience, working up to an event. Adrenalin got us through – you just had to keep going!"



# Commonwealth Games



from GCU in all aspects of the games. Students and graduates were involved in with the day-to-day running of Scotland House, a home from home.



## the Performer

**KERI MCDONALD**, Sport & Active Lifestyle Promotion student and intern at the Students' Association, performed in the closing ceremony alongside three other GCU students.

She described the tough weeks of core conditioning training as "really good fun", and was impressed by the variety of people involved with her on the cast. "The trainers did so much work to make sure we were physically fit for the performance. We worked well as a team and it came together surprisingly quickly."

Describing her big moment, Keri said: "It was absolutely amazing. I was nowhere near as nervous as I had thought I would be, as we'd rehearsed it so much. The first time we emerged from the tunnel was astonishing – the noises, lights and sight of the huge crowd."

## the Scotland House Volunteer

**ALUMNA BETH MONTGOMERY**, (BA Fashion Business '09) was Vice President Sports & Societies 2009/10 and is now Programme Executive at Business Club Scotland. She volunteered for a role as part of the management team at 'Scotland House', based at the Le Méridien Hotel in Delhi. "Scotland House was described as 'a piece of Scotland in Delhi'. It was essentially a base outwith the athlete's village and a central meeting point for everyone associated with team Scotland. They needed a team of five staff and I got a position.

"It was a hub of activity. Prince Edward was there, as was the First Minister, Alex Salmond, for a few days. After the closing ceremony, we held a handover event where Bob Winter, Lord Provost of Glasgow, and Alex Salmond both spoke of how excited they were about Glasgow taking over."



[illegible]

The Commonwealth Games will take place in Glasgow in 2014, and Glasgow Caledonian University will again feature in many ways.



**ENGINEERING AND COMPUTING** academics have teamed up with student mentors and schoolchildren to launch a new website, DVD and mobile phone application to document the impact on the East End of Glasgow, where the games will take place.

The 'Co-Guide' has been produced in conjunction with pupils from Haghill Park Primary and Smithycroft Secondary schools in Glasgow's East End. The 'app' will allow users to view buildings not yet built — such as the Sir Chris Hoy Velodrome — and buildings that are no longer there, through their mobile phones. The application makes it also possible to take part in some of the Glasgow Games sports 'Wii-style'.

**DR. LYNNE BAILLIE**, of GCU's School of Engineering and Computing, who is leading the project, said: "Glasgow's hosting of the Commonwealth Games presented us with a

fantastic opportunity to re-examine Glasgow's sporting heritage, but in a very high-tech way. The phone app, in particular, is utilising technology that has only been around since 2009. What we have done has never been attempted before – not for Delhi, not for London and not for the World Cup!"



**A** **LUMNUS, COUNCILLOR ARCHIE GRAHAM,**  
Deputy Leader of Glasgow City Council  
and an Executive Member for the 2014  
Commonwealth Games, said: "The work that  
GCU has been doing with East End school pupils  
is a great way to help children understand the  
impact the 2014 Commonwealth Games will  
have on their lives. My congratulations go to  
everyone involved in this exceptional project."

The mobile phone app is available to download online. For more information, visit our website.



# Alumni Achievement Awards

The University is proud to announce the recipients of the 2010 Alumni Achievement Awards, celebrating the successes and contributions to society of Glasgow Caledonian University's alumni. This year three outstanding graduates have been recognised.

**JOHN CULLEN (BA [HONS] BUSINESS STUDIES)** For community works and as an ambassador for GCU

John was nominated for being an outstanding ambassador of GCU and sharing in the University mission. He is the Scottish Taekwondo Coach and set up both Caledonian Taekwondo Health and Fitness to help underprivileged children in Glasgow and the sporting and cultural exchange programme with Pung Saeng High School, Seongnam, South Korea. John also founded the Lee Sung Hee sporting and cultural exchange programme in 2004 and undertakes a variety of sports commentary work.

John said: "I am very grateful to receive this award for my work on the Lee Sung Hee exchange programme. With the University's support, we bring two countries together through Taekwondo. I'm also proud to support the Caledonian Club in all it does."

**PROF. MICHAEL KEATING (PHD POLITICAL SCIENCES '75)** For academic excellence

Michael was one the three first ever PhD candidates from what is now GCU, with a CNNA degree awarded in 1975. He has worked at various institutions, including the University of Essex, University of Strathclyde, University of Western Ontario and the European University Institute in Florence. He has also held visiting positions in France, Spain, Norway, USA and the UK. From 2010 until 2013, he is Economic & Social Research Council Professorial Fellow.

**ALLAN KENNEDY (BA [HONS] CONSUMER & MGT STUDIES WITH F&B '96)** For excellence in his chosen field

Allan is an international fashion stylist, editor and creative director who graduated in 1996 from the Fashion Route of the Consumer and Management Degree at Queens College. He has styled countless magazine covers and fashion editorials, and has been involved in creating the visual brand identity for many top luxury brands, both in print media and film advertising.

The award this year is designed by International Product Design student John McAlpine.





# Rewarding Excellence

**GCU GRADUATE GAVIN PARK** is one of four students from universities in Glasgow to have been recognised by a new awards programme. Gavin, who achieved a first class BA (Hons) Finance, Investment and Risk degree, has been awarded £1000 by the partners behind Glasgow's International Financial Services District (IFSD) for achieving top marks in his final exams.

Jim Watson, director of financial services, Scottish Enterprise, who presented the awards to the students on behalf of Glasgow's IFSD, said: "These awards recognise the great work being done by the universities in Glasgow and the relationships they have with the financial services sector to ensure a steady stream of well-qualified graduates to work in the industry."

"The awards also recognise the breadth and depth of talent graduating from these universities, which we believe is very reassuring for existing financial services companies in the city and prospective inward investors."



# Big day for entrepreneur

**YOUNG ENTREPRENEUR KIRSTY MUSSETT** from Helensburgh was a finalist in the Remote Employment Awards 2010, sponsored by BT.

Nominated in the PCG Freelance Consultant section, Kirsty reached the final 10, and attended a glittering awards ceremony in London's Grand Connaught Rooms. She said: "I didn't win, but I didn't expect to, as one runner-up had sold her first company for £22 million. The experience was wonderful; there was lots of networking, and I have a few ideas in the pipeline, which is very exciting."

Kirsty, 24, graduated from GCU with a BA in Business and Management in 2007 and began work as a wedding coordinator at the Loch Lomond Hotel Lodge in Luss. In 2009, she followed her long held ambition to start her own company, Your Wedding and Events Consultant, supported all the way by her family and friends.

"Being nominated for the award after running my business since only late last year is such a fantastic achievement and one I will not forget," Kirsty said. "To think I have already been recognised by the industry is amazing, and I cannot wait to see what happens in another year's time."



A 10% discount is available to all GCU Alumni on wedding dresses and ball gowns from Your Wedding and Events Consultant. For more information email [adelle.hopkins@gcu.ac.uk](mailto:adelle.hopkins@gcu.ac.uk)



# GCU London welcomes alumni

**GCU ALUMNI WERE GIVEN** a sneak preview of the GCU London building a week before it opened to students. The networking event was an opportunity for graduates living and working in the London area to see GCU's new base in the city.

Stephen Holt, Head of GCU London, said: "Our new GCU London team has been delighted to welcome alumni and our first students to Fashion Street. If any alumni would like to know more about GCU London, I urge them to get in touch."

Some recent GCU graduates moved to London to further their careers in the weeks prior to GCU London launching. They were present at the preview event and told why they had decided to work in London and gave their first impressions of the new campus.



## STEPHANIE PITTICAS

**BA (Hons) Criminology '09,  
Student President 2009/10**

Santander Universities Branch Manager  
at Imperial College, London

"I came to London for something a bit different to Glasgow, and felt that if I didn't make the move now, I didn't know when I would."

"I wasn't prepared for how great GCU London looked. It's a unique building in a fantastic location. The views from the roof terrace are stunning. I'm proud that GCU is the first Scottish university to have a London base."



## LUCY ROTHWELL

**BA (Hons) Business & Management 2010**

Conference Producer at American Business  
Conferences, London.

"I decided to move to London because all the action is here with lots of opportunities available. As a business student, there is really no competition."

"GCU London is fabulous: so modern and in a great location. If I decided to do a masters, I'd certainly consider it there."



Further details can be found at [www.gculondon.ac.uk](http://www.gculondon.ac.uk)

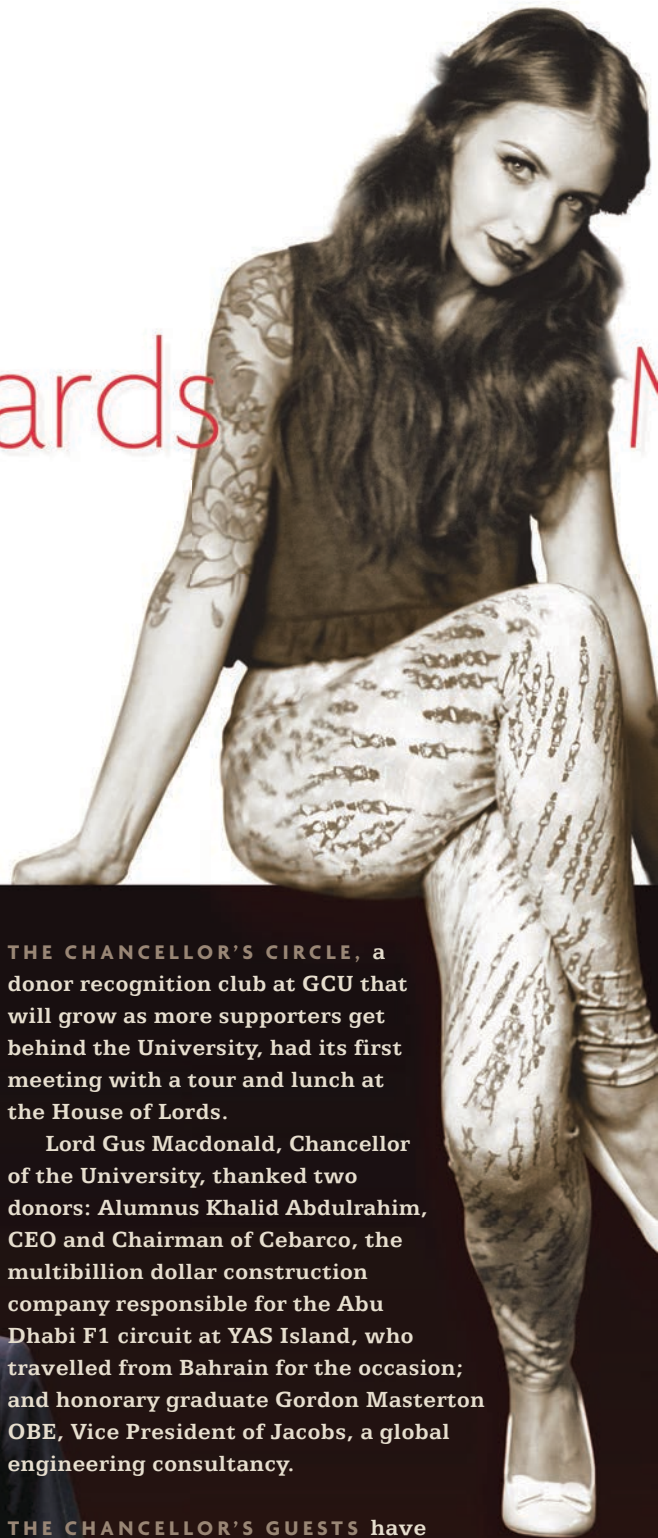
Where are you in the world? Have you moved away for work? Are you an international student who returned home after studying in Glasgow? Get in touch.

We'd love to hear more. Email [adelle.hopkins@gcu.ac.uk](mailto:adelle.hopkins@gcu.ac.uk)





# All Saints awards



## Chancellor's Circle honours donors



Gordon Masterton OBE, Khalid Abdulrahim and Chancellor, Lord Gus Macdonald at the House of Lords.

THE CHANCELLOR'S CIRCLE, a donor recognition club at GCU that will grow as more supporters get behind the University, had its first meeting with a tour and lunch at the House of Lords.

Lord Gus Macdonald, Chancellor of the University, thanked two donors: Alumnus Khalid Abdulrahim, CEO and Chairman of Cebarco, the multibillion dollar construction company responsible for the Abu Dhabi F1 circuit at YAS Island, who travelled from Bahrain for the occasion; and honorary graduate Gordon Masterton OBE, Vice President of Jacobs, a global engineering consultancy.

THE CHANCELLOR'S GUESTS have both established scholarship programmes for students at the University's School of Built and Natural Environment.

A trophy for members of the Chancellor's Circle has been designed by third year International Product Design student, Graeme Banks. He said: "My aim was to create a trophy that would remind the recipient of the gesture they made. I felt that the Saltire Centre, being such a recognisable building, was the perfect inspiration to build upon. The deep blue of the trophy represents the blue of GCU and the green tower represents the copper tower of the Saltire Centre.

"Each trophy (pictured at right) is measured to an angle of 60 degrees, which means that six of the trophies will complete the full circle."



**THREE TALENTED STUDENTS** have been awarded scholarships from leading fashion retailer AllSaints, allowing them to study for an MSc in International Fashion Marketing at GCU London.

Senior lecturer Stephen Doyle, who is the Programme Leader, said: "Our long-established International Fashion Marketing programme in Glasgow offers a solid grounding in

Spitalfields is a busy, vibrant place and, in terms of the content of the course, we really are at the heart of it. Every day you are reminded of something relevant to fashion from a commercial point of view, whether it is walking past shops or seeing people head to toe in stylish outfits."

Harrison Ross, from Clydebank, commented: "The course

# MSc Fashion scholarships

both the business and theory of fashion that has proved very attractive to the industry in the UK and internationally.

"The new Masters in International Fashion Marketing offered at GCU London builds on this, providing industry relevance through the study of theories, tools and techniques used in real fashion marketing situations."

**PICTURED BELOW,** Jamie Hunter, Harrison Ross and Louise Kenny and were selected for the scholarships following a rigorous selection process that looked at their academic abilities as well as their career history, drive and ambitions.

The students gave their initial impressions on the course, how the scholarship has helped them and what it's like to be studying in London.

Jamie Hunter, from Glasgow, said: "This is a fantastic opportunity that wouldn't be possible without the AllSaints scholarship.

content has been very interesting and is teaching us about what is currently going on in the fashion marketing world as a lot is changing. Anyone wanting a career in fashion marketing and who wants a good standard of teaching should really think about coming here."

**LOUISE KENNY,** from Bishopbriggs, added: "I feel honoured that I was awarded this scholarship in a highly competitive field and it is tremendously exciting to be studying in the heart of one of the world's great fashion capitals. The networking also makes it a great opportunity for my design and styling business, Loula Creates."

Loula Creates is an exclusive brand; offering hand printed hosiery and printed leggings with unique, creative, colourful and innovative textile designs. Louise also provides a personal service as a freelance stylist to a wide variety of clients.

More information can be found at [www.loulacreates.com](http://www.loulacreates.com)



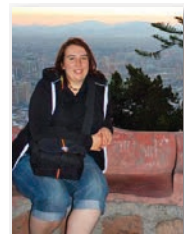


# Caledonian



Thirty GCU students travelled to China and Chile as part of the University's ongoing commitment to strengthening links with international universities.

**INTENDED AS EDUCATIONAL AND CULTURAL VISITS**, delegates spent three weeks finding out more about teaching styles in these countries and explained what it is like to be a GCU student. They presented their hosts with a taste of Scotland through gifts such as tablet, shortbread, tartan scarves and Irn Bru. Orla Armstrong, who co-ordinated and took part in the trip to Chile, said: "The group picked to travel to Chile were chosen because they are extremely involved in GCU. They spoke about their volunteer roles, the different courses GCU offers and the facilities available to students."



Laura Howell, who had also been in Chile, said: "Everything was memorable, but one of the best things we did was the community work. What we learned and experienced of Chilean culture you could never learn from a book or the internet."

**ORLA AGREED:** "We went to an area that was hit by the earthquake and tsunami where houses were insulated with recycled milk cartons. We spoke to locals about the earthquake: how it affected them; where they were; and how frightening it was. You hear about it in the news, but it never feels real until you actually see it."

A group of 20 students travelled to Jinan in China, at the same time. Brian Reilly said: "The Chile trip had the excitement of being the first, whereas we had a reputation to uphold because 20 delegates were out there last year and 20 students from Jinan visited GCU prior to our trip."



Student President Rory Herron had travelled to China, and was extremely happy with the success of both trips. "Visiting China really was a mind blowing experience, and I know from speaking to members of the Chile delegation that their trip was no different. I hope that GCU continues to create links such as these, as it gives students a great opportunity to learn about different cultures first hand and to get a different perspective on life in general."





# Worldwide

## AUSTRALIA

**MICHAEL O'ROURKE:** "This money has greatly helped in my year abroad, from text books to financing some of the travels I did in breaks from university and studies. The best part of the trip was meeting all the different people on the way, not just Australians but travellers from all over the world."

**KIM LEISHMAN:** "The money I received from GCU alumni and friends has been extremely beneficial. I put it towards books for my studies and a tram pass. Studying at RMIT has benefited me in many ways, from boosting my confidence to giving me more independence. I am extremely appreciative of the funding and the exchange opportunity I have been given."

## CANADA

**NICOLA DAVIDSON:** "Thanks to the generous funding, I have been able to buy all the necessary study materials and books required for my courses here at Brock University. It has also allowed me to see more of Canada and has definitely made my move here a lot easier and far better. Thank you very much."

**CALLUM ORR:** "The money donated by GCU alumni and friends has not only helped with living costs but has also enriched my experience in Canada by allowing me to see sights that I would have been unable to afford otherwise, for example Niagara Falls. I would like to sincerely thank all of those who donated money and helped us students taking part in an exchange."

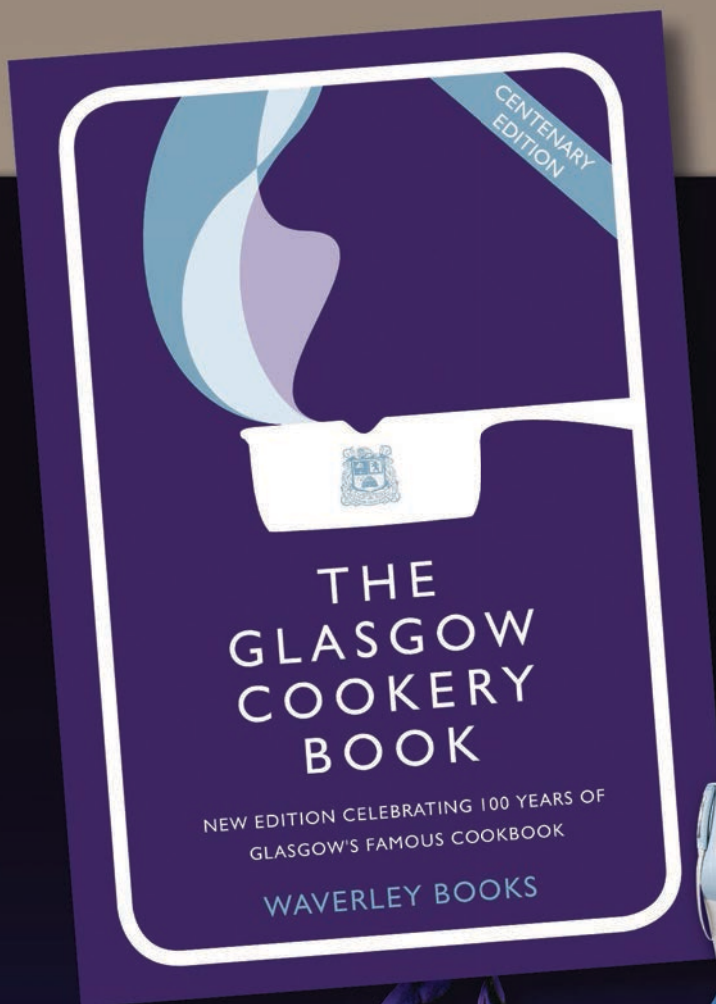
## Alumni generosity funds opportunities to study abroad

**JET-SETTING STUDENTS** have not only visited China and Chile. Donations worth £20,000 from alumni and friends have enabled students to receive funding for exchange and study abroad opportunities worldwide.

Rhona Hodgart, Exchange and European Recruitment Manager, said: "We are absolutely delighted that our alumni and friends have supported our students so generously. Studying or working abroad as part of your degree is an amazing opportunity, and we are seeing a huge increase in the numbers of students who want to take it up. This funding will really help those students who want to study outwith Europe and ensure that the possibility of studying abroad is open to all GCU students."







# Queen's College Fund buys valuable resource

**A TOTAL OF £20,000 HAS BEEN RAISED** for the Queen's College Fund, through profits from the sale of the Glasgow Cookery Book and donations from alumni and friends of the university. The fund money is being used to carry out some much needed preservation work to ensure the Queens College archives are maintained and catalogued into a collection, as well as supporting Nutrition and Dietetic programmes within the School of Life Sciences.

A Body Composition Analyser for dietetics programmes, worth £8000, was purchased. This equipment is a valuable research tool, providing the assessment of body composition in individuals. It will significantly enhance dietetic students' understanding of methods of assessing body composition and allow them to critically examine factors affecting the results in comparative studies.

An ActivPAL was also purchased for the dietetics programmes. ActivPAL is a non-invasive means of estimating energy expenditure and providing information on the various activities an individual undertakes over the course of a given time period, which can be up to seven days. The information obtained is downloadable for analysis and comparison.

**THIS EQUIPMENT WILL BE** an extremely valuable asset to the dietetics programme, as it allows both students and staff to further research into the relationship between diet and activity. The British Dietetic Association encourages student dietitians to be involved in practical projects in order to get them started in research and to further the evidence base for the effectiveness of dietetic intervention.

Arlene Fowler and Kirsty Leighton, who both achieved first class honours in their Nutrition and Dietetics degrees, were awarded Queens College awards of £150 each.



Pam Smith, Programme Leader, Nutrition & Dietetics, said: "The Department and students are absolutely thrilled to receive this support.

The equipment is a huge asset and will expand the range of possible student projects that can be undertaken, while the student prizes are a great way to round off the year, recognising the efforts and achievements of students."

If you would like to contribute to the Queen's College fund, contact Jillian Watt at [jillian.watt@gcu.ac.uk](mailto:jillian.watt@gcu.ac.uk)

GCB Aprons are available for purchase from Development & Alumni Relations. Please email [alumni@gcu.ac.uk](mailto:alumni@gcu.ac.uk)





# Specsavers donates frames

**TRIAL FRAMES WORTH £3000** were donated to the Vision Sciences department by Specsavers, taking the value of the company's support to £12,000 this year.

David Quigley, BA (Hons) Optometry '84 and Glasgow Trongate Specsavers store director, said: "We have a strong relationship with the Vision Sciences department at GCU. The courses and equipment we provide are designed to help students learn in a work environment. The more adept they are at delivering the routine portion of the eye examination, the more time they have to devote to vital, sometimes life-saving, investigative techniques."

Niall Strang, Head of Vision Sciences, said: "We are extremely grateful for the continued support we receive from Specsavers. Working closely with industry is essential in preparing dispensing and optometry students for employment."

## Vision Sciences welcomes old friends

**THE DEPARTMENT OF VISION SCIENCES** held its first official reunion in September, welcoming back 150 alumni, former staff and friends spanning 40 years.

Francesca Marchetti travelled from Warwickshire. She said:

"It was worth the round trip of 500 miles and great to see my alumni amigos on top form. None of us has lost our sense of wit and humour. I am proud to be a graduate of Glasgow Caledonian, formerly Glasgow College, and proud to be from the class of 1984.

A great event: roll on the next one."

For more information and photos of the event, generously co-sponsored by Optical Express, Specsavers, Boots Opticians, Birmingham Optical Group, Topcon and Optos, visit: [www.gcu.ac.uk/alumni/eventgallery](http://www.gcu.ac.uk/alumni/eventgallery)



## Funds for CBS students

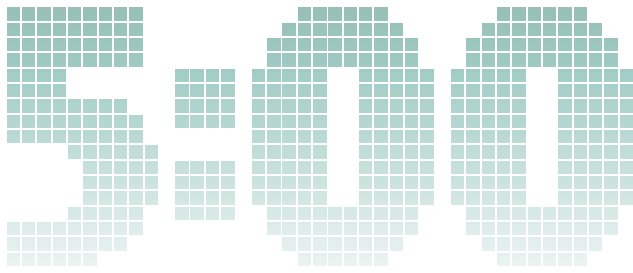
**GRAHAM CAMPBELL**, BA Business Studies '83, has pledged to fund support for students at the Caledonian Business School in the areas of finance, investment and business studies and those who wish to pursue a career in the financial world.

Graham, a seasoned finance professional, has committed to fund support for an initial three year period. In addition to his financial support, he is actively engaged with GCU students through the mentoring programme and GCU Investment Society.

Professor Zeljko Sevic, Dean of CBS, said: "I welcome the support from a successful and engaged CBS alumnus, and the opportunity for growth and enrichment that it offers our students."







## Hugh Gilmour

Hugh has been working for G4S, the world's leading international security solutions group, since 2001. He now oversees the Operational Risk team within the cash business in the UK, and is responsible, along with the Branch Management teams, for risk reduction on sites. This includes all risks associated with running a site — physical security, fraud, reputation, personnel and processes, legislative requirements and attacks.

### Course

BA (Hons) Risk Management

### Year of Graduation

1997

### Current Position

Director of  
Operational Risk for G4S  
Cash Solutions (UK) Ltd

### Why did you choose GCU and your particular course?

GCU was the only university running the course at the time. Several friends had spoken highly of the quality of teaching and the student life. It also had an excellent reputation for graduates going into full-time employment.

### What did you most enjoy about life at GCU?

The sense of camaraderie. Lecturers were supportive and approachable — you were made to feel you could go and see them to ask questions at any time. Overall, it was a great place to study.

### What is your best memory of your time there?

I have many great memories — it would be difficult to single out just one.

### And worst?

Dissertation. Lack of preparation; leaving it too late; bluffing my way through reviews. I still haven't read it fully. I've tried, but had to put it down as it was too painful.

### Did your degree prepare you for your career?

Definitely. It gave me a great introduction and background to general risk management. I feel very fortunate that I am actually employed doing something that I studied and really enjoy.

### How has your career progressed since graduation?

I continued working for the company I'd worked part-time for, and hadn't looked for career progression, but knew I had to take drastic action or I'd still be there in 30 years. So I quit. Three weeks later I was offered a new job.

I am still with that company, but have moved divisions within it three times and changed role several times.

### What is your biggest career-related achievement?

Receiving two awards for excellence. One from the Managing Director when I worked in Aviation, and the other from the Risk Director of Cash. They were highlights as I greatly respected the individuals who made the awards and they were their personal awards.

### What is your biggest personal achievement so far?

Running the New York marathon and raising over £1700 for Whizz-Kidz. The atmosphere is amazing. I would recommend it to anyone.

### What advice do you have for new graduates?

Don't worry too much about finding the ideal job and pay attention to your CV. It is such an important tool in getting you that interview. Take time to get it right and think about the role you are applying for.

### What single word sums up your university experience?

Enjoyable.

If you know any graduates who would make an interesting, unusual or inspiring 5-minute interview, please contact [adelle.hopkins@gcu.ac.uk](mailto:adelle.hopkins@gcu.ac.uk)



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